

***Join the***

**ODE Parent Project®**

Find answers to your parenting questions

Do you want to build a stronger relationship with your kids?

The Parent Project® is a 13-week class that gives parents, grandparents, and caregivers the tools to build strong and healthy families. ***All classes are free!***

# Sign up for the Parent Project® and get:

* Resources to help you and your kids
* Tools to increase your child’s success and attendance at school
* Tips to improve communication with your child
* Strategies to prevent their use of alcohol or drugs
* Practical tools that work for your family

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**D AT E S**

# Classes start:

# Thursday, February 10th, 2022

6:00 pm – 8:30 pm

**Virtual Via Zoom**

Class dates:

2/10, 2/17, 2/24, 3/3, 3/10, 3/17, 3/24, 3/31,

4/7, 4/14, 4/21, 4/28, 5/5

Class language:

**English**

# Register in advance:

Eddy Caldera

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(650) 554-0656

Text

Description automatically generated



**[www.smchealth.org/ParentProject](http://www.smchealth.org/ParentProject)**