



SAN MATEO COUNTY HEALTH
**BEHAVIORAL HEALTH
 & RECOVERY SERVICES**



STAR VISTA



COMMUNITY & COVID-19 4TH TOWN HALL: A YEAR LATER

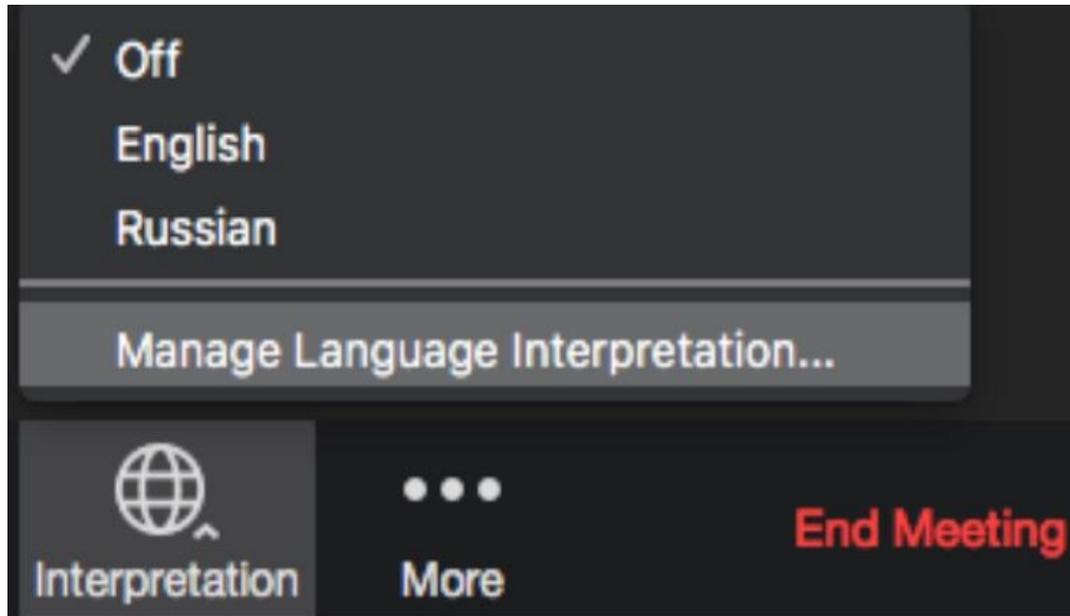
Diversity & Equity Council (DEC)

April 29th, 2021

*Event is being **RECORDED**

*Interpretation services available in Spanish

Please select your language of preference



PHOTO/VIDEO NOTICE

You are approaching an event area where filming and photography are being done. Your entrance into the event area constitutes your full consent to being filmed and photographed by the County of San Mateo. The County of San Mateo reserves the right to use any photography or film taken in the event area without providing compensation to you. Such use by County may include, but is not limited to, postings to social media or websites, and/or use in promotional or informational materials in any medium.

You agree to release and discharge the County of San Mateo, its agents, representatives, assigns, and licensees from all claims, demands, and liabilities arising out of or in connection with the use of your likeness.

Do not enter this event area if you do not wish to be subject to the foregoing. Alternatively, if you wish to participate/attend the event, but do not wish to have your photograph used in accordance with the above notice, please contact an Event Organizer. County will make best efforts to comply with your wish not to be photographed.

Thank you.

This event is being RECORDED

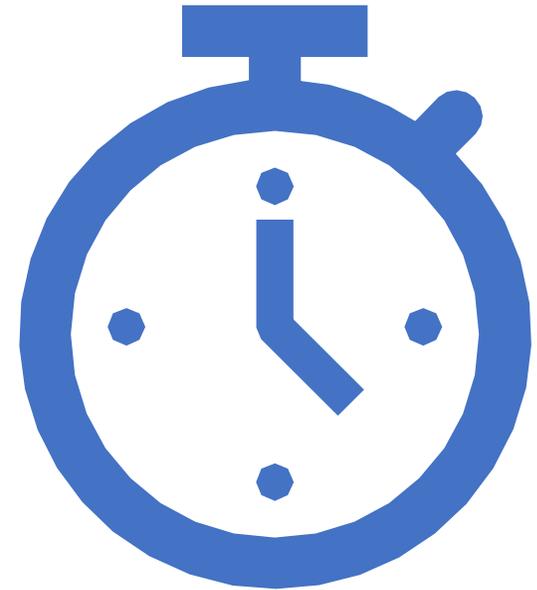
Zoom Housekeeping:

- Participants will be muted
- To be unmuted during the discussion:
 - Use “Raise Hand” button
 - Use “Thumbs up” button (phone)
 - 2 mins. maximum per participant



Agenda

- **3:00PM** INTRODUCTION & SAN MATEO COUNTY REFLECTIONS
- **4:00PM** COMMUNITY DIALOGUE
- **4:45PM** NEXT STEPS & CLOSING



An aerial photograph of a coastal landscape, showing a large body of water in the center, surrounded by rugged, brownish terrain. A grid of thin lines is overlaid on the central part of the image, suggesting a land survey or planning. The text "Land acknowledgement" is centered over the grid.

