

Mental Health Services Act (MHSA)



Housing Initiative - May 5, 2021

Welcome, before we begin...

- Meeting is being recorded
- Stipends for clients and family members participating
 - Chat your email with the word "stipend"





Agenda

- Introductions, Ground Rules & Overview
- 2. Outcome Prioritization Results
- 3. Best Practices and Funding Recommendations
- 4. Next Steps



1. Introductions, Ground Rules & Overview



Participation Guidelines

- Please enter your questions in the chat box as we go
- "Q&A" slides incorporated into the presentation
 - "Raise Hand" button host will call on you and you can then unmute yourself
- Ground Rules
 - 1. Share the airtime; allow every voice to be heard (step up/step back)
 - 2. Practice both/and thinking; consider all ideas along with your personal advocacy
 - 3. Be brief and meaningful when voicing your opinion
 - 4. Success depends on participation (share ideas, ask questions)
 - 5. Share your unique perspective and experience
- Decision points majority vote
- A recommendation will be made for public hearing, 30-day public comment and final approval by the Board of Supervisors



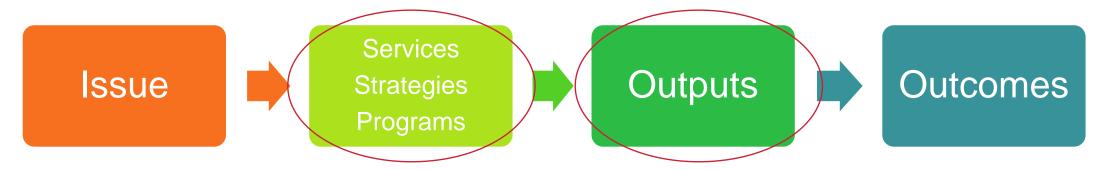
Meeting Objectives

- Meeting #1 (March 3rd):
 - Review background information and opportunity for additional Q&A
 - Present additional layers to the Housing Continuum to include:
 - Programs and numbers served
 - Eligibility and State requirements were applicable
- Meeting #2 (April 7th):
 - Present set of outcomes and data to support/inform decisions
 - Brainstorm additional outcomes as necessary
 - Prioritize across all outcomes to focus strategic direction
- Meeting #3 (May 5th):
 - Present set of best practice solutions
 - Brainstorm additional solutions as necessary
 - Prioritize across all strategies to recommend



High-Level Review

- 1. Framework for Prioritizing
 - ✓ We prioritized a broad <u>issue</u> "Homelessness and Housing Stability" and identified many needs based on an ideal Housing Continuum
 - ✓ We prioritized broad-based <u>outcomes</u>
 - ✓ Next we will hone in on best practice strategies and measurable outputs



- 3. Taskforce Meeting #2 Q&A
- 4. Guiding Principles (next slide) from optional meeting

Guiding Principles

- Client-focused, client and family-driven
- Collaborative and coordinated across systems in funding, planning and service delivery
- Co-occurring substance use and mental health capable
- Culturally responsive and welcoming
- Peer integrated
- Trauma-informed



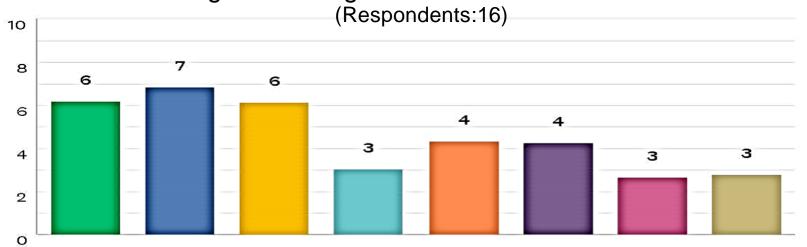


2. Outcome Prioritization Results



Survey Results

Ranking of housing-related outcome statements



Clients have simplified easy to access (e.g. no wrong door, single-point of entry) supports for finding and securing appropriate housing.

Clients have sufficient safe, adequate and affordable housing that meets their evolving level of need.

Clients have the adequate, ongoing, long-term supports and resources via to help them maintain their housing through all etc. phases of

recovery,

including

relapse.

Clients meaningfully engage and are connected with the community occupational, volunteer and/or educational opportunities

Clients Clients receive receive quality, quality, integrated integrated supports supports and and services; services: both both clients clients and and families families report report satisfactio satisfaction n with with housing housing and the and the services services

provided.

provided.

crisis and need for emergency services is decreased.

Community Community is welcoming and supportive of safe and stable homes for clients.

3. Best Practices and Funding Recommendations



Best Practices

- Evidence-based Practices
 - Consistently proven effective through rigorous research, replicated across several cases and can be adapted in other contexts.
- Best Practices
 - Effective and efficient methods that are mutually agreed upon as a standard way of operating. Highly regarded for results. Not necessarily subject to rigorous research
- Promising/Emerging Practices
 - Hold promise based on some evidence of effectiveness, not researchbased because it is new and not sufficient evidence.



