



**San Mateo County Health System  
Behavioral Health and Recovery Services Division**



**Mental Health Services Act (MHS) Three-Year Plan Prioritization Session**

Wednesday, April 26, 2017 / 4-7pm  
Veterans Memorial Senior Center, Redwood Room  
1455 Madison Ave, Redwood City, CA

**MINUTES**

- 1. Welcome** 4:10 PM  
*Supervisor Dave Pine, District 1, Board of Supervisors*  
*Steve Kaplan, Director BHRS*
  
- 2. MHS Overview** 4:15 PM
  - Community Program Planning Process *Doris Estremera, MHS Manager*

MHS background information was provided: Prop 63, voted in 2004 by California voters, imposes a 1% tax on personal income in excess of \$1M. Funding is allocated to Counties to transform the mental health system. MHS Components and percent allocated funding and one-time funding components were explained. This included reviewing Community Services and Supports (CSS), Prevention and Early Intervention (PEI), Innovations (INN), Workforce Education and Training (WET), Capital Facilities and Information Technology, and Housing.

MHS Planning requirements were explained including required stakeholder engagement, called the Community Program Planning process. The MHS Steering Committee meets twice a year, there is a 30 day public comment and public hearing process on all MHS Annual Updates. The Annual Update is a report of services provided over the year, activities, program outcomes, evaluations. During a the 3-Year planning phase, more thorough input is sought through a Needs Analysis and a Strategy Development Phase. It is an opportunity to hear from the community and prioritize needs in the event that there is additional funding (tax revenue).

- 3. Review of Recommended Strategies** 4:30 PM
  - Prepared Public Comments

Before beginning the review of recommended strategies for the next three years, a few items were brought forward for consideration:

- 1) Priority recommendations identified in 2014-17 planning remain a priority. Expansion of supports for isolated older adults was the one priority that was not implemented. If funding becomes available this will be implemented first
- 2) PEI component requires that at least 51% of funds go to programs serving individuals ages 0-25, including school-based strategies. It was proposed that a taskforce of subject matter experts be brought together for two follow up meeting between July and September to prioritize programs and services with as specific emphasis on school-based, evidence-based

services, to meet the 51% PEI funding requirement. If you are interested in participating in this taskforce, please email your interest to [mhsa@smcgov.org](mailto:mhsa@smcgov.org)

Review of the 17 priority recommendation began, prepared Public Comments included:

▪ **Children and Youth (C/Y) FSP**

○ *Speaker: Susan Howe, Edgewood*

- *Edgewood serves Transitioned Aged Youth (TAY) who are 17-25 year olds*
- *Edgewood TAY are the most vulnerable and most resilient of this age range*
  - *75% are out of homes*
  - *90% have experienced trauma*
  - *Stay an average length of 2 years*
- *TAY are*
  - *Developmentally attuned*
  - *Emerging adults*
  - *In a time of transition*
- *Transition are largely due to gap in housing*
  - *Lack of housing undermines progress and growth*
- *There is no TAY specific housing or shelter*

▪ **Adult and Older Adult FSP**

○ *Speaker: Lenore Gutelli, Caminar*

- *Oversees Full Service Partnership (FSP) which are full wrap around services*
- *There are 30 FSP slots*
- *FSP Case Managers have a tough job*
- *FSP clients are the most severe of those with mental illness*
- *It's hard to find support clients because of the lack of funding*
- *Clients struggle with basic needs (e.g. bathing, cutting nails, interviewing as a prospective tenant)*
- *Case managers advocate everyday*
- *FSP clients include 75 and 80 year olds who are struggling*
- *Caminar needs more resources to continue to do job they are doing*

○ *Speaker: Kevin Jones, Telecare*

- *It starts with a place to live*
- *Full service partnerships*
- *MHSA housing funding has not increased in years or ever*
- *Locked setting cost \$7,000/month*
- *Our current subsidy for housing is \$500*
- *Sustainable financially*
- *MHSA outcomes are all amazing*

▪ **Criminal Justice Involvement**

○ *Speaker: Jose Solano, Pathways*

- *Current client of Pathways program*
- *Pathways is the reason for his success*
- *Case manager Teresa helped him*

- *He was diagnosed with schizophrenia*
  - *Today, he has been clean for 3 years and 9 months*
  - *He has a 3.47 GPA with all As and Bs*
  - *Pathways paid for 3 consecutive semesters at CSM to make it happen*
  - *He now has two degrees from CSM*
  - *He wanted to make Pathways proud by paying for his own program*
  - *He recommends Pathways to be a high priority for funding consideration*
- *Speaker: Nubia Barraza, StarVista's Girl's Program*
  - *She is the lead therapist and program coordinator*
  - *Girl's camp changed her outlook on therapy*
  - *Girl's camp has previously received MHSA funding*
- **Outreach Collaboratives**
  - *Speaker: Kava Tulua, One East Palo Alto*
    - *Coordinator of Mental Health initiative for One East Palo Alto*
    - *Clients now go to service providers (versus service providers needing to outreach to bring clients to services)*
    - *Outreach has huge impact on community*
  - *Speaker: Mary Bier, North County Outreach Collaborative*
    - *Many community partners and spaces*
    - *Our main goal is to educate people about services available to them and reduce stigma and increase access to services*
    - *The only way we can achieve this goal is to build relationships and trust*
    - *Focused outreach*
      - *Faith in action*
        - *Worked in 4 churches*
        - *Connected to services immediately for those tenants whose rent increased*
- **Pre-Crisis Outreach & Response**
  - *Speaker: Ian Adamson, Family Assertive Support Team (FAST)*
    - *Clients stay involved 3-6 months until family member is connected to services they need*
    - *Tremendous need for Spanish speaking staff – area of expansion*
- **Older Adults System of Care**
  - *Speaker: Joicy Mean, Older Adult System of Integrated Services (OASIS)*
    - *More medically vulnerable seniors in OASIS programs*
    - *OASIS has Chinese speaking and Spanish speaking case managers*
    - *OASIS needs more peer support community workers (bilingual)*
    - *It takes a longer time to help seniors (e.g. they may lose their driver's license)*
- **Supported Services for Clients in Recovery**
  - *Speaker: Riley, California Clubhouse*
    - *Has a mental illness and is a member of California Clubhouse*
    - *Wasn't qualified for Vocational Rehabilitation Services and Caminar (these programs only accepted clients by referral)*

