



SAN MATEO COUNTY HEALTH

**BEHAVIORAL HEALTH
& RECOVERY SERVICES**



Mental Health Services Act (MHSA) Steering Committee

Monday, April 22, 2019 / 3:00 - 4:30 PM

County Health Campus, Room 100, 225 37th Ave. San Mateo, CA 94403

MEETING MINUTES

1. Welcome & New Member Introductions

3:05 PM

Supervisor Dave Pine

Doris Estremera, MHSA Manager

- *New Members*
 - Chris Kernes- Healthright 360
 - Michael Krechevsky- Family Support Specialist
 - Stephanie Morales- Peer Support Worker with OASIS
 - Helene Zimmerman- Executive Director for NAMI

2. MHSA Background & Updates

3:10 PM

- Orientations will happen at the beginning of all the steering committee meetings, one hour before
- Proposition 63 passed in 2004 by California it is a 1% tax on income over 1 million dollars
- 76% of the funding – 27 million goes towards Community Services and Supports this is direct treatment
- 19% is Prevention and Early Intervention- Interventions prior to the onset of mental illness this includes Office of Diversity and Equity
- 5% is for Innovation- Trying something that has never been done before, state has full oversight over this category
- Update:
 - i. Innovation- 3 to 5 year programs
 - ii. Just launched a new cycle of funding in January
 - iii. Individuals were able to submit ideas and had to meet the needs prioritized by the steering committee
 - iv. 37 ideas came through, they were reviewed across requirements and 20 were reviewed by a smaller committee
 - v. We are moving forward with 5 ideas
 - vi. In your packet you have the ideas and the next step are the full proposal and they will be presented to the steering committee and we will open the 30 day public comment

3. Health Ambassador Program for Youth

3:20 PM

Islam Hassanein, Program Manager, StarVista

- Innovative project that is funded under MHSA and implemented by StarVista
- Purpose: Increase access to mental health services in vulnerable populations specifically for Transitional Age Youth
 - First of its kind to have a youth led initiative where youth increase awareness, reduce stigma and increase access to services across the county
- 14 week over 50 hour program that trains youth on various topics including
 - QPR
 - 10 week NAMI Family to Family Course
 - 8 Week Wellness Recovery Action Plan for youth
 - Training for learning about stigma and how to destigmatize mental health
 - Trained on how to talk to the community about Mental Health
- Since inception of HAP-Y have gone through 5 cohorts, and are currently on the 6th cohort which is set to finish this week
 - Meet about 4 hours per week
 - Increasing youth access to mental health services
- Rotate the training in different geographical locations throughout San Mateo
 - Have hosted training: Redwood City, South San Francisco, San Mateo, Halfmoon Bay, East Palo Alto
 - Youth are ambassadors and they engage in presentation in the community on mental health and have served on panels, tabled at outreach events
- Impact
 - 67 youth have participated in the HAP-Y program
 - 85% are youth of color
 - Over 100 presentation about mental health and served 2400 people
- Shared a video about Carolina a participant in the HAP-Y program
- Youth presenters from HAP-Y
- Questions:
 - How many graduates?
 - 64 graduates
 - Age range to participate as an ambassador and what are the requirements?
 - 16 to 24
 - Live and or go to school in San Mateo County
 - How are youth recruited?
 - Outreach is done by Brenda Nunez and we talk flyer for HAP Y at many organizations across the county
 - How can we schedule presentations?
 - Email Islam
 - What happens when someone graduates, do they age out?
 - If you are 24 you can be a part of the program
 - Innovation projects were 3 year programs and were expected to end this fiscal year, not asking for more dollars, just want to spend the unspent dollars
 - Received 250,000 per year but had a late start
 - **Action Item:** Motion to Approve One-Year No-Cost Extension
- NMT is also asking for a one year no cost extension

- Make a motion to approve a one year no cost extension of the MHSAs innovation projects NMT and HAP-Y
 - Melinda made the motion
 - Rodney second the motion
 - No opposed
 - Motion passes
- Official 30 day public comment will open on May 1st at MHSARC
 - Public comment forms in the back, can also email them

4. Budget and Plan to Spend One-Time Revenue

3:40 PM

- *Scott Gruendl, BHRs Assistant Director*
- Anticipate some significant revenue impacts associated with federal revenue either flat or declining
 - Also, decline in the general fund because of an anticipated economic downturn
- 2.5% reduction, we are working on reductions higher than that
- MHSAs is a volatile tax revenue source, and state has predicted a decline in the next couple of years
- One time spending- accumulated dollars that are unspent and there is reversion for certain categories and can be taken from us and go back to the state and can be reallocated
 - Want to use MHSAs funding to assist with budget issues, but only where it is compliant with the act
- Continuously appropriate out of the same fund where dollars are deposited
 - Amend 3 year plan to add a reserve of 50%
- Prudent reserve- difficult reserves to work with, the state has the authority on when you can take it out, state has to provide approval
 - Local reserve of 50% of highest annual revenue
 - 16.5 million for the local reserve so leaves 12.5 of one time funding
 - One time dollars and we need to decrease the amount to avoid reversion
- Priorities for spending plan- system improvements for MHSAs, technology, capital facilities, WET and stop-gap for budget reduction
 - System improvements
 - Full service Partnerships
 - Hiring consultants to look at our vendors and the disparity of costs so that there is more equity between contractors
- Help with data collection and analysis
 - Some vendors can provide data, some have a more difficult time, it is difficult to put together all the data we can do some analysis on
 - Pat vote to motion to amend the MHSAs three year plan to include a plan to spend to approve a plan to spend
 - Judy seconds it

Action Item: Motion to Approve Plan to Spend

5. Announcements/Public Comments

4:15 PM

- Pride Center 2-year extension approved
- Year Two INN Evaluation Reports now available

6. Adjourn

4:30 PM

Mental Health and Substance Abuse Recovery Commission (MHSARC)

Opening of a 30-day public comment period for one year no-cost extension of innovation projects and plan to spend one-time revenue:

May 1, 2019 from 3:30-5pm.

County Health Campus, Room 100, 225 37th Ave. San Mateo