



 **Mental Health Services Act (MHSA)**  
Three-Year Planning

MHSA Steering Committee  
March 3, 2019 / 4pm – 5:30pm

[www.smchealth.org/mhsa](http://www.smchealth.org/mhsa)

  SAN MATEO COUNTY HEALTH  
**BEHAVIORAL HEALTH  
& RECOVERY SERVICES**

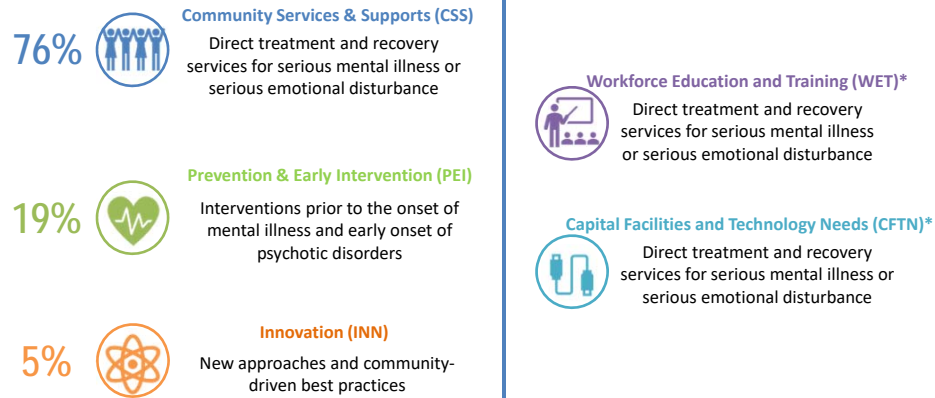
# Agenda

1. Welcome
2. MHSA Background
  - o Steering Committee
  - o Community Program Planning
3. Needs Assessment – Preliminary Results
4. Strategy Development Launch – Breakout Activity
5. Adjourn



## MHSA – Prop 63 (2004)

1% tax on personal income over \$1 M  
\$29.7M annual 5-year average for San Mateo County through FY 18-19



\*Up to 20% of the average 5-year CSS revenue can be allocated annually to WET, CFTN and prudent reserve.

## MHSA Steering Committee

- **Makes recommendations during planning and implementation, prioritizes services**
- **Meets 2x/yr + add'l meeting during three-year planning**
- **All commissioners + application process for broader diverse participation**
  - At least 50% represent clients/families
  - At least 50% marginalized cultural/ethnic groups
  - Maximum 2 member from any one agency + stakeholder seats
- ⇒ **Proposing a restructure – more to come!**
  - Quarterly meetings to meet the increased demands on MHSA
  - Smaller group of MHSA “experts” to promote meaningful engagement
  - 1-2 Commissioner liaison(s) to allow for more focused participation
  - Focused, time-limited strategy groups to maximize special interests and subject matter expertise

## What's in a Three-Year Plan

- Current program descriptions and outcomes
- Priorities for future funding (if increased revenues)
  - Program expansions and/or improvements
  - Addressing gaps in services
- Expenditure projections



## Community Program Planning (CPP)

## Need Assessment Phase

- Reviewed 15 local plans, assessments, reports

⇒ **Survey to help prioritize**

- 1,600+ MHSA subscribers and email networks
- Blog, Social Media, Nextdoor postings
- Flyers at libraries, clinics
- BHRS employees
- Collaboratives, groups, meetings
- Social Media
- Community colleges
- City communication officers



- **Strategy Development Phase launches today!**

## Preliminary Survey Results

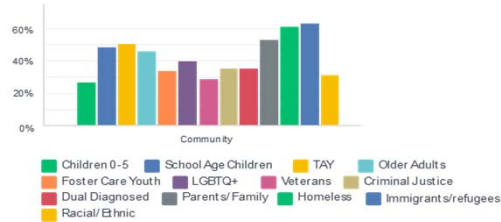
- **Survey closes on March 20<sup>th</sup>**
- **176 responses to-date**
  - 80 BHRS employees
  - 96 broader community
    - 46% identify as client/family member
    - 40% identify as providers (behavioral/social services)
    - 58% white / 74% ages 26-59, 20% 60+
- **Top priorities to-date across all age groups**
  1. Homelessness/Housing
  2. Mental Health Crisis Supports
  3. Suicide/Suicide Ideation
  4. Trauma

\*BHRS employees - Co-occurring and Complex Cases

## Preliminary Survey Results

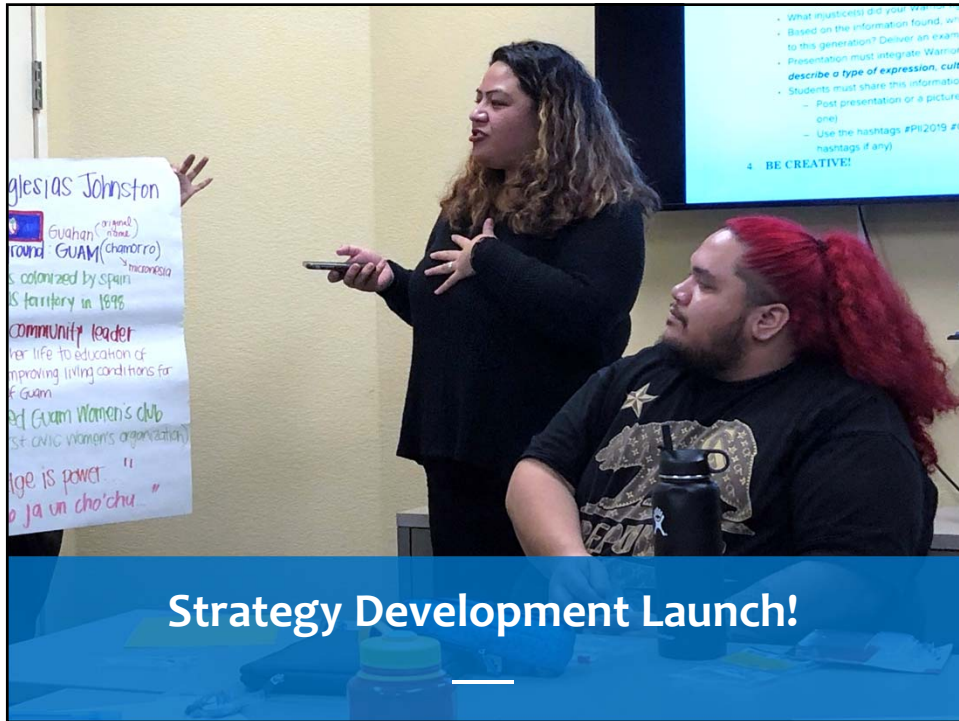
- **Priority populations**

- Immigrants, Homeless, Parents/Families
- School Age Children, Transition-Age Youth, Older Adults



- **Barriers to accessing services**

- Healthcare Coverage, Stigma, Social Determinants, Immigration Status, Lack of Information
- BHRS employees - Transportation



## Strategy Development Launch!

## Breakout Activity

1. **Breakout into groups based on top needs (select one)**
  - Homelessness/Housing
  - Mental Health Crisis Supports
  - Suicide/Suicide Ideation
  - Trauma
2. **Brainstorm the following questions:**
  - Are there any program/service that are working well to address the need identified and would benefit from either expansion or enhancements?
  - Is there a new service or program that you would like to see considered to address the need identified?
3. **Prioritize strategies**

## Thank you!



For more information: [www.smchealth.org/MHSA](http://www.smchealth.org/MHSA)  
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