- *He kept looking for employment*
  - *California Clubhouse was the open door for him*
  - *California Clubhouse matched him with a retail store*
  - *He has been employed halftime for about 6 months*
  - *As a result of this job, he has more earned income and feels less isolated*
  - *His experience shows that someone with mental illness can be part of the team*
  - *At his work, he says “have a great day!” and really meant it*
  - *He now sees the world as a more friendly place*
- *Speaker (Digital Story): [Insert Name], Caminar*
  - *Chris Robinson*
  - *Digital Story by College of San Mateo student*
- **Wellness Services for Migrant Populations**
  - *Speaker: Ziomara Ochoa, Clinical Services Manager*
    - *Coastside*
    - *For people to access services, they have to leave their community*
    - *Coastside has been a community that has been forgotten*
  - *Speaker: Yolanda Novelo, Peer Support Worker*
    - *She represents a community that has a lot of intergenerational trauma*
    - *She never thought her family would receive mental health services*
    - *Her daughter was suicidal*
    - *Her daughter was traumatized when she was 2 years old (sexually molested)*
    - *Yolanda was being trained and learning skills from the Parent Project for her daughter to feel safe to talk to her*
    - *It is hard to reach services outside Coastside*
    - *She was able to receive services after being designated with higher level of care*
    - *Many Coastside families make minimum wages (less than she does)*
    - *To go to the other side of the hill, they have to lose a day of work*
- **Homeless Mental Health**
  - *Speaker: Dr. Faye McNair-Knox, One East Palo Alto (OEPA)*
    - *OEPA Executive Director since 2004*
    - *Homelessness is the biggest social issue in East Palo Alto*
    - *OEPA has been able to rally a lot of support to lack of access to mental health services in East Palo Alto*
    - *Multicultural Wellness Center*
      - *Dr. McNair-Knox is proud of work that has been done to have a safe space for individuals to receive information and get referred – community center*
    - *Took major organizing effort to get shelter at EPA*
    - *EPA has one of the highest homeless populations in the County of San Mateo*
    - *OEPA finds a lot of overlap with those who are unhoused and have mental health conditions*
- **Prevention of Early Psychosis**
  - *Speaker: Bruce Adams, PREP/BEAM*

- *Many individuals graduate from PREP/BEAM*
  - *There is anxiety that comes with excitement of graduation*
  - *PREP/BEAM graduates are discharged to lower level of care*
  - *What happens after PREP?*
  - *Recovery is a journey (not a destination)*
  - *PREP/BEAM would like to provide this after care approach (e.g. support group) and show long term outcomes*
- *Speaker: Mike, PREP/BEAM*
  - *Family Support Specialist for PREP/BEAM*
  - *Son is a graduate of PREP/BEAM*
  - *He went from psychosis to community college to attending University of Arizona, Tuscon*
  - *The work that PREP/BEAM does is meaningful and real*
  - *Everyone in this team is fully committed to it*
- **Crisis Response**
  - *Speaker: Narges Dillon, StaVista*
    - *Director of StarVista Crisis Center*
    - *StarVista Crisis Center serves thousands of callers per year and provides school presentations*
    - *There is a need for increased prevention and intervention for school-aged youth*
    - *More people come forward when they attend school presentation*
    - *StarVista gets more and more requests for younger students*
    - *Hopes to advocate for appropriate assessment especially most vulnerable young people*
- **Community Engagement and Empowerment**
  - *Speaker: Yolanda Ramirez, San Mateo County Behavioral Health and Recovery Services*
    - *Lives in San Mateo*
    - *Has two kids*
    - *Family Partner for County of San Mateo*
    - *6 years ago, almost lost her daughter with a suicide attempt*
    - *Participated in Parent Project and became a Health Ambassador Program*
    - *Her daughter is now in recovery*
    - *Was a family partner for Edgewood*

**4. Additional Input & Prioritization** (All participants)  
Open Public Comment

6:00 PM

Additional recommendations were brought forward for consideration and all participants were given two votes to prioritize across these additional recommendations. A peer-run warm-line, peer support during and after discharge from psychiatric hospitalization and a coordinated approach to outreach in the Chinese community were prioritized and added to the 17 recommendations for voting by the Steering Committee

Public Comments included:

▪ **Veterans**

- *Speaker: Soni Adams, Department of Veteran Affairs (VA)*
  - *Nice to be in solidarity with amazing people*
  - *Working for VA, understands issues of severe mental illness and suicide*
  - *Veterans have twice the rate of completed rates of suicide than civilians*
  - *Some (not all) veterans have access to VA care based on certain criteria*
  - *There is a need to create a form of transportation to link veterans to resources*
  - *Such transportation would*
    - *Reduce acute hospitalizations*
    - *Improve access to quality care*
    - *Open up and streamline services to others in community who don't have VA for their health care*
- *Speaker: Donald DC Barlow, VA Palo Alto*
  - *Peer Support Specialist at VA Palo Alto*
  - *Mental Health Intensive Case Management*
  - *Consumer of correctional institutional setting*
  - *Minority veterans coordinator*
  - *Whole health coach*
  - *Help veterans transition out of treatment court*
  - *When on parole and homeless, did not have transportation or funds*
  - *Transportation accessibility to mental health care providers*
  - *Echo voices of his peers and consumers of various products MHSA/BHRS offers*
  - *Just don't show how to get there but also help people get there (transportation) so they can get the product and services that they need*
  - *Open up mental health services that don't qualify*

▪ **Linda, Telecare Client**

- *Was kicked out of the apartment*
- *Sleeping at park benches*
- *Sleeping at airports*
- *Sleeping on the streets until she met Telecare*
- *There were shelters that only let people stay there for 30 days*
- *They gave her a shelter for 2 years*
- *She has an apartment and been there for 2.5 years*

▪ **Valisha, Consumer**

- *Consumer for almost 7 years*
- *Today, in school and drug free*

▪ **Darrell, Concerned Citizen**

- *Not associated with any proposed recommendation*
- *Happy to see so many good programs*
- *In and out of many hospitals*

- *His one ask is that programming be created in neighborhoods so that they are accessible and easy to find*
- **Steve Sust, Chinese Health Initiative**
  - *No systematic or coordinated education, outreach and referrals for the Chinese community in this county.*
    - *No one speaking Mandarin/Cantonese to answer ACCESS line (despite Chinese being a threshold language)*
    - *No psychoeducation that is linguistically and culturally appropriate for Chinese community*
    - *Chinese Community Outreach Worker position is scheduled to end June 30, 2017 with no confirmed plan of continuing this position*
  - *Recommendation: Systematic or coordinated education, outreach and referrals for the Chinese community in this county.*
- **Michael Horgan, Heart & Soul, Inc.**
  - *Recommends peer run respite*
  - *Safe and home like environment*
  - *Offer empowerment and meaningful choices*
  - *Provide a much needed alternative for those seeking help from trauma or at risk for psychiatric illness*
- **Helene Zimmerman, NAMI San Mateo County**
  - *Mentally ill from borderline personality disorder*
  - *Started attending connecting meeting*
  - *Graduated from peer to peer meeting*
  - *Pals and the mentors – often their first paid opportunity after mental health life transition*
- **Dana, NAMI San Mateo County**
  - *Took and graduated NAMI peer to peer course*
  - *Trained to teach the course in 2014*
  - *Facilitates connection group*
  - *Peer to peer program*
  - *Hold a job for the last 11 years*
  - *What was missing for her was the sense of community*
  - *You can do quite well but still feeling not connected to other people*
  - *NAMI creates a sense of community*
  - *NAMI has great programs based on research*
  - *Support mentors on discharge and peer pals program*
- **Christopher Jump, Heart and Soul, Inc and Peer Recovery Collaborative**
  - *Member Peer Collaborative*
  - *Larger peer voice in the community*
  - *Experienced extreme states of sadness*
  - *Constantly beaten and belittled*
  - *Physically and verbally abused (parents said they wanted to kill him)*
  - *He thought he was worthless*