Outcome #1:Clients have simplified, easy to access (e.g. no wrong door, single-point of entry) supports for finding and securing appropriate housing.

- Best Practices
 - Community Partnering
 - Case manager and peer staff to assist SMI when accessing community services
 - Ongoing support and education to community service partners to increase SMI utilization
 - Consumer knowledge about housing resources
 - Housing navigators and locator services



Outcome #1: Funding Recommendation

- One Time Funding
 - Fund the development of an online BHRS Housing Portal
- Ongoing Funding
 - Fund housing locator and peer navigator services
 - Fund Mental Health Worker for Homeless Outreach Team
 - Fund mental health support and education for community agencies that provide homeless or housing oriented service to BHRS population





- What other best or emerging practices would improve access?
- Do the funding recommendations resonate?

Outcome #2: Clients have sufficient, safe, adequate and affordable housing that meets their evolving level of need

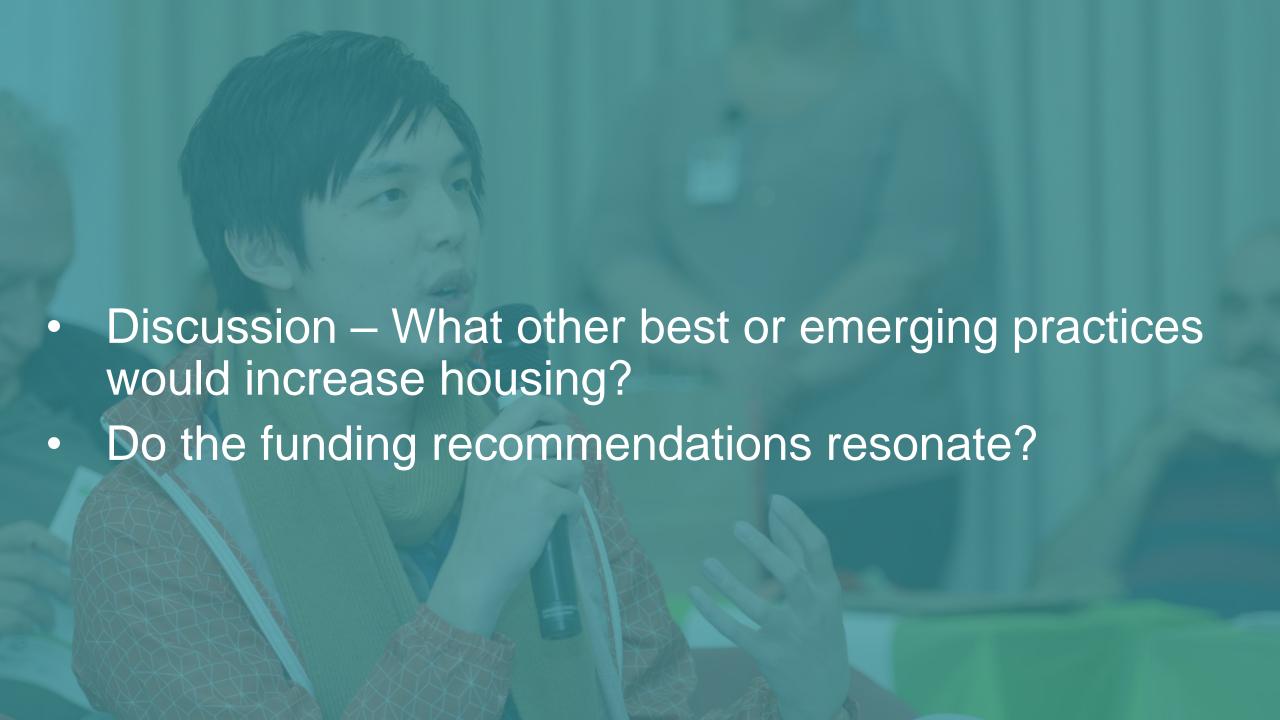
- Best Practices
 - Permanent Supportive Housing
 - Collaborative investment in developing affordable supportive housing
 - Range of supportive and supported housing



Outcome #2: Funding Recommendations

- One-time Funding
 - Fund development of Supportive Housing Units through DoH
 - Fund Transitional Housing and supports for SMI population
 - Special populations: TAY, SMI women with children, criminal justice involved
 - Coordinate with County efforts to increase transitional housing for homeless population
 - Fund match for state funds to increase number of board and care beds
 - Dependent on how state structures release of funds
- Ongoing Funding
 - Fund supportive services for new units developed
 - Fund incentives and supports for existing Board and Care





Outcome #3: Clients have the adequate, ongoing, long-term supports and resources to help them maintain their housing through all phases of recovery, including relapse.