Land acknowledgement

Native & Indigenous Peoples Initiative
Gloria Gutierrez



Moment of silence &
Meditation

Rabbi Corey Helfand

SAN MATEO COUNTY
POET LAUREATE



The Power of Poetry and Spoken Word



San Mateo
County
Libraries

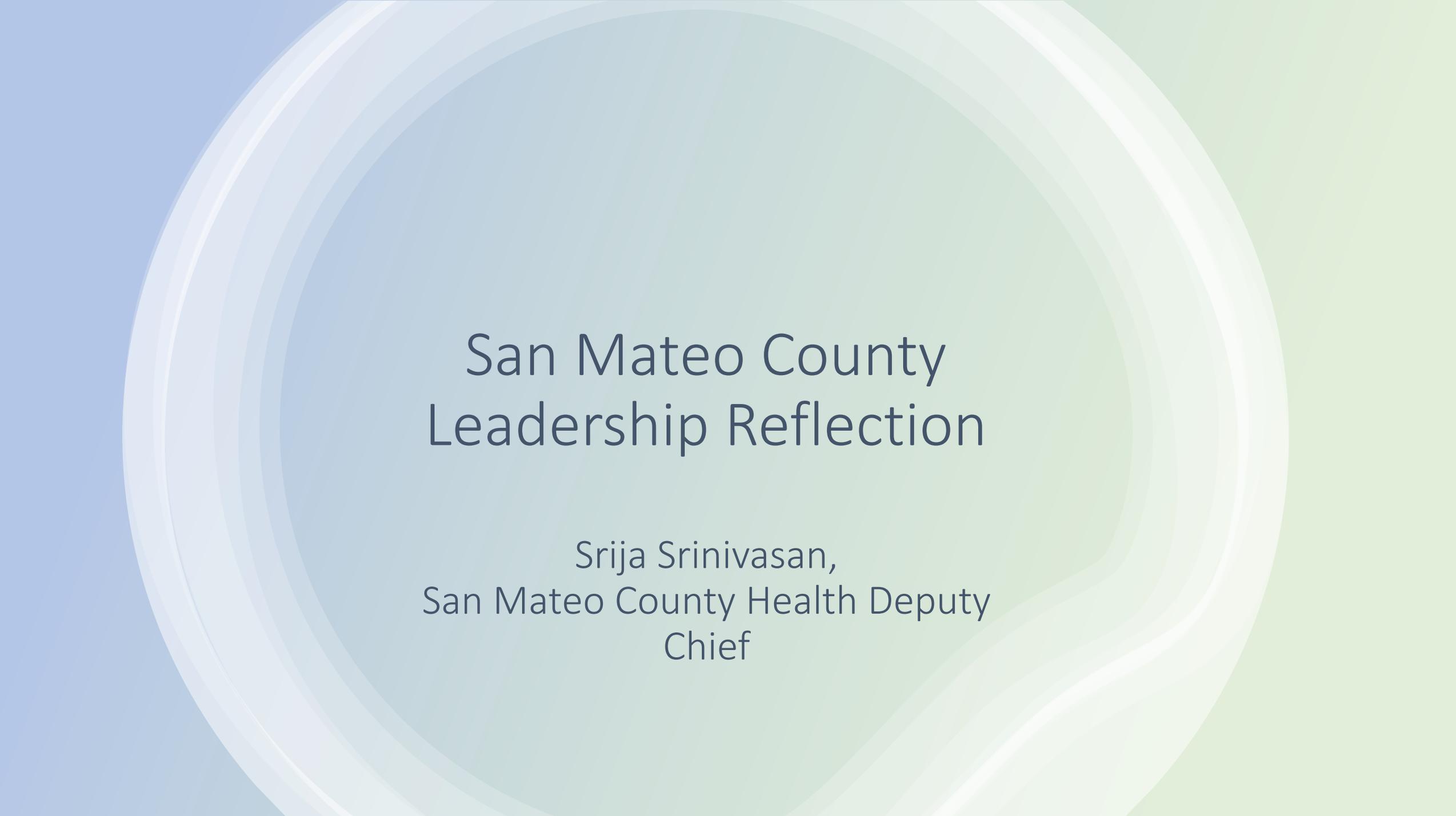
Love in the Time of COVID-19: A Speak Poetry Project

Aileen Cassinetta, Poet Laureate

Word Garden activity:

COVID-19 a year later?

