

# Housing Continuum - example

Pre- Housing Engagement: Drop-In Centers / Shelters / Field Services / Post- Psychiatric Emergency Services, Hospitalization, Incarceration



## Housing Continuum for Individuals with Mental Illness

*\* Based on Luke-Dorf Inc and Washington County, Oregon*

### REHABILITATION CENTERS

- Locked
- 24/7 Staffing
- Most restrictive
- Ideal for highly symptomatic individuals

### RESIDENTIAL TREATMENT

- Unlocked
- 24/7 Staffing
- Stabilization and skills building
- Ideal for individuals out of higher level of care

### RESIDENTIAL BOARD & CARE

- Unlocked; eligibility requirements
- 24/7 Staffing
- Skill building and long-term stability
- Ideal for support with basic needs

### TRANSITIONAL

- Independent units
- Staffing on-site
- Intensive support services on-site
- Ideal for stable individuals needing support

### SUPPORTIVE HOUSING

- Independent integrated housing
- Support service staffing on-site
- Ideal for individuals who are able to manage their needs with some support

### INDEPENDENT LIVING

- Independent housing
- Some support
- Ideal for individuals who need minimal to no support

MORE STRUCTURED INTENSIVE CARE

LESS STRUCTURED SUPPORTS

# San Mateo County Housing Continuum



## Pre-Housing Engagement

Drop-In Centers	Shelters	Field Services	Post Psychiatric Emergency Services	Hospitalization	Incarceration
<p>Services or activities for homeless and/or those with mental illness.</p> <ul style="list-style-type: none"> <li>• Available without an appointment</li> <li>• Range from M-F 8-5 to 1 x per week</li> </ul> <p>➤ In county:</p> <ul style="list-style-type: none"> <li>• 20 sites</li> </ul>	<p>Beds for homeless individuals</p> <ul style="list-style-type: none"> <li>• Usually for 90 days or less.</li> </ul> <p>➤ In County:</p> <ul style="list-style-type: none"> <li>• 25 MH beds</li> <li>• 221 general beds</li> </ul>	<p>Services delivered by outreach teams to individuals who are homeless and/or have mental illness and/or substance use challenges.</p> <ul style="list-style-type: none"> <li>• Services provided in community locations, place of residence, street or encampments</li> </ul> <p>➤ In County:</p> <ul style="list-style-type: none"> <li>• 11 BHRS Outreach Teams</li> <li>• 5 Homeless Outreach Teams (HOT)</li> </ul>	<p>Services to individuals following a psychiatric emergency room visit or hospitalization.</p> <ul style="list-style-type: none"> <li>• New clients referred to Access for assessment for ongoing services and outreach Teams ensure linkage and ongoing peer support</li> <li>• Current clients follow up services are coordinated with care team and outreach team when needed</li> </ul>	<p>In-patient psychiatric stay for individuals with acute symptoms and are a danger to self or others.</p> <ul style="list-style-type: none"> <li>• No discharge to homeless</li> <li>• Coordinated step down plan</li> <li>• Outreach team if needed</li> </ul> <p>➤ In county:</p> <ul style="list-style-type: none"> <li>• 34 locked beds</li> <li>• Additional beds on case basis</li> </ul>	<p>Behavioral health services for incarcerated and post incarcerated individuals.</p> <ul style="list-style-type: none"> <li>• MH and AOD services in SMC county jail</li> <li>• Mental Health Court and diversion with mental health team case management</li> </ul>

# San Mateo County Housing Continuum



## SMC Housing for Individuals with Mental Illness

Rehabilitation Center	Residential Treatment	Residential Board and Care	Transitional	Supportive Housing	FSP Supported Housing	Independent Housing
<ul style="list-style-type: none"> <li>• Locked facilities</li> <li>• 24/7 Staffing</li> <li>• Most Restrictive</li> <li>• Ideal for highly symptomatic individuals</li> </ul> <p>➤ In County:</p> <ul style="list-style-type: none"> <li>• 64 beds</li> </ul> <p>➤ Out of County:</p> <ul style="list-style-type: none"> <li>• 65 beds</li> </ul>	<ul style="list-style-type: none"> <li>• Unlocked</li> <li>• 24/7 Staffing</li> <li>• Stabilization and skills building</li> <li>• Ideal for individuals leaving higher level of care</li> </ul> <p>➤ In county:</p> <ul style="list-style-type: none"> <li>• 29 Crisis Residential beds</li> <li>• 37 Social Rehabilitation beds</li> <li>• 163 AOD beds</li> </ul>	<ul style="list-style-type: none"> <li>• Unlocked, eligibility requirements</li> <li>• 24/7 Staffing</li> <li>• Skill building and long-term stability</li> <li>• Ideal for support for basic</li> </ul> <p>➤ In county:</p> <ul style="list-style-type: none"> <li>• 194 Beds</li> </ul> <p>➤ Out of County:</p> <ul style="list-style-type: none"> <li>• 129 Beds</li> </ul>	<ul style="list-style-type: none"> <li>• Independent units</li> <li>• Staffing on-site</li> <li>• Intensive support services on-site</li> <li>• Ideal for stable individuals needing support</li> <li>• Focus on moving to permanent housing</li> </ul> <p>➤ In County:</p> <ul style="list-style-type: none"> <li>• 7 units, 6 bedrooms</li> </ul>	<ul style="list-style-type: none"> <li>• Independent Integrated or dedicated housing</li> <li>• Permanent housing</li> <li>• Support Services on-site</li> <li>• Ideal for individuals who manage their needs with some support</li> </ul> <p>➤ In County:</p> <ul style="list-style-type: none"> <li>• 165 units, 9 NPLH units pending</li> </ul>	<ul style="list-style-type: none"> <li>• Range of housing includes Single Room Occupancy, Room and Board, Shared Housing, and independent housing</li> <li>• Individuals receive on site and off site services based on Assertive Care Treatment (ACT)</li> </ul> <p>➤ In County:</p> <ul style="list-style-type: none"> <li>• 309 individuals enrolled in FSP</li> </ul>	<ul style="list-style-type: none"> <li>• Independent housing in community</li> <li>• May have some supports</li> <li>• Ideal for individuals who need minimal to no support</li> <li>• Rental assistance include mainstream, Shelter Plus Care, Project-Based Vouchers, and Housing Choice vouchers and other rental support are utilized</li> </ul>

# Housing Assistance Services



<b>Skill Development</b>	<b>Housing Case Management</b>	<b>Rental Assistance</b>	<b>Homeless Assessment and Housing Referral</b>	<b>Housing Locator</b>	<b>Landlord Tenant Assistance</b>
Instruction on daily living skills for success in housing	Services to find and maintain successful housing	Short-term and long-term assistance	Identification of housing needs and referral to available housing	Services to identify available housing	Services to educate tenants, mediate issues with landlords, identify and support landlords who rent to special populations