- *He was told he was sick and told to take pills which didn't help him live and thrive*
- *Wasn't able to hold a job or house*
- *Finally found a place he can get some therapy and place where he can show his worth and value*
- *Medication free for 8 years*
- *Asking for peer respite center*
  
- **Elaine Peng, NAMI Chinese and Chinese Health Initiative**
  - Shared personal experience with her own and her daughters mental health issues
  - Advocating for Chinese outreach program
  - Spoke in Chinese and May translated her speech in English
  
- **May, NAMI San Mateo**
  - *This is the first time NAMI is requesting funding from the County of San Mateo*
  
- **Eddrena**
  - *Youth 25-30 year old*
  - *Need to be incorporated into a caregiver program such as a TAY type program*
  - *Plus 24 hour supportive housing for those youth*
  - *Not just safe to get housing for them*
  - *Not enough for individuals to just stay safe*

Additional Written Public Comments are attached.

**5. Voting & Prioritizing Strategies** (MHSA Steering Committee only) 6:40 PM  
 Results will be tallied and posted on the MHSA website, [www.smchealth.org/MHSA](http://www.smchealth.org/MHSA)

**6. Adjourn** 7:00 PM

**MARK YOUR CALENDARS!**  
 MHSA Three-Year Plan Presentation  
 Mental Health and Substance Abuse Recovery Commission  
**June 7, 2017 / 3-5pm**  
 Health System Campus, Room 100, 225 37th Ave., San Mateo, CA





**San Mateo County Health System  
Behavioral Health and Recovery Services  
Mental Health Services Act**

**Public Comment Form**

**Personal information (OPTIONAL)**

Name: ERIK MCCREARY Agency/Organization: California Clubhouse  
Phone Number: 757-217-9168 Email address: ERIKMCCREARY@GMAIL.COM  
Mailing address: 1967 TICONDEROGA DR.

**Stakeholder group you identify with (check all that apply):**

- Mental Health Client/Consumer       AOD Client/Consumer  
 Family Member of Client/Consumer       Community Member  
 Community Agency       Social Services/Human Services Provider  
 Mental Health Provider       Substance Use Provider       Health Provider  
 Education       Law Enforcement/Criminal Justice

**Please provide comment/feedback:**

I AM REPRESENTING CALIFORNIA CLUBHOUSE AND AM ADVOCATING OUR 130 member clubhouse. I CAN ATTEST THAT ALL OF OUR MEMBERS BENEFIT AND THE TOTAL NUMBER OF HOSPITALIZATIONS AMONG OUR MEMBERS HAS DECREASED, THE WORK ORDERED DAY AND SOCIAL ACTIVITIES HAS STRENGTHENED THE LIFE OF ME AND MANY OTHERS.

**Please turn over →**

You may send your comments via email or post to Doris Estremera, MPH, MHSA Manager, [mhsa@smcgov.org](mailto:mhsa@smcgov.org)  
225 37<sup>th</sup> Avenue, 3<sup>rd</sup> Floor, San Mateo, CA 94403



San Mateo County Health System  
Behavioral Health and Recovery Services  
Mental Health Services Act

**Public Comment Form**

**Personal information (OPTIONAL)**

Name: EDDRENA PETERS Agency/Organization: \_\_\_\_\_

Phone Number: (650) 921-5151 Email address: eddrenapeters@gmail.com

Mailing address: 210 N DE LAWARE # B SAN MATEO, CA 94401

**Stakeholder group you identify with (check all that apply):**

- |  |  |
|--|--|
| <input type="checkbox"/> Mental Health Client/Consumer               | <input type="checkbox"/> AOD Client/Consumer   |
| <input checked="" type="checkbox"/> Family Member of Client/Consumer | <input type="checkbox"/> Community Member  |
| <input type="checkbox"/> Community Agency                            | <input type="checkbox"/> Social Services/Human Services Provider                         |
| <input type="checkbox"/> Mental Health Provider                      | <input type="checkbox"/> Substance Use Provider <input type="checkbox"/> Health Provider |
| <input type="checkbox"/> Education                                   | <input type="checkbox"/> Law Enforcement/Criminal Justice                                |

**Please provide comment/feedback:**

EXPAND AFTER CARE SERVICES 25-35yr olds  
GRADUATING FROM THE TAY FSP. Plus 24 hour  
SUPPORTED HOUSING FOR THOSE ADULTS

**Please turn over →**

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Mental Health Services Act**

**P u b l i c C o m m e n t F o r m**

**Personal information (OPTIONAL)**

Name: \_\_\_\_\_ Agency/Organization: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Email address: \_\_\_\_\_

Mailing address: \_\_\_\_\_

**Stakeholder group you identify with (check all that apply):**

- |  |  |
|--|--|
| <input type="checkbox"/> Mental Health Client/Consumer               | <input type="checkbox"/> AOD Client/Consumer   |
| <input checked="" type="checkbox"/> Family Member of Client/Consumer | <input type="checkbox"/> Community Member  |
| <input type="checkbox"/> Community Agency                            | <input type="checkbox"/> Social Services/Human Services Provider                         |
| <input checked="" type="checkbox"/> Mental Health Provider           | <input type="checkbox"/> Substance Use Provider <input type="checkbox"/> Health Provider |
| <input type="checkbox"/> Education                                   | <input type="checkbox"/> Law Enforcement/Criminal Justice                                |

**Please provide comment/feedback:**

*Prevention of  
Just as the "Early Psychosis" graduates need  
aftercare support, so do the emerging adults  
who graduate or otherwise transition from  
the TAY FSP. Their needs are not the same as  
older adults.*

**Please turn over →**

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**Public Comment Form**

**Personal information (OPTIONAL)**

Name: \_\_\_\_\_ Agency/Organization: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Email address: \_\_\_\_\_

Mailing address: \_\_\_\_\_

**Stakeholder group you identify with (check all that apply):**

- Mental Health Client/Consumer       AOD Client/Consumer
- Family Member of Client/Consumer     Community Member
- Community Agency                               Social Services/Human Services Provider
- Mental Health Provider                       Substance Use Provider       Health Provider
- Education     Law Enforcement/Criminal Justice

**Please provide comment/feedback:**

*m*

Please increase culturally sensitive ~~and~~ outreach, education & engagement ~~services~~ FOR CHINESE COMMUNITY. ~~THE~~ STIGMA IS A BIG BARRIER IN our community and we need ~~some~~ <sup>more culturally sensitive</sup> outreach to engage the family and the person in service as it ~~is~~ ~~generally~~ generally takes a longer period

**Please turn over →**

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of time and # of meetings to build trust with and engage this community. They are very reluctant to →

**Comments:**

Acknowledge they need help or get help.  
This includes the family member and the  
individual as it is very shameful ~~to~~ for  
them.