1. Click on the link provided on the chat now.
2. Type in 1-3 words that describe how you feel in relation to COVID a year later.



San Mateo County Leadership Reflection

Srija Srinivasan,
San Mateo County Health Deputy
Chief

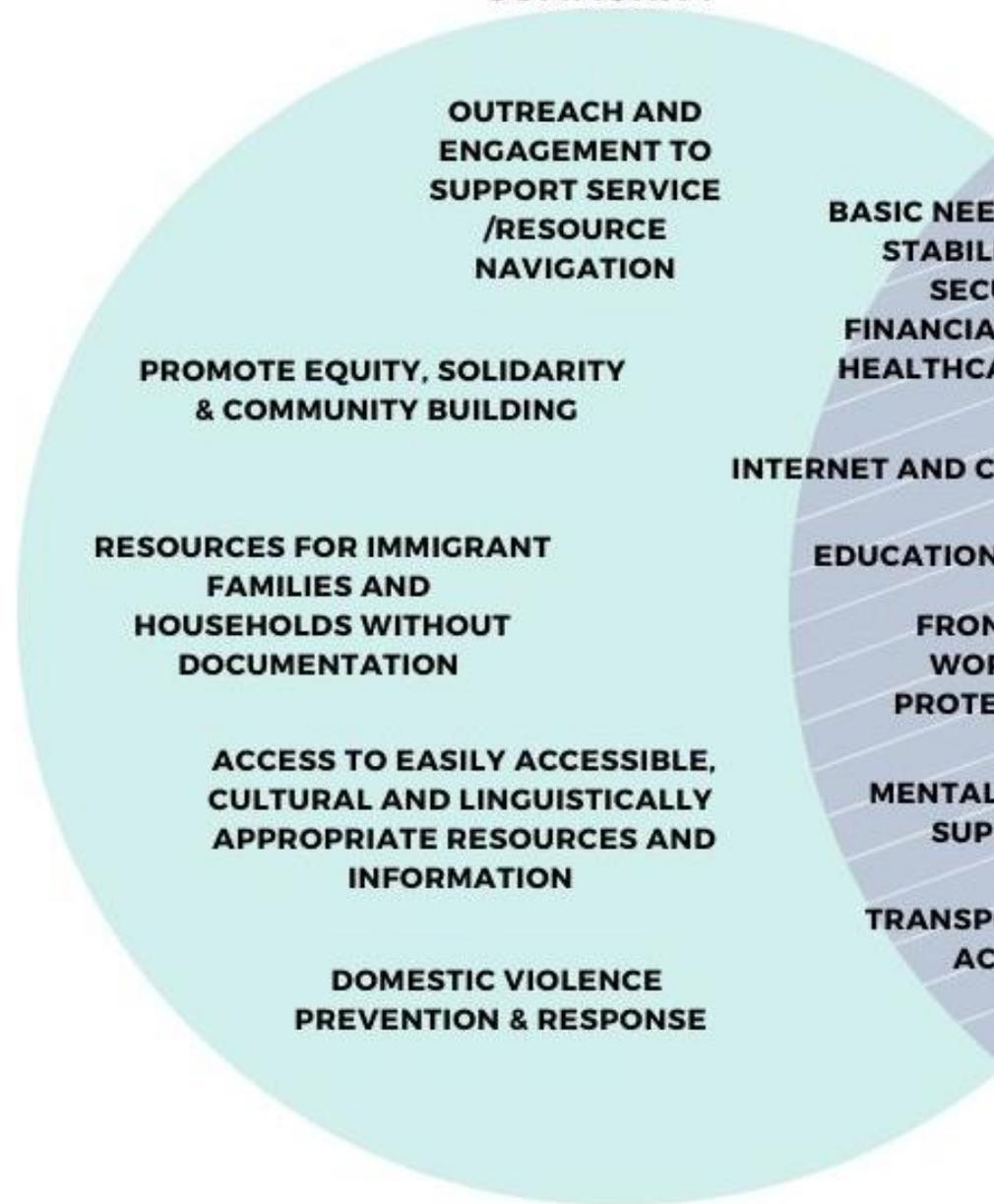
Cultural Humility Group Agreements

LISTEN AS IF THE SPEAKER IS WISE; LISTEN
TO UNDERSTAND
PRACTICE "I" STATEMENTS WHEN SPEAKING
OKAY TO RESPECTFULLY DISAGREE
TAKE RISKS
NO PRESSURE TO SPEAK
BE DISCIPLINED ABOUT NOT MAKING
ASSUMPTIONS
NO BLAMING, NO SHAMING
CONFIDENTIALITY IF STORIES ARE SHARED
COURAGE TO INTERRUPT IF SOMETHING IS
GOING AMISS OR BEING LEFT UNSAID: MAKE
THE INVISIBLE VISIBLE
VOICES, THOUGHTS, IDEAS, EXPERIENCES
WELCOME
PAY ATTENTION TO WHAT MOVES YOU: USE
OOPS AND OUCH



