



SAN MATEO COUNTY HEALTH

**BEHAVIORAL HEALTH
& RECOVERY SERVICES**



BAY AREA
Community Health
Advisory Council

RACE & CORONAVIRUS COMMUNITY TOWN HALL

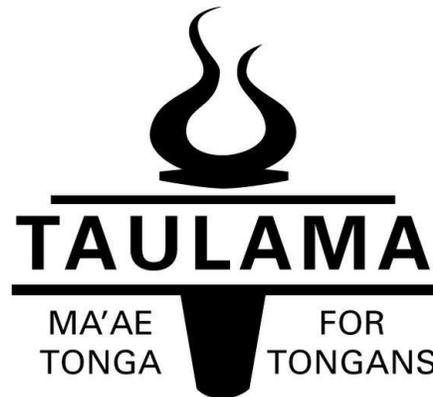


Diversity & Equity
Council (DEC)

May 1st, 2020



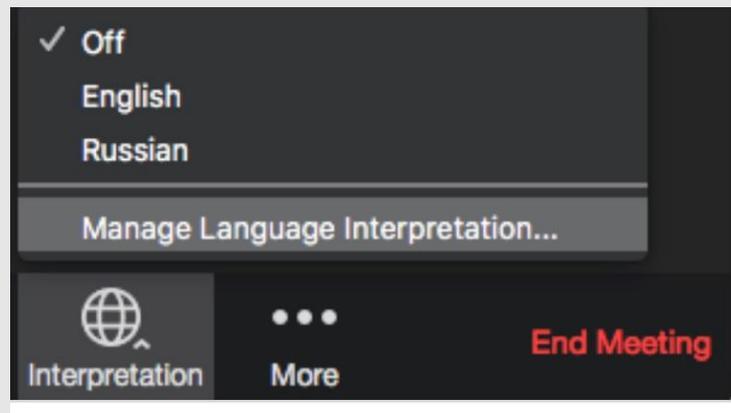
STAR VISTA



*Event is being RECORDED

*Interpretation services available in
Spanish, Mandarin & Cantonese

Interpretation Available:



- Por Computadora: Si necesita servicios de interpretación, haga clic en el botón pequeño del mundo en el centro y parte inferior de su pantalla y elija el idioma de interpretación que necesita.
- Por Telefono: haga clic en “mas” para cambiar idioma
- On Computer: If you need interpretation services please click the small world button at the center, bottom of your screen and choose the interpretation language that is needed.
- On Phone: Click “more” button to switch languages.

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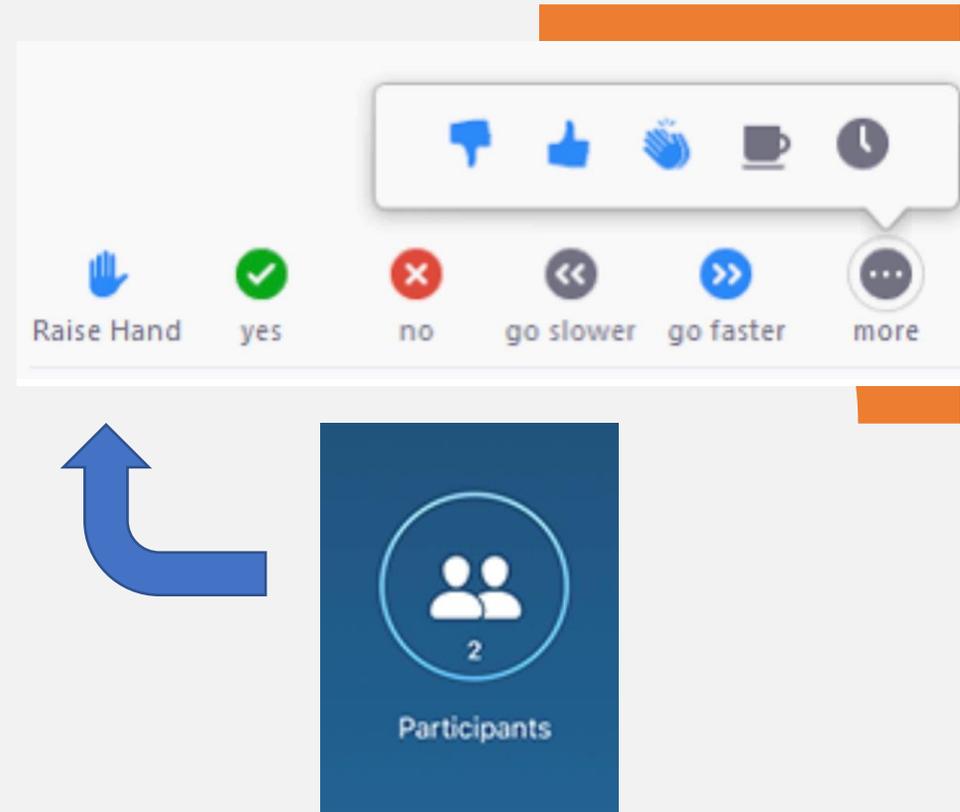
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Thank you.

