



AMERICAN HEART ASSOCIATION/AMERICAN STROKE ASSOCIATION

2018 WESTERN REGION CARDIOVASCULAR & STROKE SUMMIT

MONDAY, APRIL 9, 2018 - THURSDAY, APRIL 12, 2018

DAY 1-2: STROKE & RESUSCITATION | DAY 3-4: CARDIOVASCULAR

HILTON SAN DIEGO BAYFRONT

1 PARK BOULEVARD, SAN DIEGO, CA 92101

25 CONTINUING EDUCATION UNITS AVAILABLE FOR PHYSICIANS, NURSES, PHARMACISTS &
EMS PROFESSIONALS WHO WORK WITH CARDIOVASCULAR DISEASE & STROKE PATIENTS

\$400 FOR 4-DAY EARLY BIRD | \$450 FOR 4-DAY REGULAR

\$250 FOR 2-DAY EARLY BIRD | \$300 FOR 2-DAY REGULAR

*Early Bird pricing valid through February 9, 2018 or until the event reaches capacity

REGISTRATION: WWW.HEART.ORG/WSAQSIEVENTS

PROGRAM PURPOSE

The Summit is a four-day event that will include educational opportunities in the areas of Acute Coronary Syndrome, Atrial Fibrillation, Heart Failure, Resuscitation and Stroke. This educational program will provide healthcare professionals with information on the latest scientific updates and guidelines, technology, and thought-provoking topics to improve patient care related to cardiovascular and stroke issues. The long-term effect of the workshop will be to help promote improvement in the quality of care, improve outcomes, and quality of life for all patients.

LEARNING OBJECTIVES

Attendees will be able to:

- List 2 examples of how the cardiac or stroke patient population will benefit from the healthcare provider's adherence to the American Heart Association/American Stroke Association guidelines
- Describe 2 approaches to managing patients with impending cardiogenic shock
- Identify 2 therapies used to reduce stroke risk in patients with atrial fibrillation
- Describe 2 strategies for early identification and treatment of patients presenting with Acute Coronary Syndrome
- Describe 2 hospital and/or community-based systems of care initiatives to impact care in cardiovascular and stroke patients
- Identify key materials and requirements that certifying bodies are seeking during stroke certification reviews
- Describe rapidly evolving advances to prevent and treat ischemic and hemorrhagic stroke
- Identify data abstraction solutions to improve efficiency and leverage technology
- Identify 2 ethical issues related to resuscitation
- Describe 3 best practices for improving cardiac arrest outcomes
- Explore 2 methods for cardiac arrest prevention in young people

TARGET AUDIENCE

The target audience includes physicians, physician assistants, nurses, nurse practitioners, pharmacists, and emergency medical services (EMS) personnel. Sub-specialties include neurology, cardiology, emergency medicine, telemetry, critical care, medical/surgical, intensive care, and rehab.

PROGRAM SCHEDULE | MONDAY, APRIL 9, 2018 - STROKE DAY 1

7:00 am	Registration, Breakfast, & Exhibits
8:00 am	Welcome & Opening Remarks
8:15 am	Stroke Then & Now
9:00 am	Navigating the Different Stroke Scales: An EMS Perspective
9:45 am	Break & Exhibits
10:00 am	Stroke Rehabilitation
10:50 am	<i>Breakout Sessions:</i> Brain Imaging Hub & Spoke: Stroke Systems of Care
11:40 am	Transitions of Care
12:25 pm	Passion Speaker
12:35 pm	Lunch & Exhibits
1:30 pm	<i>Breakout Sessions:</i> Comprehensive Stroke Certification Preparation: Panel Quality: Successful Performance Improvement Project
2:20 pm	<i>Breakout Sessions:</i> Primary Stroke Certification Preparation: Panel Challenges in Implementation of Stroke Systems of Care
3:05 pm	Break & Exhibits
3:15 pm	Management of Hemorrhagic Stroke Patients
4:00 pm	Door to Needle: 60 to 45 mins Best Practice & Case Studies
4:45 pm	Adjourn Day 1