SAN MATEO COUNTY HEALTH
BEHAVIORAL HEALTH
& RECOVERY SERVICES

COMMUNITY



**OUTREACH AND
ENGAGEMENT TO
SUPPORT SERVICE
/RESOURCE
NAVIGATION**

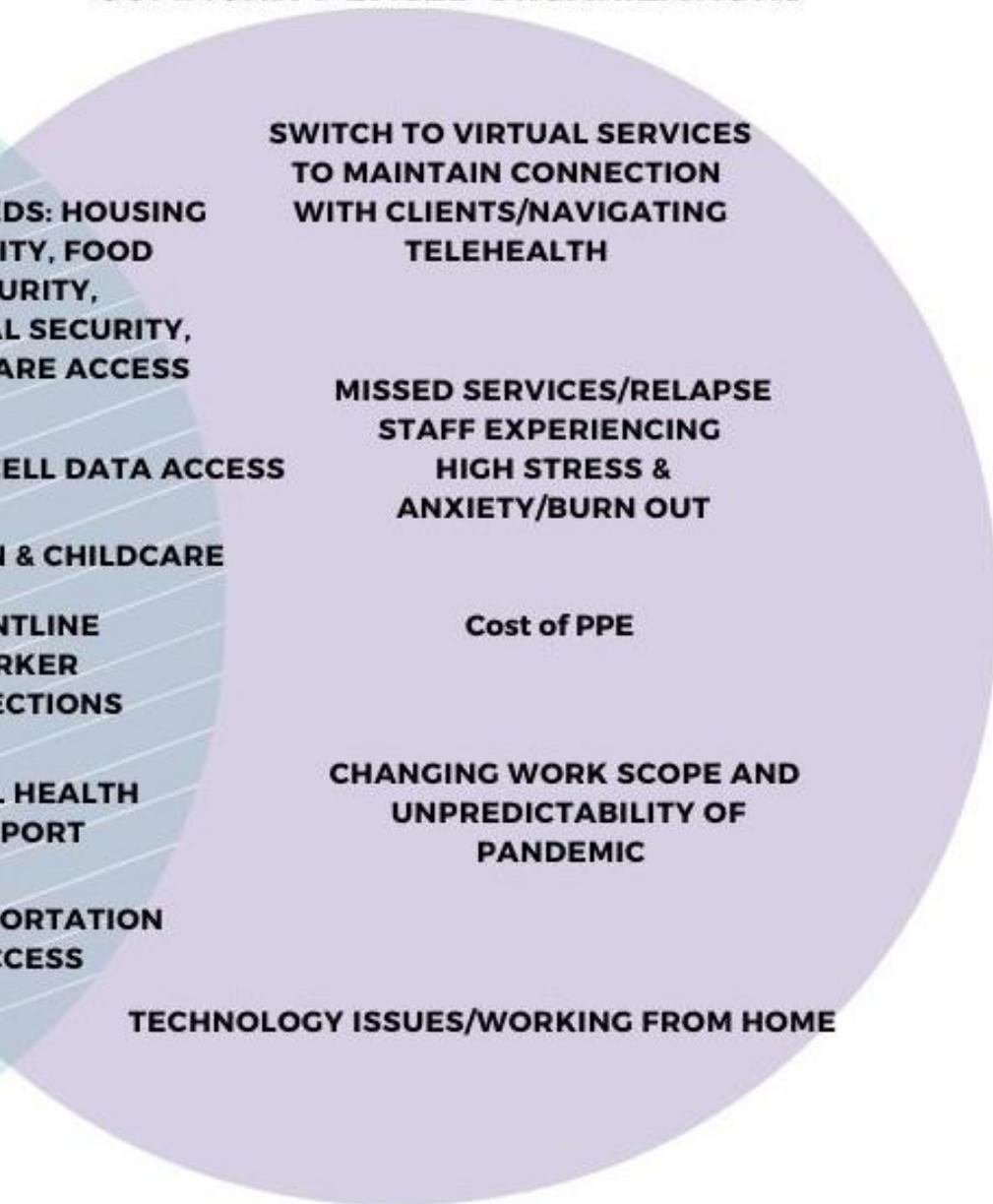
**PROMOTE EQUITY, SOLIDARITY
& COMMUNITY BUILDING**

**RESOURCES FOR IMMIGRANT
FAMILIES AND
HOUSEHOLDS WITHOUT
DOCUMENTATION**

**ACCESS TO EASILY ACCESSIBLE,
CULTURAL AND LINGUISTICALLY
APPROPRIATE RESOURCES AND
INFORMATION**

**DOMESTIC VIOLENCE
PREVENTION & RESPONSE**

COMMUNITY-BASED ORGANIZATIONS



**SWITCH TO VIRTUAL SERVICES
TO MAINTAIN CONNECTION
WITH CLIENTS/NAVIGATING
TELEHEALTH**

**MISSED SERVICES/RELAPSE
STAFF EXPERIENCING
HIGH STRESS &
ANXIETY/BURN OUT**

Cost of PPE

**CHANGING WORK SCOPE AND
UNPREDICTABILITY OF
PANDEMIC**

TECHNOLOGY ISSUES/WORKING FROM HOME

**BASIC NEEDS: HOUSING
STABILITY, FOOD
SECURITY,
FINANCIAL SECURITY,
HEALTHCARE ACCESS**

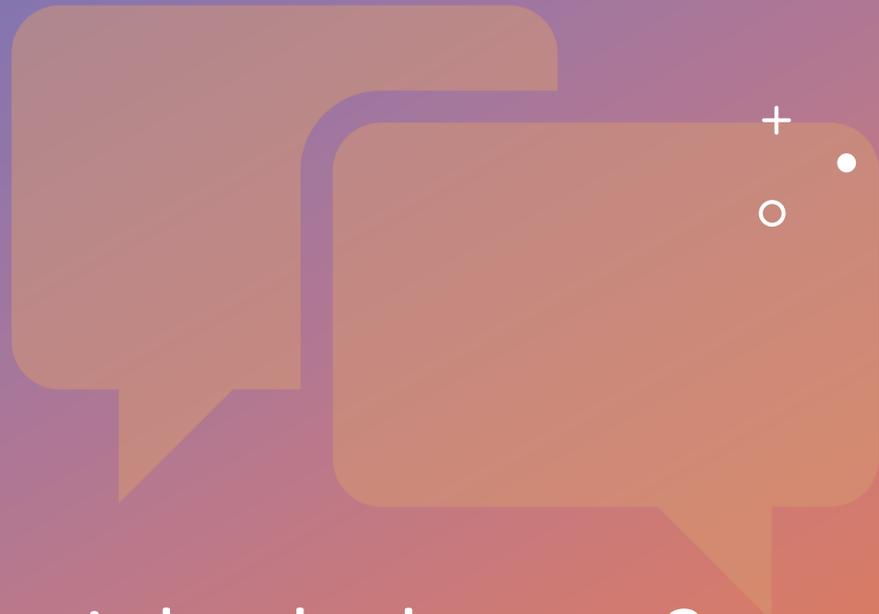
INTERNET AND CELL DATA ACCESS

EDUCATION & CHILDCARE

**FRONTLINE
WORKER
PROTECTIONS**

**MENTAL HEALTH
SUPPORT**

**TRANSPORTATION
ACCESS**



As we reflect on the last year,

What are the impacts that the pandemic has had on you?

How have your needs changed and what resources would you say are necessary for you to meet those needs?

Closing Ritual

-Jonathan
Staggers



Next steps

BHRS supports

- **Access Call Center**
mental health & substance use services
800-686-0101
TDD: 800-943-2833 or 711
- **Crisis Hotlines**
650-579-0350 or 800-273-8255 (TALK)
Text “BAY” to 741741

On-going resources

- **San Mateo County Health**
<https://www.smchealth.org/coronavirus>

Please provide your feedback on this event!

May is Mental Health Month!



Thank you
for joining
us!

- Additional Comments or Feedback
Contact the Office of Diversity & Equity (ODE)
Email: ode@smcgov.org

Join our email list:

<https://www.smchealth.org/office-diversity-equity>

- Join us at Diversity & Equity Council (DEC):
- 1st Fri. of the month 11:00am-12:30pm
- **Meeting ID:** 348 617 514
- **Passcode:** DEC2020