



Free Caregiving Workshop for San Mateo County IHSS Providers!

Grief and Loss

Grief is a form of love. This workshop will explore the natural and normal human experience of grief and helpful coping tools we can use to manage this difficult experience.

When: Friday, July 19, 2019

Time: 10:00am—12:00pm

Presented by Mission Hospice & Homecare of San Mateo

Location

San Mateo County Health Building
225 37th Ave, San Mateo, Room 100

To Register Call Stacy Goldsby (650) 578-7146

For more information visit our website:

smchealth.org/paworkshops

Para asistencia en Español llame a Stacy Goldsby al (650) 578-7146

中文翻译吗？ Call Kelly Chan at (650) 573-2047