PROGRAM SCHEDULE | TUESDAY, APRIL 10, 2018 - STROKE & RESUSCITATION DAY 2

7:00 am	Registration, Breakfast, & Exhibits
8:00 am	Welcome Day 2 & Summary of Day 1
8:10 am	Stroke Mimics
8:55 am	Telestroke Best Practices
9:40 am	Break & Exhibits
9:55 am	<i>Breakout Sessions:</i> Creating a Stroke Team: How to be Most Effective with Limited Resources Pediatric Strokes
10:45 am	<i>Breakout Sessions:</i> Data Abstraction Options Credentialing for Staff
11:30 am	Lunch & Exhibits
12:30 pm	Intensive Statin Therapy
1:15 pm	Conducting Clinical Trials in Stroke: What You Need to Know to Get Started
2:00 pm	Break & Exhibits
2:15 pm	<i>Breakout Sessions:</i> Ethical Aspects of Resuscitation: Adults Ethical Aspects of Resuscitation: Pediatrics
3:05 pm	<i>Breakout Sessions:</i> Code Debriefing & Best Practices How to Prevent Sudden Cardiac Arrest in Young People
3:55 pm	Prehospital to In-Hospital Simulation Event
4:40 pm	Life After Surviving a Code
5:25 pm	Adjourn Day 2

PROGRAM SCHEDULE | WEDNESDAY, APRIL 11, 2018 - CARDIOVASCULAR DAY 3

7:00 am	Registration, Breakfast, & Exhibits
8:00 am	Welcome Day 3
8:15 am	Managing Hypertension in 2018: Updates in Getting to Goal
9:00 am	Advanced Therapies for End-Stage Heart Failure
9:45 am	Break & Exhibits
10:00 am	<i>Breakout Sessions:</i> Community Paramedicine: Bringing EMS into the Field of Post-Acute Care Updates in Treatment of Dyslipidemia: A Focus on ASCVD Risk Reduction
10:50 am	<i>Breakout Sessions:</i> Low & Intermediate Risk Chest Pain: Using Appropriate Use Criteria & Risk Stratification for Diagnosis & Treatment Approaching Heart Failure Care from a Health System Perspective
11:40 am	Prevention & Treatment of Cardiovascular Disease in Women
12:25 pm	Passion Speaker
12:35 pm	Lunch & Exhibits
1:30 pm	Advancements in Cardiovascular Innovation & Genomics: Changing the Way We Treat Our Patients
2:15 pm	The Future of Health Care & Emerging Opportunities for Public Health & Patient Care
3:00 pm	One Brave Idea - AHA/ASA's New Approach to an Old Problem
3:45 pm	Adjourn Day 3

PROGRAM SCHEDULE | THURSDAY, APRIL 12, 2018 - CARDIOVASCULAR DAY 4

7:00 am	Registration, Breakfast, & Exhibits
8:00 am	Welcome Day 4 & Summary of Day 3
8:10 am	Avoiding the Fatal Crash: Treatments in Impending Cardiogenic Shock
8:55 am	Acute Coronary Syndrome Updates: Review of Guideline-Based STEMI/NSTEMI Care
9:40 am	Break & Exhibits
9:55 am	<i>Breakout Sessions:</i> Moving Past Medical Therapy: Updates in Therapies to Reduce Stroke in AF Diagnosing ACS: The Importance of the Forgotten Lead (aVR)
10:45 am	<i>Breakout Sessions:</i> Updates in Treatments for Congenital Heart Disease/Caring for Adults with CHD Systems of Care for Cardiovascular (STEMI) Patients
11:30 am	Lunch & Exhibits
12:30 pm	<i>Breakout Sessions:</i> Total Engagement in Health & Healing in Cardiovascular Disease Medical Management of Heart Failure with Preserved Ejection Fraction- Pharmacotherapy in 2018
1:15 pm	Break & Exhibits
1:25 pm	Impact of Regional STEMI Care: Review of the ACCELERATOR- 2 Trial
2:10 pm	Management of Adults with Ventricular Arrhythmias or at Risk for Sudden Cardiac Death
2:55 pm	Adjourn Day 4

STROKE & RESUSCITATION SPEAKERS

Alyssa Burgart, MD, MA

*Lucile Packard Children's Hospital
Stanford Center for Biomedical Ethics
Stanford University*

