

FREE!

2021

SEPTEMBER SUICIDE PREVENTION MONTH

#BeTheOneSMC  #Reconnect



For full list of events & registration, visit smchealth.org/suicide-prevention-month

	Mental Health Substance Abuse Recovery Commission 3:30pm		Board of Supervisor Proclamation 9am
	 <div>Music & Poetry for World Suicide Prevention Day 6pm</div>		
	TAG You're It: Reconnect, Reenter, Rebuild All Week		Youth Panel on Intersectionality 10:30am
	Building a Resilient Community w/ Our Youth 3:30pm		Be Sensitive Be Brave Suicide Prevention Workshop - Youth 4pm
	Connecting with Community for Youth 2pm		Be Sensitive, Be Brave: Suicide Prevention Workshop - Adults 4pm

Advocacy Events

Events hosted by partners

If you or someone you know is having thoughts of suicide, contact one of these 24/7 hotlines:

National Suicide Prevention Lifeline: 1-800-273-8255

StarVista Crisis Hotline: 650-579-0350

Crisis Text Line: Text "Home" to 741-741