Zoom Housekeeping:

- *This event will be recorded*
- Participants will be muted
- Share screen & chat is disabled
- To be unmuted during open discussion:
 - Use “Raise Hand” button
 - Use “Thumbs up” button (phone)
 - 2 mins. maximum per participant
- Please ask questions by Q & A feature
- There will be specific times held for those joining by phone to make comments*
- We will also be taking feedback via email or phone after the meeting
- All presentation slides and resources will be sent out after meeting



Thank you for joining us!



Lisa Tealer, She/Her
Executive Director,
Bay Area Community Health Advisory Council
(BACHAC)



SAN MATEO COUNTY HEALTH
BEHAVIORAL HEALTH
& RECOVERY SERVICES

Maria Lorente-Foresti, Ph.D., She/Her
Director
Office of Diversity & Equity (ODE)
SMC Behavioral Health & Recovery Services



Agenda

- 11:00AM - 11:20AM: INTRODUCTIONS
- 11:20AM - 11:30AM: COVID-19 & HEALTH EQUITY
- 11:30AM - 12:05PM: SAN MATEO COUNTY AND CURRENT EFFORTS
- 12:05PM - 12:50PM: OPEN COMMUNITY DISCUSSION & SOLUTIONS
- 12:50 - 1:00PM: NEXT STEPS

Cultural Humility Group Agreements

LISTEN AS IF THE SPEAKER IS WISE; LISTEN
TO UNDERSTAND
PRACTICE "I" STATEMENTS WHEN SPEAKING
OKAY TO RESPECTFULLY DISAGREE
TAKE RISKS
NO PRESSURE TO SPEAK
BE DISCIPLINED ABOUT NOT MAKING
ASSUMPTIONS
NO BLAMING, NO SHAMING
CONFIDENTIALITY IF STORIES ARE SHARED
COURAGE TO INTERRUPT IF SOMETHING IS
GOING AMISS OR BEING LEFT UNSAID: MAKE
THE INVISIBLE VISIBLE
VOICES, THOUGHTS, IDEAS, EXPERIENCES
WELCOME
PAY ATTENTION TO WHAT MOVES YOU: USE
OOPS AND OUCH

Acuerdos de Humildad Cultural

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- LAS IDEAS, PENSAMIENTOS, VOCES Y
EXPERIENCIAS SON BIENVENIDAS
- PON ATENCIÓN SOBRE LO QUE TE MUEVE:
UTILICE "UPS" Y "AUCH!"

Our Hope for Today

To share county efforts underway to address equity issues with Covid-19

To hear our communities' voice about the impact of COVID-19 in their lives

To hear what our communities' feels would be helpful at this time

Welcome & Thank You to Our Presenters:



Supervisor Don Horsley
SMC Board of Supervisors

Peggy Jensen,
Deputy County Manager



SAN MATEO
COUNTY HEALTH

Louise F. Rogers
Chief Officer
San Mateo County Health



COUNTY OF SAN MATEO
OFFICE OF COMMUNITY AFFAIRS

Emma Gonzalez, Community Affairs
Manager
Jasmine Hartenstein, Immigrant Services
Coordinator
Melissa Vergara, Community Outreach
Specialist



Don Cecil, Consultant

Thank You to Our Moderators & Collaborators:



Shireen Malekafzali, She/Her
Health Services Manager II
Public Health Policy &
Planning



Brenda Nunez, She/Her
Program Coordinator
Starvista



Leafa Taumoepeau,
Executive Director
Taulama for Tongans



Diana Otero, She/Her
Director of Operations &
Support Services, Catholic
Charities



Annette J Pakhchian,
She/they
Community Program
Specialist II
Behavioral Health &
Recovery Services



Frances Lobos, She/Her
Community Health Planner
Behavioral Health & Recovery
Services

***Special thank you to our SMC Health Equity
Initiative Co-Chairs***



**SAN MATEO
COUNTY HEALTH**

All together better.