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Public Comment Form

Personal information (OPTIONAL)

Name: Velisha Sorooshian Agency/Organization: TeleCare

Phone Number: 650 518-0929 Email address: Velishasorooshian@gmail.com

Mailing address: 1321 Marshall St # 302 RWC. 94063

Stakeholder group you identify with (check all that apply):

- Mental Health Client/Consumer       AOD Client/Consumer  
 Family Member of Client/Consumer       Community Member  
 Community Agency       Social Services/Human Services Provider  
 Mental Health Provider       Substance Use Provider       Health Provider  
 Education       Law Enforcement/Criminal Justice

Please provide comment/feedback:

I am a Consumer of MH at TeleCare  
Because of Housing Funding, I've been  
fortunate enough to benefit, today I  
go to college, volunteer at TeleCare  
for 3 yrs, also my home keeps me able  
to be independent, reliable, and most Import  
Med-compliant.

Please turn over →

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**Comments:**



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**Public Comment Form**

**Personal information (OPTIONAL)**

Name: Christopher Jung Agency/Organization: HEARTS & SOUL

Phone Number: 622-4961 Email address: christopher.jung@heartandsoulinc.org

Mailing address: 210 Industrial Rd #205 SAN CARLOS, CA, 94070

**Stakeholder group you identify with (check all that apply):**

- Mental Health Client/Consumer       AOD Client/Consumer  
 Family Member of Client/Consumer       Community Member  
 Community Agency       Social Services/Human Services Provider  
 Mental Health Provider       Substance Use Provider       Health Provider  
 Education       Law Enforcement/Criminal Justice

**Please provide comment/feedback:**

Need for a peer run respite center  
Need for more investment in peer support  
Need for more affordable housing

**Please turn over →**

You may send your comments via email or post to Doris Estremera, MPH, MHSA Manager, [mhsa@smcgov.org](mailto:mhsa@smcgov.org)  
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**Comments:**



**San Mateo County Health System  
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**Public Comment Form**

**Personal information (OPTIONAL)**

Name: Ashley Agency/Organization: \_\_\_\_\_

Phone Number: 6789256862 Email address: ashleyhlangston@gmail.com

Mailing address: 906 15<sup>th</sup> Ave, Redwood City, CA 94063

**Stakeholder group you identify with (check all that apply):**

- |  |   |  |
|--|---|--|
| <input type="checkbox"/> Mental Health Client/Consumer               | <input type="checkbox"/> AOD Client/Consumer                                |  |
| <input checked="" type="checkbox"/> Family Member of Client/Consumer | <input checked="" type="checkbox"/> Community Member                        |  |
| <input type="checkbox"/> Community Agency                            | <input checked="" type="checkbox"/> Social Services/Human Services Provider |  |
| <input type="checkbox"/> Mental Health Provider                      | <input type="checkbox"/> Substance Use Provider                             | <input type="checkbox"/> Health Provider |
| <input type="checkbox"/> Education                                   | <input type="checkbox"/> Law Enforcement/Criminal Justice                   |  |

**Please provide comment/feedback:**

I recently moved to San Mateo county and left my little brother on the East coast. He was diagnosed with schizophrenia six months ago and I do not know where I would be without NAMI's programs and support. I wish my brother could be here to receive the local resources that would be available to him. In particular, the Mentor on Discharge (MoD)

**Please turn over →**

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**Comments:**

and Peer Pals programs would be life changing. MoD partners recently discharged patients with paid peer mentors who understand what the patient is going through at a time when it is needed most. This offers a lifeline to via a connection to a member of the community who does not judge the individual. I have heard my brother lament that no one understands him, no one has experienced what he has, and that all of his friends have 'moved on' with their lives leaving him behind and alone. I cannot stress enough what a program like MoD (starting when the patient is hospitalized) and Peer Pals (after the patient is discharged from the hospital) would mean to my brother and how special NAMI San Mateo is for providing these services. However they need help to pay more mentor and to pay mentors <sup>(higher wage)</sup> more. Often, these peer mentors struggle to find gainful employment or have to choose between being a mentor and having a higher paying job. The service these mentors provide is vital for individuals with mental illness. Please help to make the option of serving as a mentor a viable option for these individuals.



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**Public Comment Form**

**Personal information (OPTIONAL)**

Name: JUDY SCHUTZMAN Agency/Organization: \_\_\_\_\_

Phone Number: 650.595.2899 Email address: JUDYSCHUTZMAN@AOL.COM

Mailing address: 3144 MELERBY DR SAN CARLOS 94070

**Stakeholder group you identify with (check all that apply):**

- Mental Health Client/Consumer       AOD Client/Consumer  
 Family Member of Client/Consumer       Community Member  
 Community Agency       Social Services/Human Services Provider  
 Mental Health Provider       Substance Use Provider       Health Provider  
 Education       Law Enforcement/Criminal Justice

**Please provide comment/feedback:**

EXPANSION OF EMERGENCY, RESIDENTIAL AND REHABILITATIVE HOUSING WITH RAHSA IS IMPRACTICAL GIVEN THE AVAILABILITY & COST OF HOUSING IN THE COUNTY.

STRONGLY SUPPORT OUTREACH SERVICES TO ISOLATED OLDER ADULTS, COASTSIDE MIGRANTS, AND CULTURALLY UNDERSERVED GROUPS

**Please turn over →**

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**Comments:**



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**Public Comment Form**

**Personal information (OPTIONAL)**

Name: JEAN CHEN Agency/Organization: NAMI  
Phone Number: 650-888-1790 Email address: jeanchenccc@hotmail.com  
Mailing address: 65 CROWN Court San Mateo CA 94402

**Stakeholder group you identify with (check all that apply):**

- Mental Health Client/Consumer       AOD Client/Consumer  
 Family Member of Client/Consumer       Community Member  
 Community Agency       Social Services/Human Services Provider  
 Mental Health Provider       Substance Use Provider       Health Provider  
 Education       Law Enforcement/Criminal Justice

**Please provide comment/feedback:**

Some of the provider's service are overlapped. provider should work together to minimum the cost of service. Since funding is limited consolidate service to make money spending smart.