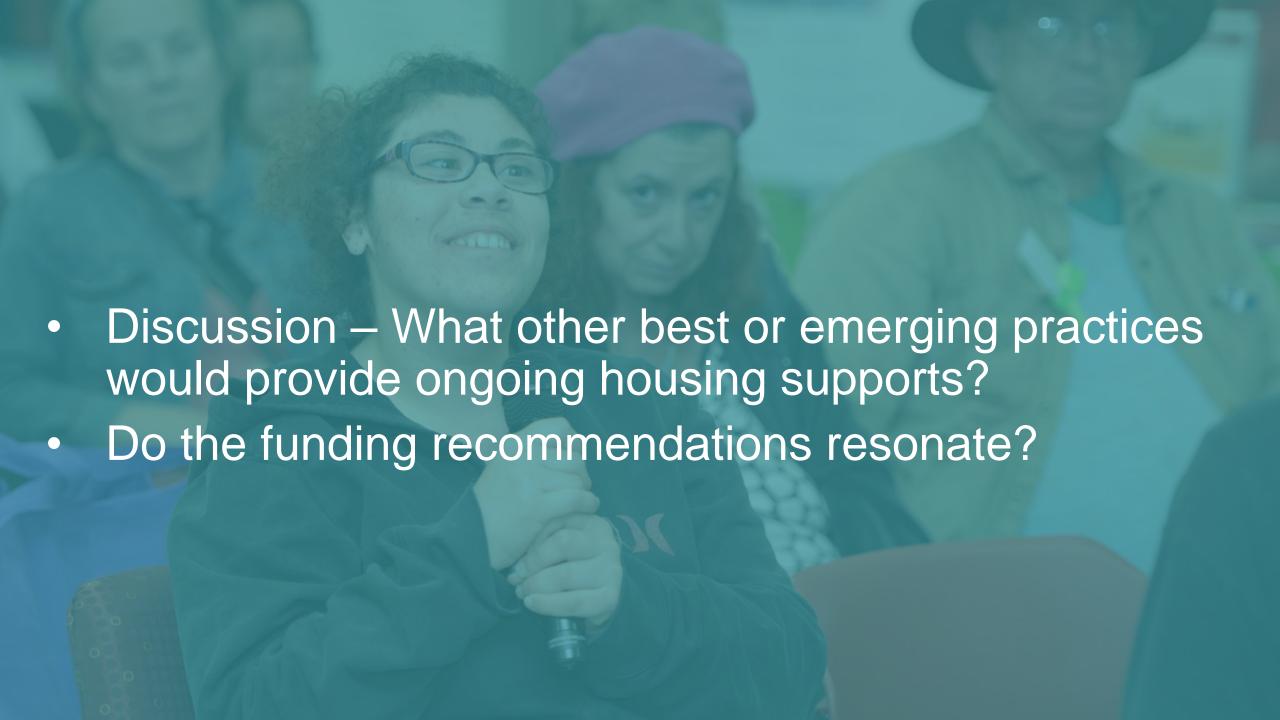
- Best Practice:
 - Collaborative, Integrated Outreach, Case Management and Treatment Teams with Housing Supports focus



Outcome #3: Funding Recommendations

- Ongoing funding
 - Increase FSP Housing funds
 - Increase BHRS flex funds for housing related expenses
 - Fund housing support services for independent living
 - Fund outreach and field service teams to include ongoing and long term supports focused on housing retention
 - Increase FSP slots





Best Practices References

- Outcome #1
 - Current Psychiatry Reports (March 29, 2019)
 - Community Interventions to Promote Mental Health and Social Equity Community Partners in Care
 - Housing Navigator Toolkit
 - Housing Counseling
 - www.resource.hud.org
 - www.hudexchange.info/resources/housingsearchtool/
- Outcome #2
 - SAMSHA Permanent Supportive Housing Evidence-Based Practices Toolkit
 - Corporation for Supportive Housing (CSH)
- Outcome #3
 - SAMHSA National Registry of Evidence Based Practice
 - National Alliance on Mental Illness (NAMI)
 - National Council for Behavioral Health

4. Next Steps



Prioritizing Recommendations

- Email with updated recommendations, measurable output and estimated costs for input
- Host one more optional meeting on Thursday, May 20th at 10am to review the final recommendations
- Online survey to rank the recommendations



Recommendations & Public Comment

- The recommendations will be submitted with the MHSA Annual Update, draft will be posted by May 28th.
- 30-Day Public Comment @ the MHSARC Meetings:
 - June 2nd: Vote to open 30-day public comment period
 - July 7th: Public Hearing and Vote to close public comment and to recommend the Annual Update for approval by the BoS
- Public Comments may provided verbally at the meeting or in writing to: mhsa@smcgov.org

THANK YOU!

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www.smchealth.org/MHSA

Meeting Feedback:

www.surveymonkey.com/r/HousingTaskforce