COVID-19 & Health Equity

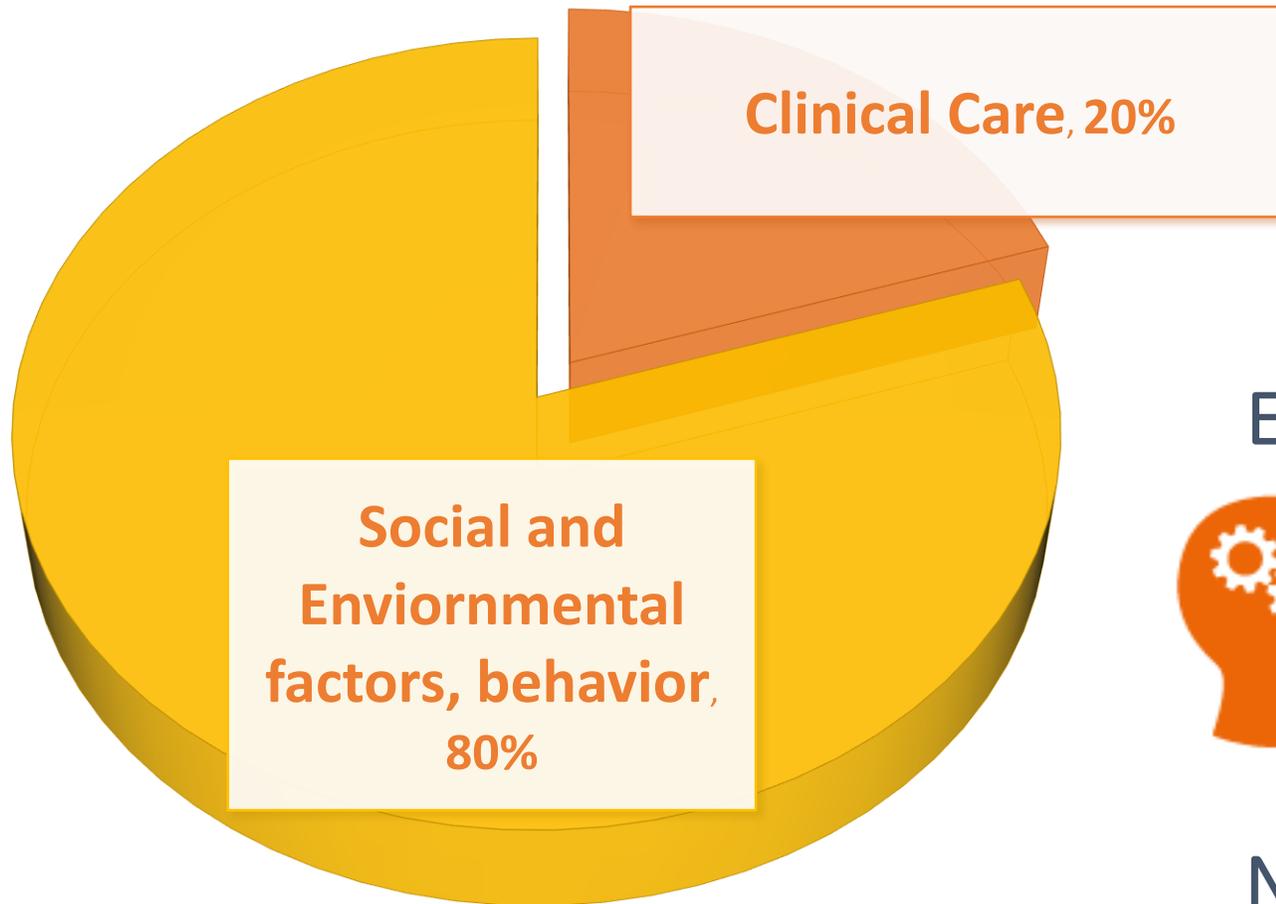
What Impacts Health & Health Inequities?