Walter Richard Bush Jr., MD

*Chino Valley Medical Center
Hubert H Humphrey Comprehensive Health Center
Martin Luther King Multi-Ambulatory Care Center
Valley Presbyterian Hospital*

Cyrus K. Dastur, MD

University of California, Irvine Medical Center

Bruce H. Dobkin, MD, FRCP

David Geffen School of Medicine UCLA

**Marianne Gausche-Hill, MD, FACEP,
FAAP, FAEMS**

*Los Angeles County EMS Agency
David Geffen School of Medicine UCLA*

**Jason Gleason, MSN, NP-C, USAF
Lieutenant Colonel (RET)**

Benefis Health System

Mike Helbock, M.I.C.P., NR-P, SEI

*Seattle/King County Resuscitation Academy
University of Washington School of Medicine*

**Alexander A. Khalessi, MD, MS,
FAANS, FACS, FAHA**

University of California, San Diego

Matthew Koenig, MD, FNCS

*The Queen's Health Systems
University of Hawaii John A. Burns
School of Medicine*

**Sarah Livesay, DNP, RN, ACNP-BC,
ACNS-BC**

RUSH University

**Deborah Mastrolia, BSN, RN,
CCRN-K, CNRN, SCRNI**

Hoag Memorial Hospital Presbyterian

Renee McAloney, RN

Tucson Medical Center

Anthony C. McCanta, MD, FHRS

*CHOC Children's Hospital
UC Irvine School of Medicine*

Andrew M. McCoy, MD, MS

University of Washington

Gary R. Nelson, MD

University of Utah

Lindsay Olson-Mack, FNP-BC

Scripps Health

Jeremy Payne, MD, PhD, FAHA

Banner University Medical Center—Phoenix

Marjorie Pazzi, BSN, RN, CCRP

Center for Neurosciences—Tucson

**Lorelle Poropat, MS, RHIA, RHIT, CPHQ,
MCSM**

Kaiser Permanente Northern California

Leslie Ritter, PhD, RN, FAAN, FAHA

University of Arizona

Navdeep Sangha, MD

*Kaiser Permanente Los Angeles Medical Center
Kaiser Permanente Southern California
Tele-Stroke Program*

David Teeple, MD

*Center for Neurosciences—Tucson
Tucson Medical Center
University of Arizona, College of Medicine
Mayo Clinic*

Matthew Williams, MD

*Rady Children's Hospital-San Diego
UC San Diego School of Medicine*

CARDIOVASCULAR SPEAKERS

Kathie Dunn, RN, MSN, CCRN

REACH/CAL-ORE/CALSTAR/Sierra Lifeflight

Regis Fernandes, MD

Mayo Clinic

Christopher Fordyce, MD, MHS, MSc, FRCPC VGH

*Vancouver General Hospital
University of British Columbia*

Barry Greenberg, MD

*University of California, San Diego
Medical Center*

Mimi Guarneri, MD, FACC, ABOIM

*Guarneri Integrative Health, Inc. at
Pacific Pearl La Jolla*

Jason Hatfield, NRP, CCP-C

Regional Emergency Medical Services Authority, Reno

Charles Henrikson, MD

Oregon Health and Science University

Ashish Kabra, MD

*Scripps Clinic
Scripps Green Hospital*

Prakash Mansukhani, MD, FSCAI

*Kaiser Permanente Los Angeles Medical Center
University of California, Los Angeles*

Viral Mehta, MD, FACC, FSCAI

*Bakersfield Heart Hospital
Bakersfield Memorial Hospital*

Michelle Moss, NRP, FP-C

Sierra-Sacramento Valley EMS Agency

Kimble Poon, MD

*Hale Ho'ola Hamakua Medical Center
Hilo Medical Center*

Lorelle Poropat, MS, RHIA, RHIT, CPHQ, MCSM

Kaiser Permanente Northern California

Shimoli Shah, MD

Oregon Health and Science University

Brenda Staffan, BA

Regional Emergency Medical Services Authority, Reno

Poulina Q. Uddin, MD

Scripps Clinic

Felix K. Yam, Pharm.D., M.A.S., BCPS-AQ

*University of California, San Diego
VA San Diego Healthcare System*

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UC Irvine School of Medicine

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