# Virtual Caregiving Workshops for San Mateo County IHSS Providers! ¡Talleres Virtuales Para Proveedores de IHSS del Condado de San Mateo! May 2021 / Mayo 2021







## Get App-y Workshop (English): May is "All About Pets!"

Does your pet(s) love to "crash" your Zoom-time? We're hosting a bring your pet to the Zoom call, show a picture of your or a friend or family's pet, tell a story about a fun pet in your neighborhood. You don't have to bring or talk about a pet to join.

We're also going to talk about "Hashtags": the why, when, how, and where to use them. Hear the latest information about San Mateo County's COVID-19 vaccination program and resources for staying safe and helping others.

Topic changes monthly.

When: Tuesday, 5/11/21 from 12:00 pm - 1:00 pm

#### **REGISTER HERE**

https://smcgov.zoom.us/webinar/register/WN 2p-FLOsPTOSiq k1Ezsb0Q

> Get App-y-Workshops offered by Peninsula Family Service, San Mateo

### Medication Related Falls & Fall Prevention in Older Adults (English)

Join us in conversation with the Peninsula
Pharmacist Association and learn why medications
are one of the leading causes of falls. Learn fall risk
red flags and the importance creating a medication
fall prevention plan with your loved one or client,
medical and pharmacist care team.
Community resources will be shared.

When: Wednesday, 5/19/21 de 1:00 pm - 2:00 pm

#### **REGISTER HERE**

https://smcgov.zoom.us/webinar/register/ WN a TzB3jLT3ebu2BUsXKQzA

For more information: call Stacy Goldsby at (650) 241-5874 or sgoldsby@smcgov.org https://www.smchealth.org/ihssproviderworkshops

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