Economic Stability

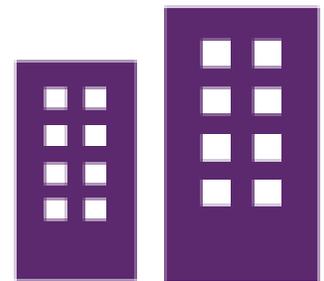


Social & Community Context

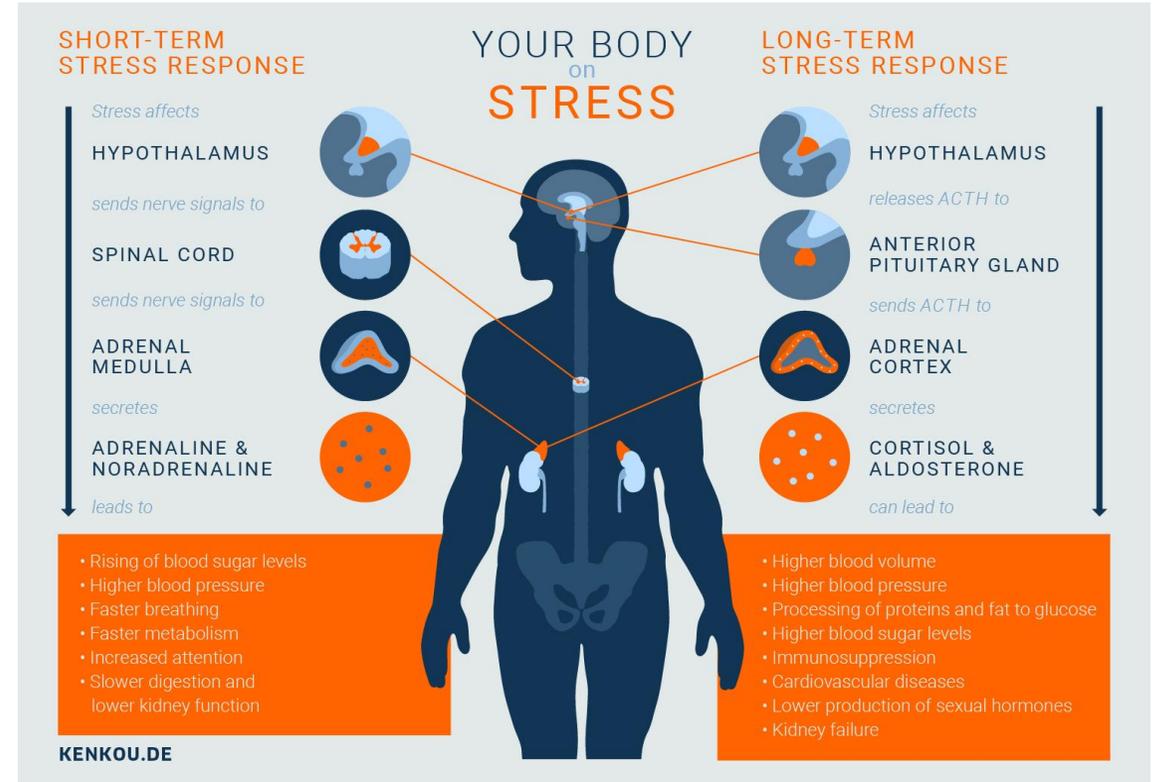
HEALTH



Education



Neighborhood & Built Environment



Racism Makes Us Sick

“The deeply embedded racism in our culture has consequences for health.”

- David Williams

Health Equity & Covid-19

- Covid-19 is a public health crisis that has created an economic crisis
- Some racial/ethnic groups, low-income communities and LGBTQI+ disproportionately impacted by:
 - Covid-19 outcomes:
 - Pre-existing health conditions;
 - Lower access to health insurance and care;
 - Medical mistrust ;
 - Occupational risk – essential workers;
 - overcrowded conditions;
 - Incarceration
 - Economic Crisis:
 - Poverty/income insecurity;
 - Job, housing and food insecurity;
- Modified from CDPH OHE slide deck