**Please turn over →**

You may send your comments via email or post to Doris Estremera, MPH, MHSA Manager, [mhsa@smcgov.org](mailto:mhsa@smcgov.org)  
225 37<sup>th</sup> Avenue, 3<sup>rd</sup> Floor, San Mateo, CA 94403

**Comments:**

For some of MHSA Service not even has representative to present their service their funding should cut or eliminate because they do not care.



**San Mateo County Health System  
Behavioral Health and Recovery Services  
Mental Health Services Act**

**Public Comment Form**

**Personal information (OPTIONAL)**

Name: Helene Z Agency/Organization: NAMI

Phone Number: 650.638.0509 Email address: hzimmer@namisanmateo.org

Mailing address: 1650 Banel Place #130 San Mateo

**Stakeholder group you identify with (check all that apply):**

- Mental Health Client/Consumer       AOD Client/Consumer  
 Family Member of Client/Consumer       Community Member  
 Community Agency       Social Services/Human Services Provider  
 Mental Health Provider       Substance Use Provider       Health Provider  
 Education       Law Enforcement/Criminal Justice

**Please provide comment/feedback:**

- The service categories do not cover the education + support needs for families.
- Support Peer Programs - pre inpatient discharge + post discharge follow up - Build + strengthen on current programs.
- The "PEER + FAMILY SUPPORT MODELS IN SERVICES" EXTENDS FAMILY TO FAMILY SERVICES IS WHAT NAMI IS ALL ABOUT - IT'S JUST DIFFERENT WORDING

Please turn over →

You may send your comments via email or post to Doris Estremera, MPH, MHSA Manager, [mhsa@smcgov.org](mailto:mhsa@smcgov.org)  
225 37<sup>th</sup> Avenue, 3<sup>rd</sup> Floor, San Mateo, CA 94403



**Comments:**

You may send your comments via email or post to Doris Estremera, MPH, MHSA Manager, [mhsa@smcgov.org](mailto:mhsa@smcgov.org)  
225 37<sup>th</sup> Avenue, 3<sup>rd</sup> Floor, San Mateo, CA 94403



**San Mateo County Health System  
Behavioral Health and Recovery Services  
Mental Health Services Act**

**Public Comment Form**

**Personal information (OPTIONAL)**

Name: Riley Agency/Organization: California Clubhouse

Phone Number: \_\_\_\_\_ Email address: \_\_\_\_\_

Mailing address: \_\_\_\_\_

**Stakeholder group you identify with (check all that apply):**

- Mental Health Client/Consumer       AOD Client/Consumer  
 Family Member of Client/Consumer       Community Member  
 Community Agency       Social Services/Human Services Provider  
 Mental Health Provider       Substance Use Provider       Health Provider  
 Education       Law Enforcement/Criminal Justice

**Please provide comment/feedback:**

**Please turn over →**

You may send your comments via email or post to Doris Estremera, MPH, MHSA Manager, [mhsa@smcgov.org](mailto:mhsa@smcgov.org)  
225 37<sup>th</sup> Avenue, 3<sup>rd</sup> Floor, San Mateo, CA 94403

**Comments:**



**San Mateo County Health System  
Behavioral Health and Recovery Services  
Mental Health Services Act**

**Public Comment Form**

**Personal information (OPTIONAL)**

Name: Kim Gillette Agency/Organization: DCYHC

Phone Number: 650-985-7013 Email address: kgillette@dchy.city.youth.org

Mailing address: \_\_\_\_\_

**Stakeholder group you identify with (check all that apply):**

- Mental Health Client/Consumer       AOD Client/Consumer
- Family Member of Client/Consumer       Community Member
- Community Agency       Social Services/Human Services Provider
- Mental Health Provider       Substance Use Provider       Health Provider
- Education       Law Enforcement/Criminal Justice

**Please provide comment/feedback:**

Thank you for taking the time to listen to all of the needs of the community. It is so important that we remember how large & diverse this county is. We need to prioritize North San Mateo county services along w/ other hard to reach populations. we also need to prioritize services to youth & working to decrease stigma at an early age. →

**Please turn over →**

You may send your comments via email or post to Doris Estremera, MPH, MHSA Manager, [mhsa@smcgov.org](mailto:mhsa@smcgov.org)  
225 37th Avenue, 3rd Floor, San Mateo, CA 94403

Comments:

It is unfortunate that this process came off as competitive. It would be helpful if we could find a way to discuss this as a team working together & not against other organizations.



**San Mateo County Health System  
Behavioral Health and Recovery Services  
Mental Health Services Act**

**Public Comment Form**

**Personal information (OPTIONAL)**

Name: Amaal Agency/Organization: California Clubhouse

Phone Number: (650) 749-7753 Email address: amaal133@gmail.com

Mailing address: \_\_\_\_\_

**Stakeholder group you identify with (check all that apply):**

- Mental Health Client/Consumer       AOD Client/Consumer  
 Family Member of Client/Consumer       Community Member  
 Community Agency       Social Services/Human Services Provider  
 Mental Health Provider       Substance Use Provider       Health Provider  
 Education       Law Enforcement/Criminal Justice

**Please provide comment/feedback:**

California Clubhouse is a fantastic organization that has helped me and many of my friends immensely. It deserves to have additional expansion funds so it can continue to help people with mental illness in the community.

**Please turn over →**

You may send your comments via email or post to Doris Estremera, MPH, MHSA Manager, [mhsa@smcgov.org](mailto:mhsa@smcgov.org)  
225 37<sup>th</sup> Avenue, 3<sup>rd</sup> Floor, San Mateo, CA 94403

**Comments:**



**San Mateo County Health System  
Behavioral Health and Recovery Services  
Mental Health Services Act**

**Public Comment Form**

**Personal information (OPTIONAL)**

Name: Brian J Wilson Agency/Organization: ?  
 Phone Number: 650 730 7756 Email address: jameswilsonjoy61@gmail.com  
 Mailing address: 157 EL Granada 94018

**Stakeholder group you identify with (check all that apply):**

- Mental Health Client/Consumer
- AOD Client/Consumer
- Family Member of Client/Consumer
- Community Member
- Community Agency
- Social Services/Human Services Provider
- Mental Health Provider
- Substance Use Provider
- Health Provider
- Education
- Law Enforcement/Criminal Justice

IN Peer casting class

**Please provide comment/feedback:**

Need people to GO TO  
 Help people/ct's that cant  
 Leave <sup>CAMP SITE</sup> bushes to seek  
 Help IN H.M.B

**Please turn over →**



**Comments:**



**San Mateo County Health System  
Behavioral Health and Recovery Services  
Mental Health Services Act**

**Public Comment Form**

**Personal information (OPTIONAL)**

Name: \_\_\_\_\_ Agency/Organization: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Email address: \_\_\_\_\_

Mailing address: \_\_\_\_\_

**Stakeholder group you identify with (check all that apply):**

- Mental Health Client/Consumer       AOD Client/Consumer  
 Family Member of Client/Consumer       Community Member  
 Community Agency       Social Services/Human Services Provider  
 Mental Health Provider       Substance Use Provider       Health Provider  
 Education       Law Enforcement/Criminal Justice

**Please provide comment/feedback:**

All the needs and requests are so important. Please consider supporting a community that is isolated. Help the Coast develop a center of services like the Barbara Matten Center and the EPA community center! The community really needs it.

