

SAN MATEO COUNTY
BEHAVIORAL HEALTH SERVICES &
KINGDOM LOVE, LLC PRESENTS

MENTAL HEALTH FIRST AID

OLDER ADULTS

Older adults have high rates of late-onset mental health challenges, like anxiety and depression, and low rates of identification and treatment.

1 UNIQUE IMPACTS ON OLDER ADULTS

2 RISK AND PROTECTIVE FACTORS SPECIFIC TO OLDER ADULTS

3 APPLY ALGEE TO REFLECT THE UNIQUE NEEDS OF OLDER ADULTS



2-DAY IN PERSON

 Saturday July 12 & July 19

 10:30am - 3:30pm

 S. San Francisco Public Library

 Must attend both dates



REGISTRATION

bit.ly/AMHFA-IP

If you or someone you know is in emotional distress or considering suicide, please call: 650-579-0350 or text/call: 988



Mental Health
FIRST AID

from NATIONAL COUNCIL FOR
MENTAL WELLBEING



SAN MATEO COUNTY HEALTH
BEHAVIORAL HEALTH
& RECOVERY SERVICES

KINGDOM LOVE, LLC