## Virtual Caregiving Workshops for San Mateo County IHSS Providers! ¡Talleres Virtuales Para Proveedores de IHSS del Condado de San Mateo! January/February 2021 Enero/Febrero 2021







**Get App-y Workshop** (English): Explore how to use online apps to stream/download music, wellness tools. Learn about COVID-19 community resources to support your well-being during these challenging times. Zoom coaching available! Topic changes monthly.

Get App-y-Workshops offered monthly by Peninsula Family Service, San Mateo.

When: Tuesday, 1/19/21 from 12:00 pm - 1:00 pm

## **REGISTER HERE**

https://smcgov.zoom.us/webinar/register/ WN\_XWtlqHQSSRSJnU9BhnYYLw

COVID-19, Infection Control & Caregiver Safety (English)

When: Saturday, 1/30/21 from 10:00 am - 12:00 pm

## **REGISTER HERE**

https://smcgov.zoom.us/webinar/register/ WN\_1kndr1iRQlOtD9Aag8lUKA

COVID-19, Control de Infecciones & Seguridad Para Cuidadores (Español)

Cuando: Sábado, 2/6/21 de 10:00 am - 12:00 pm

## **REGISTRARSE AQUÍ**

https://smcgov.zoom.us/webinar/register/ WN yXLP79yVS3eOI3YWzX39aA

For more information: call Stacy Goldsby at (650) 241-5874 or sgoldsby@smcgov.org

https://www.smchealth.org/ihssproviderworkshops

Para más información: llame a Stacy Goldsby al (650) 241-5874 or sgoldsby@smcgov.org <a href="https://www.smchealth.org/ihssproviderworkshops">https://www.smchealth.org/ihssproviderworkshops</a>