The stigma on the Coast has been a difficult barrier to breakdown due to the rural nature of the community and limited resources to really make a big impact.

**Please turn over →**

You may send your comments via email or post to Doris Estremera, MPH, MHSA Manager, [mhsa@smcgov.org](mailto:mhsa@smcgov.org)  
225 37<sup>th</sup> Avenue, 3<sup>rd</sup> Floor, San Mateo, CA 94403

**Comments:**

You may send your comments via email or post to Doris Estremera, MPH, MHSA Manager, [mhsa@smcgov.org](mailto:mhsa@smcgov.org)  
225 37<sup>th</sup> Avenue, 3<sup>rd</sup> Floor, San Mateo, CA 94403



**San Mateo County Health System  
Behavioral Health and Recovery Services  
Mental Health Services Act**

**Public Comment Form**

**Personal information (OPTIONAL)**

Name: Yolanda Ramirez Agency/Organization: BHRS

Phone Number: 650-346-4831 Email address: ymramirez@smcgov.org

Mailing address: 727 Shasta St. Redwood City, CA 94063

**Stakeholder group you identify with (check all that apply):**

- |  |  |
|--|--|
| <input type="checkbox"/> Mental Health Client/Consumer               | <input type="checkbox"/> AOD Client/Consumer   |
| <input checked="" type="checkbox"/> Family Member of Client/Consumer | <input checked="" type="checkbox"/> Community Member                                     |
| <input type="checkbox"/> Community Agency                            | <input type="checkbox"/> Social Services/Human Services Provider                         |
| <input checked="" type="checkbox"/> Mental Health Provider           | <input type="checkbox"/> Substance Use Provider <input type="checkbox"/> Health Provider |
| <input type="checkbox"/> Education                                   | <input type="checkbox"/> Law Enforcement/Criminal Justice                                |

**Please provide comment/feedback:**

I support the Peers and Family Support Models to increase engagement of clients and caregivers in services.

I support Prevention-Community Engagement and empowerment recommendation, to have more leaders in our community.

**Please turn over →**

You may send your comments via email or post to Doris Estremera, MPH, MHSA Manager, [mhsa@smcgov.org](mailto:mhsa@smcgov.org)  
225 37<sup>th</sup> Avenue, 3<sup>rd</sup> Floor, San Mateo, CA 94403

**Comments:**



**San Mateo County Health System  
Behavioral Health and Recovery Services  
Mental Health Services Act**

**Public Comment Form**

**Personal information (OPTIONAL)**

Name: AMADA ESPINOZA Agency/Organization: BHRS Health Ambassador

Phone Number: 650-445-1596 Email address: amadaespinoza10@yahoo.com

Mailing address: \_\_\_\_\_

**Stakeholder group you identify with (check all that apply):**

- Mental Health Client/Consumer       AOD Client/Consumer  
 Family Member of Client/Consumer       Community Member  
 Community Agency       Social Services/Human Services Provider  
 Mental Health Provider       Substance Use Provider       Health Provider  
 Education       Law Enforcement/Criminal Justice

**Please provide comment/feedback:** *Como madre de una cliente de salud mental agradezco mucho por todos los servicios que ha recibido mi hija que se ha recuperado muy bien gracias a todos esos servicios, Por esto pido que el comité nos siga apoyando económicamente para que todas las familias sigan teniendo esperanza porque la recuperación es posible mientras tengamos apoyo.*

*Gracias por todo*

*A Espinoza*

**Please turn over →**

You may send your comments via email or post to Doris Estremera, MPH, MHSA Manager, [mhsa@smcgov.org](mailto:mhsa@smcgov.org)  
225 37<sup>th</sup> Avenue, 3<sup>rd</sup> Floor, San Mateo, CA 94403

**Comments:**



**San Mateo County Health System  
Behavioral Health and Recovery Services  
Mental Health Services Act**

**Public Comment Form**

**Personal information (OPTIONAL)**

Name: Mark Hanson Agency/Organization: NAMI San Mateo County  
 Phone Number: 415-205-8859 Email address: Mark.hanson640@comcast.net  
 Mailing address: Mark.hanson640@comcast.net

**Stakeholder group you identify with (check all that apply):**

- Mental Health Client/Consumer
- AOD Client/Consumer
- Family Member of Client/Consumer
- Community Member
- Community Agency
- Social Services/Human Services Provider
- Mental Health Provider
- Substance Use Provider
- Health Provider
- Education
- Law Enforcement/Criminal Justice

**Please provide comment/feedback:**

Feel that there is a big transition gap for consumers that are hospitalized and their transition back into the community after hospitalization. Most hospitals depend on the social worker to make out-patient recommendations for further training + counseling. Unfortunately, most consumers do not trust or relate to their social workers and social workers follow up post hospitalization is lacking. So, I feel some mentor program or peer to peer program should start

Please turn over →

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 225 37th Avenue, 3rd Floor, San Mateo, CA 94403

during the hospitalization process and continue after



Comments:

hospitalization to provide a smoother transition back into the community.

A consumer is much more likely to listen to another consumer who has had similar experiences acting as a mentor.

Many counties in the Bay Area have implemented a program called "Mentors on Discharge"

Very noted by NAMI very successfully (ie - Reducing additional hospitalizations)

San Mateo County needs a program like this now!



**San Mateo County Health System  
Behavioral Health and Recovery Services  
Mental Health Services Act**

**Public Comment Form**

**Personal information (OPTIONAL)**

Name: Carnice Hawley Agency/Organization: VRS/North County Clinic/Peer Support *Out Time*  
 Phone Number: 404-437-3779 Email address: cana jazz@gmail.com *WORKER*  
 Mailing address: 120 N. San Mateo Dr, #101, San Mateo 94401

**Stakeholder group you identify with (check all that apply):**

- Mental Health Client/Consumer       AOD Client/Consumer
- Family Member of Client/Consumer       Community Member
- Community Agency       Social Services/Human Services Provider
- Mental Health Provider       Substance Use Provider       Health Provider
- Education       Law Enforcement/Criminal Justice

**Please provide comment/feedback:**

this was/is my first time attending a MHSAA mtg. I've been strongly impressed by the dedication displayed here along with the empathy and commitment toward those with M/I. I have been and was again today struck by the Coastsides needs (I wish I were bilingual so that I could help in this area). As a senior affordable housing is critical to me. I appreciate hearing about your efforts. I wish that there were

Please turn over →

Comments:

More peer counselor/peer support positions; Mine ends in 8 mos and I would love to continue giving back. Aside from that selfish desire, I cannot stress how helpful peer positions are to the clients as well as to the providers!

