San Mateo County Emergency Medical Services

Alcohol Intoxication

For alcohol intoxication if it is the primary problem. Use of secondary primary impression if the patient has another acute emergency.

**History**
- Known or suspected alcohol use

**Signs and Symptoms**
- Restlessness or confusion
- Weakness or dizziness
- Flushed skin
- Odor of alcohol on breath

**Differential**
- Shock (hypovolemic, cardiogenic, septic, neurogenic or anaphylaxis)
- Cardiac dysrhythmias
- Medication effect or overdose
- Head trauma
- Hypoglycemia
- Stroke
- Seizure/post-ictal

**Pearls**
- Use caution when considering administration of opioids for pain control.

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**Flowchart**
- **E** Assess airway
- **O** Blood glucose analysis
- **P** Consider, cardiac monitor
- **P** Consider, IV procedure
- **P** For nausea/vomiting consider, Ondansetron
- If systolic BP < 90
- Normal Saline bolus 500ml IV/IO Maximum 2L
- **E** Trauma
- **E** Seizure - Active
- **E** Stroke/CVA/TIA
- **E** Overdose/Poisoning
- Notify receiving facility. Consider Base Hospital for medical direction

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**Figure**
- Adult Toxic Exposure Treatment Protocols

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**SAN MATEO COUNTY HEALTH EMERGENCY MEDICAL SERVICES**

Treatment Protocol X02

Effective October 2019