**History**
- Type and time of injury
- Duration of exposure
- Exposure to chemical, biological, radiologic, or nuclear hazard
- Potential exposure to unknown substance or hazard
- Farmer or farm worker/harvester with exposure to pesticide
- Radiation exposure

**Signs and Symptoms**
- S.L.U.D.G.E.M.
  - Altered mental status
  - Pupils
  - Seizure activity
  - Respiratory distress/arrest
  - Cardiac arrhythmias/dysrhythmias
  - Abnormal skin signs

**Differential**
- Nerve agent exposure (e.g., VX, Sarin, Soman, etc.)
- Organophosphate exposure (e.g., pesticide)
- Vesicant exposure (e.g., Mustard gas, etc.)
- Respiratory irritant exposure (e.g., hydrogen sulfide, ammonia, chlorine, etc.)

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**Type of exposure**

- **Radiation**
  - Remove clothing, if appropriate
  - Apply Oxygen to maintain goal \( \text{SpO}_2 \geq 92\% \)
  - Cardiac monitor
  - Establish IV/IO
  - For nausea/vomiting consider, Ondansetron
  - For pain consider, Fentanyl

- **Nerve agents**
  - Nerve agent kit IM
    - Up to 3 doses rapidly, if needed
    - Secure airway and support respiratory rate
    - Cardiac monitor
    - Atropine 2mg IV/IO/IM
      - Repeat every 3-5 minutes until symptoms resolve
    - If patient is seizing upon EMS arrival, give Midazolam; do not wait to obtain IV or IO access
      - May repeat every 3 to 5 minutes for continued seizure activity
    - If ChemPak is activated, may substitute Valium for Midazolam
      - May repeat every 3-5 minutes for continued seizure activity

- **Chemical burns**
  - For burning involving powders, safely brush off powder. Flush with copious water after all powder is removed.
  - For burns involving acids, thoroughly flush affected area(s) with water to remove acid.
  - For hydrofluoric acid exposure
    - Calcium Chloride for dysrhythmias or cardiac arrest

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**Notify receiving facility.**
Consider Base Hospital for medical direction.

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**Secure area**
Scene safety
PPE

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**If needed request Hazmat (650) 363-4981**

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**Adult Toxic Exposure Treatment Protocols**

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**SAN MATEO COUNTY HEALTH EMERGENCY MEDICAL SERVICES**

**Treatment Protocol X01**
Effective April 2024
Radiation is energy transmitted in waves or particles that are colorless, odorless, invisible. We are exposed to small doses everyday, which have little effect on the body. In very large doses, however, the effect on the body can be deadly. EMS providers should patients and themselves away from the source as quickly as possible to minimize exposure an time of exposure. Supportive care is the mainstay of therapy. For patients who are exposed to radiation, it is crucial that their clothes are moved and they are decontaminated prior to EMS contact, treatment, and transport. All belongings should be left on scene.

External radiation exposure may result from a radiologic dispersant device, radiologic material release, or radiological explosive device. Limit time with suspected source. Once patients are decontaminated, patients pose minimal to no risk to EMS providers.

Internal radiation may result from exposure through an open wound, injection, or inhalation of radioactive materials. These types of exposures are common in both patient diagnostic and treatment care. Internal radiation poses minimal to no risk to EMS providers.

**Pearls**

- For gaseous exposures, refer to appropriate respiratory protocols.
- Follow HAzman protocols for decontamination. Do not come into contact with or transport any contaminated patient.
- Salivation; Lacrimation; Urination (increased or loss of control); Defecation or diarrhea; GI upset (abdominal pain/cramping); Emesis; Muscle twitching.
- If triage/MCI issues exhaust supply of Nerve Agent Kits, of if they are not available, use Atropine as indicated.
- Each Nerve Agent Kit contains Pralidoxime and Atropine (Duodote).
- For patients with acute symptoms, there is no limit for Atropine dosing.
- Insecticides: Increased or decreased heart rate, increased secretions, nausea, vomiting, diarrhea, and pinpoint pupils. Consider restraints if necessary for patient’s or personnel’s protection per Restraint Procedure.
- Carefully evaluate patients to ensure they have not been exposed to another type of agent (e.g., narcotics, vesicants, etc.)
- The main symptom that Atropine addresses is excessive secretions, Atropine should be given until respiratory symptoms improves.