My name is Roxana Ruan. I live in San Carlos and work in Redwood City. My first language is Cantonese.

I know Shiyu Zhang, the Chinese Outreach Worker, through NAMI San Mateo.

I was looking for a psychiatrist for my nephew on my own for <sup>4 months</sup> a really long time. I went to a few nonprofit organizations and hospitals, and had no luck finding a doctor. NAMI San Mateo suggested me to call Shiyu.

Shiyu did things efficiently. She set up an appointment for my nephew with a county clinician the next day. Shiyu listened to my frustration. She was very patient with me, and found the best solution with me.

I like Shiyu because she is not only bilingual, but she also knows both American and Chinese cultures well. For example, I didn't have to explain in detail about China's one-child policy to her and I could see that she understood my nephew's unfair treatment being the second child in the family. I also have limits to explain this mental health issue. I just spoke a word or phrase and Shiyu understood what I was trying to say, and she helped me interpret properly.

Finally I found a psychiatrist through Shiyu.

I really appreciated Shiyu's Chinese Outreach Worker position. She did more than just provide a phone number or a website. I know there are more Chinese residents in San Mateo community that really need the Chinese Outreach Worker to help them find the right direction in their daily need.

I believe San Mateo County residents would be happy to have outreach and education programs for the Chinese community. This is my voice, and I am sure this also the voice of many other Chinese in the community.



Subject: \_\_\_\_\_

Date: \_\_\_\_\_

Peer Supported Living  
we need a place in  
each area of the county  
not just I

## Colin Hart

---

**From:** bondgraphic@comcast.net  
**Sent:** Wednesday, April 26, 2017 4:42 PM  
**To:** Colin Hart  
**Subject:** Mental Health Money

Colin,

This is Kevin, the guy who spoke with you before your event. I want to add into public comments:

San Mateo County is having a boom in tech workers and San Francisco and San Mateo counties are the tech capitals of the world. This is not going to just all of a sudden stop. There are many people in this county who suffer from mental health problems and the most basic part of that problem is housing. Every bit of housing in the county is now prohibitively expensive and we must find a way to insure that there is adequate housing for those who are marginalized by mental health. I propose small apartments that don't disrupt the landscape and can have up to 12 units in them and divide them between low cost and mental health populations. We need lots of these! If they are not designated to that population and instead go to the general population, the rents become financially unsustainable for the mental health population. These units don't make developers rich, they provide necessary housing for people who need it. When I was growing up in Redwood City, Agnews State Hospital housed many mental health patients. That responsibility rests largely on the families and the state and counties to handle now that there are very few state institutions. Without housing, you can't move forward.

Kevin Bond  
A concerned resident of Redwood City

My name is Roxana Ruan. I live in San Carlos and work in Redwood City. My first language is Cantonese.

I know Shiyu Zhang, the Chinese Outreach Worker, through NAMI San Mateo.

I was looking for a psychiatrist for my nephew on my own for 4 months. I went to a few nonprofit organizations and hospitals, and had no luck finding a doctor. NAMI San Mateo suggested me to call Shiyu.

Shiyu did things efficiently. She set up an appointment for my nephew with a county clinician the next day. Shiyu listened to my frustration. She was very patient with me, and found the best solution with me.

I like Shiyu because she is not only bilingual, but she also knows both American and Chinese cultures well. For example, I didn't have to explain in detail about China's one-child policy to her and I could see that she understood my nephew's unfair treatment being the second child in the family. I also have limits to explain this mental health issue. I just spoke a word or phrase and Shiyu understood what I was trying to say, and she helped me interpret properly.

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I really appreciated Shiyu's Chinese Outreach Worker position. She did more than just provide a phone number or a website. I know there are more Chinese residents in San Mateo community that really need the Chinese Outreach Worker to help them find the right direction in their daily need.

I believe San Mateo County residents would be happy to have outreach and education programs for the Chinese community. This is my voice, and I am sure this also the voice of many other Chinese in the community.



From: Melissa Ambrose <Mambrose@juhsd.net>  
Sent: Tuesday, April 25, 2017 10:37 AM  
To: HS\_BHRS\_MHSA  
Subject: Funding for Star Vista Crisis Counselor

Hello ~

I am writing you to express my deep appreciation for the Crisis Clinician position currently funded at Star Vista. I am a Wellness Counselor in Jefferson Union High School District, and I am grateful we can call Star Vista when we have a student who very much needs therapy, but can't get it through insurance or for financial reasons. The clinician comes to school and works with students and their families with the compassion and non-judgment that allows students to heal and grow. Additionally, the Crisis Clinician comes to schools to do staff development about crucial topics like suicide prevention. It is truly an invaluable position and I so hope you continue funding it. Considering the serious lack of services in North County, we really need Star Vista.

Thanks,

Melissa Ambrose, LCSW/PPS  
Wellness Counselor  
Community Service Coordinator  
Oceana High School  
(650) 550-7307

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- \* Suicide Crisis Line: (650) 573-2662/1-800-SUICIDE/(650) 579-0350
- \* Daly City Youth Health Center: (650) 985-7000/dalycityyouth.org
- \* Domestic Violence: (800) 300-1080
- \* Parenting Crisis Line: (888) 220-7575

From: Courtney Coburn <coburnc@cabrillo.k12.ca.us>  
Sent: Tuesday, April 25, 2017 7:14 AM  
To: HS\_BHRS\_MHSA  
Subject: Fwd: if you have a minute to help us

Good morning!

Forgot to send this your way. Please see my message below re StarVista and Narges work :) She is amazing as is StarVista!

StarVista has been a remarkable resource and tool for not only our students, but our school and community. Star Vista has not only been there for our students in crisis through the crisis hotline, they have also served as a community connection for families, have come to campus to check in on the safety of our students and have even lined up short term counseling for students who were not receiving services outside of school. StarVista has been a tremendous resource for us, and we hope to be able to utilize their important resources for years to come! This very much fills a need that we lack along the coast side as mental health resources are so limited.

--

All the best,  
Courtney Coburn, MA/PPS, PCCI #2958  
Half Moon Bay High School  
School Counselor (GB-M)  
Peer Helper Teacher  
Tel: 650-712-7200 ext. 5105  
<http://hmbhs.schoolloop.com/>

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From: Judy Romero <jromero@seq.org>  
Sent: Monday, April 24, 2017 5:13 PM  
To: HS\_BHRS\_MHSA  
Subject: StarVista Crisis Center

Hello, my name is Judy Romero and I am the Director of the Sequoia Teen Resource Center at Sequoia High School in Redwood City. We have had a partnership with StarVista Crisis Center for the past 12 years. The Crisis Center has supported Sequoia High School by providing class presentations on suicide prevention. Recently the Crisis Center presented to all our Physical Education Classes. In the past the Crisis Center has also provided suicide prevention training for school staff. For the past 12 years the Crisis Center has participated in our annual Health Fair providing information to students and teachers. In March 2017 there were 762 students that attended the Health Fair. In addition, we've had Crisis Center counseling interns come to Sequoia High School to provide crisis counseling to students. StarVista Crisis Center has been a great asset to have as a partner.