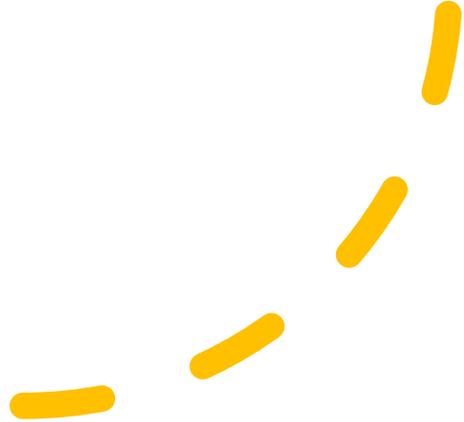


Our Communities Look Different & Have Different Needs

- **People of Color:** 60% SMC-wide and up to 98% in some census tracts
- **Overcrowding:** 8% across SMC and in some census tracts have up to 37% overcrowding
- **Limited English-Speaking:** 9% countywide and up to 39% in some census tracts
- **Poverty:** 5% of White residents versus 24% of Asian residents and American Indian/Alaska Native, 13% PI, 11% Latinx, 6% Black
- **Access to Parks:** 101 acres of parks for every 1,000 people in countywide and some census tracts have 0 or .2 acres
- **CalFresh:** 4% receive CalFresh and some census tracts have 19% recipients.
- **Free/Reduced Meal Program:** 2% in some districts and 89% in others

<http://www.gethealthysmc.org/demographic-data>;

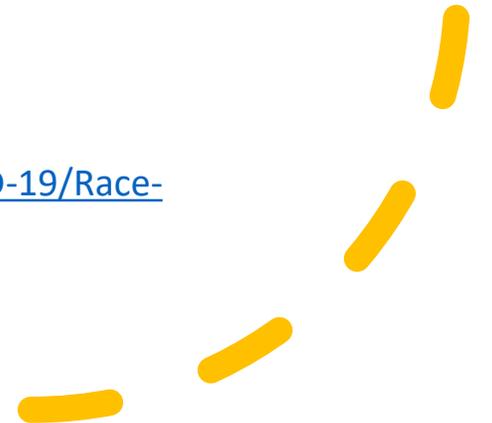
<http://www.gethealthysmc.org/healthy-economy-data>



Statewide Racial/ethnic disparities in COVID-19

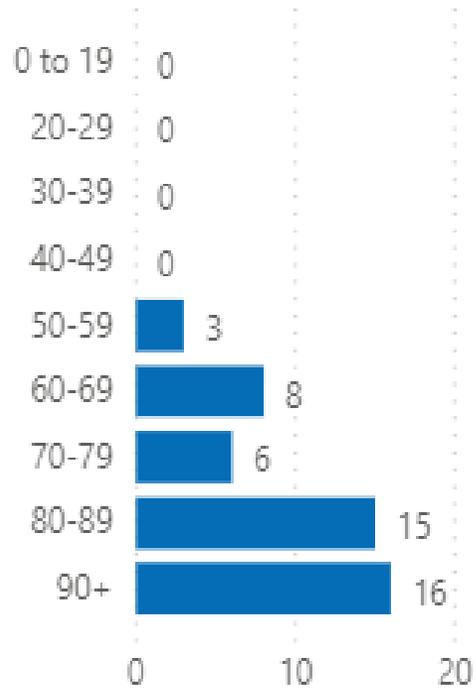
- African American, Latinx, and Pacific Islander/Native Hawaiian are disproportionately impacted by Covid-19
 - Deaths are disproportionate compared to the population across and within age groups
 - Latinx: Cases in children 0–17 are disproportionately high, relative to the population representation, and deaths are disproportionate between 40-60 years of age

