
SAN MATEO COUNTY HEALTH SYSTEM

Women's Services Network for Substance Use Disorder Treatment and Recovery Services

The Women's Services Network (WSN) of San Mateo County was established in July 2009, with the common goal of providing holistic substance abuse treatment and recovery services to women in our community. The Network recognizes the need for women to have client centered, gender responsive, trauma informed services; necessary to support a woman's wellness and recovery.

The WSN services, through our valued partnerships, are relational, strength-based and culturally competent, and include healing of the family unit. Further, the WSN continues to improve the overall quality of treatment through the dissemination of evidence-based treatment practices, trainings, and partnerships.

Services are available in English, Spanish, Tagalog and Mandarin/Cantonese. Priority Admission is given to pregnant and parenting woman.



Here to help

Treatment Providers

A - Z

Free At Last

www.freeatlast.org

1796 Bay Road
East Palo Alto, CA 94303

Ph. (650) 462-6999
Fax (650) 462-1055

Admission/Intake Process

Admission is open to clients ages 18 and above. Clients must be clean and sober of any drug and/or alcohol for a minimum of 72 hours prior to admission.

Transitional Housing

Once in the appropriate phase, we will assist individuals in job search and housing.

Capacity to serve children and ages

Maximum of 4 children 6yrs or under

Availability of Childcare

Our program has a Cooperative childcare system.

Hope House

Service League of San Mateo County

www.serviceleague.org

3789 Hoover Street
Redwood City, CA 94063

Ph. (650) 363-8735
Fax (650) 363-8701

Email:

hopehouse@serviceleague.org

Admission/Intake Process

Contact our Intake Coordinator for residential and transitional program intakes.

Transitional Housing

To qualify, women must be at least 3 months clean and sober and willing to either work, volunteer, or attend a vocational program. We have access to programs that help reduce rent costs and also save money.

Capacity to serve children

Infants at intake up to three months old.

Availability of Childcare:

Our mothers care for their own children with guidance and assistance from the Hope House staff.

Latino Commission

www.thelatinocommission.org

301 Grand Avenue, Suite 301
SOUTH SAN FRANCISCO, CA 94080

Ph. (650) 244-1444
Fax (650) 244-1447

Residential Intakes:
(650) 244-0305

Admission/Intake Process

Initial screen in person (including walk-ins) to assess bio-psychosocial status and needs, appropriateness and safety, comprehensive intake done at

programs.

Housing

Gender specific residential programs and co-ed transitional housing is available.

Capacity to Serve Children and Ages

0- 5yrs.

Availability of Childcare

Childcare provided for women to participate in program activities and preschool services provided by community partners.

Admission/Intake Process

Initial screen in person (including walk-ins) to assess bio-psychosocial status and needs, appropriateness and safety, comprehensive intake done at programs.

Prenatal to Three Initiative

Description of Services offered

The **Perinatal Addiction Outreach Team** is a home visiting team of social workers and community workers providing a comprehensive range of case management services, education on child development, parenting, and chemical dependency, developmental screenings, advocacy and supportive counseling to pregnant and/or parenting women with children zero to five within San Mateo County identified to be actively using substances or at high risk of relapse .

Pregnant or parenting women are given preference in admission to services and are seen within 48 hours of their request to reduce

health risks to her and her unborn child or child(ren). Any pregnant or parenting woman who seeks or is referred for and would benefit from services are given preference in admissions to treatment facilities.

Priority admission for all women in perinatal funded services must be given in the following order:

1. Pregnant injection drug users;
2. Pregnant substance users;
3. Parenting injection drug users; and
4. Parenting substance users.

Sitike Counseling Center

www.sitike.org

306 Spruce Avenue
South San Francisco, CA 94080

Ph. (650) 589-9305
Fax (650) 589-9330

Admission/Intake Process

Call for appointment. Intake and assessment is approximately 1.5 hours in length. No fee is required at the time of intake. Medi-Cal is accepted.

Internal Ancillary Services Provided

Transportation to and from the site is provided within the North County area. Lunch is provided.

Childcare

On-site therapeutic childcare provided for children of mothers enrolled in the program. Accept newborns to 5 years of age.

Hours

10-2 Monday-Thursday and 10-1 Fridays.

StarVista – Women's Enrichment Center (WEC)

www.star-vista.org

335 Quarry Road
San Carlos, CA 94070

Ph. (650) 591-3636
Fax (650) 591-3600

Admission / Intake Process

Potential clients or referring professionals please call Monday through Friday 9:00am – 5:00pm on (650) 591-3636 for a telephone intake. Clients can often begin attending immediately. Our target population is women with children, or who are homeless or

Capacity to serve children

Unable to serve children

Availability of Childcare

Referrals are made for childcare. on probation or parole.

Women's Recovery Association (WRA) *A program of HealthRight 360*

www.healthright360.org

Locations: *San Mateo*

(Main Office)
2015 Pioneer Ct. Suite B
San Mateo, CA 94403

Ph: (650) 273-4790
Fax: (650) 638-1602

Admission/Intake Process

Intake available through phone 650 273 4790 and website/e-mail (www.healthright360.org). Open drop-in orientation and assessments are available twice a week (Tuesday and Thursday at

3:30 pm.)

Services Include

Residential treatment for women including women with children under 5 that stay together during residential, pregnant and post-partum women

Intensive Outpatient and Outpatient treatment .WRA also provides a Sober Living Environment.

Family Program Service include

Couples and family counseling and a parenting support and education group.

Additional Resources

BHRS Call Center/Access Team.....
800-686-0101

AOD Helpline.....
650-579-0356

Suicide Helpline.....
650-579-0350

Information & Referral Search.....
211