If you have any questions, please do not hesitate to contact me.

Sincerely,

Judy Romero

--

Judy Romero, MFT  
Sequoia Teen Resource Center Director  
1201 Brewster Ave.  
Redwood City, Ca. 94062  
(650) 367-9780 ext 60065  
jromero@seq.org

From: Margaret Lavin <mlavin@rcsdk8.net>  
Sent: Tuesday, April 25, 2017 1:32 PM  
To: HS\_BHRS\_MHSA  
Subject: StarVista

I am happy to write about the benefits Redwood City School District has received from StarVista. As the Director of Student Services, I have worked directly with clinicians and Narges Zohoury Dillon, the Program Director. The clinicians have worked with our most vulnerable students and families. They have counseled these kids while they spend time at our Opportunity School and follow up with them when they returned to the regular school population. They have always been thoughtful, respectful, professional, and accessible.

I have referred families on a number of occasions to the Crisis Center where they have received expert advice. Many of our 16 schools have taken advantage of StarVista's education programs through whole school presentations and small group interventions.

StarVista has become an invaluable asset to our school district's continued efforts to improve mental health education and family engagement. StarVista programs are an integral part of sustaining and building positive school climates.

If you have any questions or need further elaboration, please don't hesitate to contact me.

Sincerely,

--

Margaret Lavin, M.Ed  
Director of Student Services  
Redwood City School District  
650-423-2277

This is a staff email account managed by Redwood City School District. This email and any files transmitted with it are confidential and intended solely for the use of the individual or entity to whom they are addressed. If you have received this email in error please notify the sender.

From: Lisa Thorsen-Spano <lthorsen-spano@sbpsd.k12.ca.us>  
Sent: Thursday, April 20, 2017 6:45 PM  
To: HS\_BHRS\_MHSA  
Subject: support to fund clinician position at crisis center

To whom it may concern;

I would like to express my enthusiastic support for the funding of a clinician position at the crisis center through Star Vista.

I have been a school counselor in the San Bruno Park School District for over 20 years. We desperately need community agency support to meet the needs of our students. We have been fortunate to have Star Vista clinicians assist us with individual student needs, student counseling, and educational presentations for our staff members.

Thank you for your consideration in this important matter.

Please do not hesitate to contact me if I can be of further assistance.

Sincerely,

Lisa Thorsen-Spano, Ph.D., MFT, PPS  
District Counselor  
San Bruno Park School District  
650-624-3152  
lthorsen-spano@sbpsd.k12.ca.us

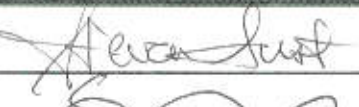
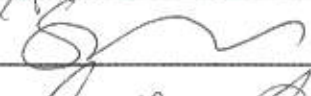
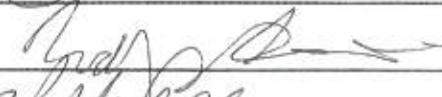

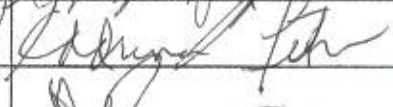





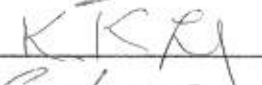
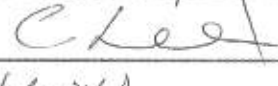
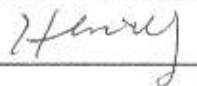

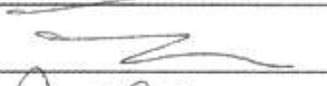



Name(s)	Organization (if applicable)	Title (if applicable)	Email	Signature
Roshelle Osunde Ie	Stanford	suppnet & Ed & Employ Spec	Roshelle@stanford.edu	
MICHAEL STERRETT	COUNTY RESIDENT	SENIOR PEER COUNSELOR	seniorpeercounselor@concast.net	
dena Foley	NAMI SMC	peer mentor	denafoley2@me.com	
Tammy Thompson	VA Palo Alto	Peer Specialist	the.Tammy.thompson@va.gov	
MARK CHRISTIAN	PUBLIC - FAMILY MEMBER	FAMILY MEMBER	ELCUMMANMARK@yahoo.com	
Nubia Barvaza	GIRLS Program Star Vista	Program Coordinator	nubia.barvaza@star-vista.org	
Peter Ehrhorn	GIRLS - Star Vista	Dept. Dir.	peter.ehrhorn@star-vista.org	
John England	NAMI		jengland14@icloud.com	
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Stakeholder Group	Name(s)	Title (if applicable)	Organization (if applicable)	Email	Signature
Provider of MH/SU Svcs	Adriana Furuzawa ✓	Division Director	Felton Institute - PREP	afuruzawa@felton.org	
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Client/Consumer	Alan Cochran ✓		Lived Experience Academy	ak_cochran@yahoo.com	
Public	Betty Savin*	MHSARC Commissioner		bettysavin@yahoo.com	
Other - Domestic Violence	Caitlin Billings ✓	Manager of Family Support Services	Community Overcoming Relationship Abuse - CORA	caitlinb@corasupport.org	
Provider of MH/SU Svcs	Cardum Harmon	Executive Director	Heart & Soul, Inc.	cardumh@heartandsoulinc.org	
Client/Consumer - Older Adult	Carmen Lee	Program Director	Stamp Out Stigma	carmensos@aol.com	
Client/Consumer - SA	Carol Marble*	MHSARC Commissioner		carolmarb@aol.com	
Public	Cherry Leung*	MHSARC Commissioner		cherry.leung@ucsf.edu	
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Family Member	Dorothy Christian* ✓	MHSARC Commissioner		Dchristian28@yahoo.com	
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Family Member	Judith Schutzman* ✓	MHSARC Commissioner		judyschutzman@aol.com	
Family Member	Juliana Fuerbringer ✓		California Clubhouse	julianafuer@gmail.com	
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Client/Consumer - Adults	Michael Lim			mhl-lim@outlook.com	
Client/Consumer - Adults	Michael S. Horgan ✓	Program Coordinator	Heart & Soul, Inc.	michaelhorgan@me.com	

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Other - Aging and Adult Services	Michelle Makino <del>X</del>	Program Services Manager	SMC Health System, Aging & Adult Services	mmakino@smcgov.org	
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Client/Consumer - Adults	Patrick Field			pfield3311@gmail.com	
Client/Consumer	Patrisha Ragins*	MHSARC Commissioner		patrisharagins@yahoo.com	
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Present  
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Kava Tulua ✓

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*[Handwritten signature]*