

# MAY GENERAL MEETING

Getting to Calm, A Personal Story of Health and  
Healing from Depression



Ingrid Peterson is from Kailua, Hawaii. She earned her undergraduate degree in Psychology at Stanford, with a concentration in Developmental Psychology. Ingrid has dedicated much of her professional career to education, teaching from preschool through high school levels, first as an educator at Bing Nursery School, Laboratory Preschool of the Psychology Department at Stanford University.

In recent years, she taught primarily at the middle and high school levels, working in both special education and general education classes.

***SPEAKER: INGRID PETERSON  
FACILITATOR: CARRIE DU BOIS***

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Thursday,  
May 27, 2021  
7pm-8:30pm

