

### MHSA INN ~ Stakeholder Idea Submission Info Session: June 2, 2022



SAN MATEO COUNTY HEALTH BEHAVIORAL HEALTH & RECOVERY SERVICES

# Agenda

- MHSA Innovation (INN) Background
- INN Community Involvement
- Examples of INN Projects in San Mateo County
- Overview of Submission Process & Important Dates
- Questions & Answers

## MHSA Innovation (INN) Background



#### Mental Health Services Act - Prop 63 (2004) 1% tax on personal income above \$1 million



Direct treatment and recovery services for serious mental illness and serious emotional disturbance

#### Prevention & Early Intervention (PEI)

Interventions prior to the onset of mental health disorders and early onset of psychotic disorders

#### Innovation (INN)

New approaches and community-driven best practices

## MHSA Core Values

- Community collaboration
- Cultural competence
- Consumer and family-driven services
- Focus on wellness, recovery, resiliency
- Integrated service experiences for clients and families



## MHSA Innovation (INN)

- 5% of MHSA funding allocated to innovative ideas
  - For San Mateo County, this means about \$2.15M per year for new projects
- 3 to 5-year pilot projects to develop new best practices
- INN Projects must be approved by the State before implementation



# INN Project Requirements

INN projects must **either**:

 Make a change to an existing behavioral health practice to improve the quality of the services or reach a different population

or

1. Introduce a new approach in the behavioral health field



# Possible INN Project Types

INN projects can address **any aspect of providing behavioral health care services, including**:

- Prevention
- Early intervention
- Treatment
- Recovery programs and services

INN projects can also address **processes and systems**:

- Administrative processes
- Community development
- System development
- Training and professional development
- Improving data systems
- Ways of delivering care

## **INN Estimated Timeline**

- July 15, 2022: Deadline for idea submissions
- August 2022: INN Workgroup selects ideas to move forward
  - Around 3-5 projects will move forward
- December 2022: BHRS submits selected projects to the state for approval
- January-June 2023: BHRS secures service providers
  - Request for proposal (RFP) process for projects that will be contracted out to partner agencies
- July 2023: Approved projects start delivering services
  - If projects are shown to be effective at the end of the cycle, some may get funding from another MHSA component; some may have other funding sources, or a mix of MHSA and other funding sources



### INN Community Involvement



### MHSA Prioritizes Community Involvement

- California State law requires in-depth stakeholder participation in MHSA planning
  - Three-year community planning process to identify community needs and priorities for MHSA programs
  - Community process for INN ideas
  - Public review and comment on the selected ideas
- Anyone who lives, works, plays, or goes to school in San Mateo County is invited to submit an INN idea!



# INN Planning Cycle

#### 4. Evaluation

- Evaluation explores the project's learning goals
- If successful, project may be funded under another MHSA component
  - T

- 1. Planning
  - Community submits ideas for projects
  - Ideas are selected to submit to the State

We are here

#### 3. Implementation

- BHRS contracts with providers
- Providers implement projects

#### 2. Approval

• State decides whether to approve ideas



San Mateo County INN Project Examples Here are two examples of INN projects that have been implemented in San Mateo County



<u>Neurosequential Model of</u> <u>Therapeutics (NMT)</u>

- *Innovation*: Makes a change to an existing mental health practice
- Project description: San Mateo County already offered alternative therapies via the NMT model for children in its mental health system. An INN project was approved to test the effectiveness of NMT with adults.



# Social Enterprise Cafe

- *Innovation*: Introduces a new approach in the behavioral health field
- Project description: A Social Enterprise Cafe for Filipino/a/x Youth was designed to improve mental health and quality of life outcomes for Filipino/a/x youth, increase access to behavioral health care services, and determine if a social enterprise model can financially sustain an integrated approach for behavioral health and youth development programming. Social enterprises have been found to be effective in public health settings, but not in behavioral health.



## Submission Process

Friday, July 15: Deadline for stakeholder submissions



## Submission Details

See the submission packet - available in English, Spanish, and Chinese

- BHRS is seeking INN project ideas that align with the MHSA core values and at least one strategic initiative from the San Mateo County MHSA Three-Year Plan
- Those interested in submitting an idea will complete a submission form and email or mail it to BHRS
- There are **scoring criteria** that BHRS and the MHSA INN Workgroup will use to score the submissions



# Support Available

- Online research info session
- Technical assistance sessions
  - Come with questions about your submission
  - Review your completed submission form
  - Help with online research
  - One-on-one support with the submission form questions
- Language interpretation services



### Important Dates

#### **KEY DATES**

SUBMISSION TRAINING SESSION	Wednesday, June 8 3:00-4:00pm
SUBMISSION SUPPORT SESSIONS	Friday, June 24 11:00am-1:00pm Wednesday, June 29 8:00-10:00am Tuesday, July 12 4:00-6:00pm
SUBMISSION DEADLINE	Friday, July 15 11:59pm



## For More Information

For more information, to register for sessions, or request interpretation:

Visit the MHSA Website: <u>www.smchealth.org/mhsa</u>

#### Call the MHSA voicemail: 650-241-8008

#### Email: MHSA@smcgov.org



#### FOR PROVIDERS

Health Care Providers >

Behavioral Health Staff ~ Administration ~

Office of Consumer & Family

Affairs

Office of Diversity & Equity

Mental Health & Substance

Abuse Recovery Commission

BHRS Contacts

RFPs

#### San Mateo County MHSA (Prop 63)

Compliance Program

Contract Providers >

Documentation, Forms & Policies >

Initiatives >

BHRS Quality Management

Referral & Consultation

Resources

#### **MENTAL HEALTH SERVICES ACT (PROP 63)**

#### Sign up to receive e-mail updates for this page

The Mental Health Services Act (MHSA), Proposition 63 in 2004, provides increased funding, personnel and other resources to support County behavioral health programs and monitor progress toward statewide goals for children, transition-age youth, adults, older adults and families.



MHSA addresses a broad continuum of prevention, early intervention and direct service needs and the necessary infrastructure, technology and training elements that will effectively support this system.

We are thrilled to have you as a visitor, and hope you will want to become involved in MHSA planning!

#### > Latest News – MHSA Innovation!

Click to view INN idea submission resource

> Other Announcements

> About MHSA

### Questions?





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