<https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/Race-Ethnicity.aspx>

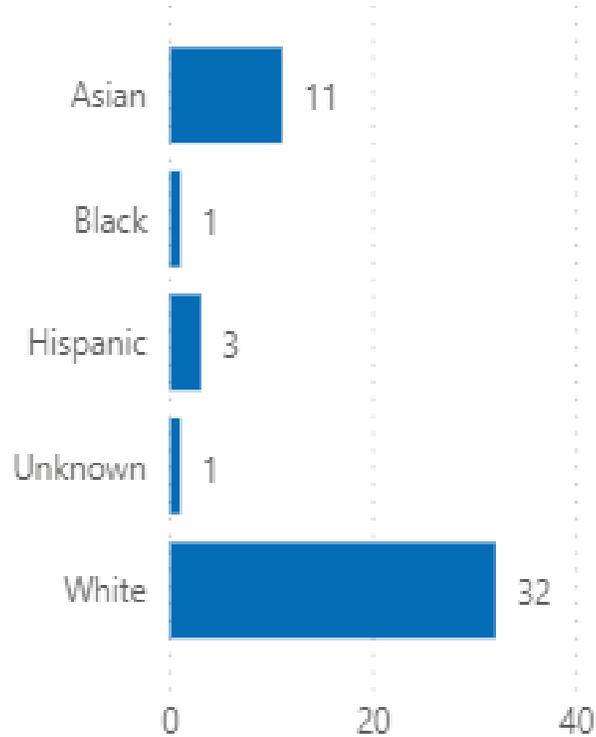


San Mateo County Covid-19 Deaths

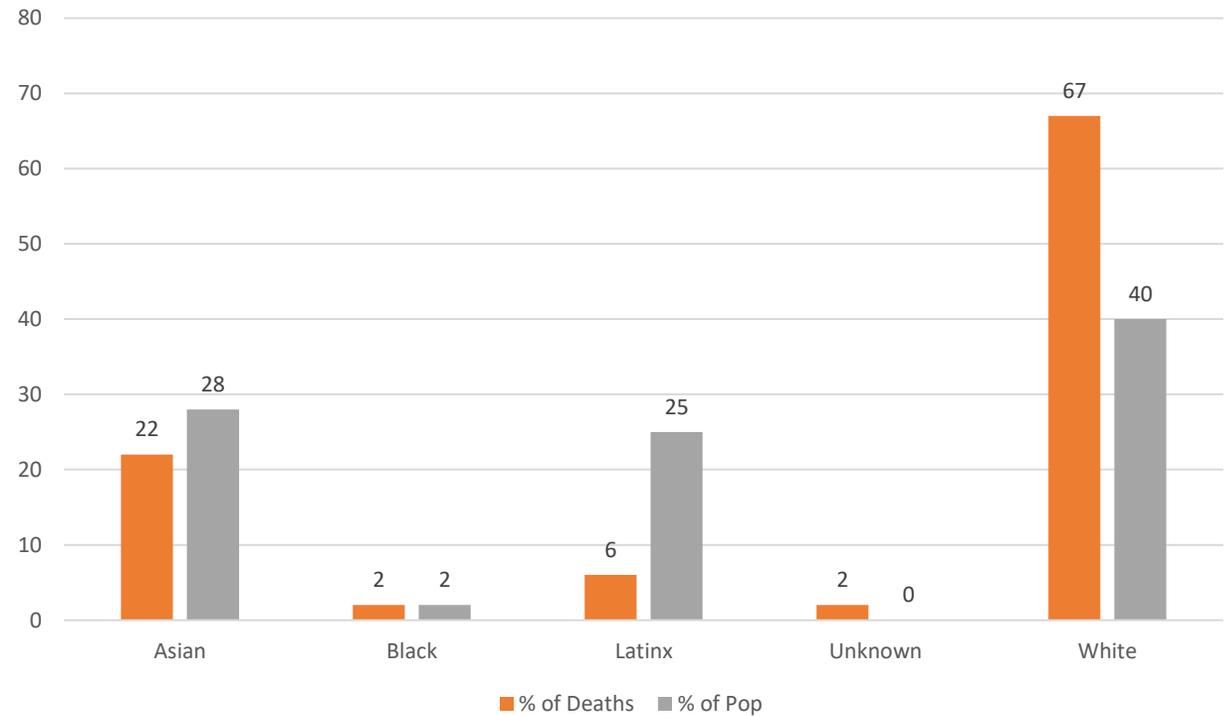
Deaths by Age Group



Deaths by Race/Ethnicity



Percent of Covid-19 Deaths by Race (4/30) vs Percent of Racial Group in San Mateo County



Community Collaboration for Children's Success Covid- 19 Community Priorities

Access to Easily Accessible, Cultural and Linguistically Appropriate Resources and Information

Outreach and Engagement to Support Service/Resource Navigation

Promote Equity, Solidarity & Community Building

Basic Needs: Housing stability, Food Security, Financial Security, Healthcare Access

Resources for immigrant families and households without documentation

Community Collaboration for Children's Success Covid- 19 Community Priorities (cont')

Internet and Cell Data access

Education & Childcare

Frontline Worker Protections

Mental Health Support

Domestic Violence Prevention & Response

Transportation Access

- Inequities are pervasive across numerous factors in San Mateo County – across race, income, LGBTQI+ identity and more.
- Covid-19 illuminates, with urgency, the inequities that have existed for many years.
- The layers of inequities laid over the years reach a tipping point during crisis.
- Life patterns are interrupted right now – making it a perfect time to innovate and choose what we want to bring into the next stage of normal.
- San Mateo County is dedicated to addressing inequities

Thank You



**SAN MATEO
COUNTY HEALTH**
All together better.

**Get
Healthy**
SAN MATEO COUNTY
gethealthysmc.org

SAN MATEO COUNTY

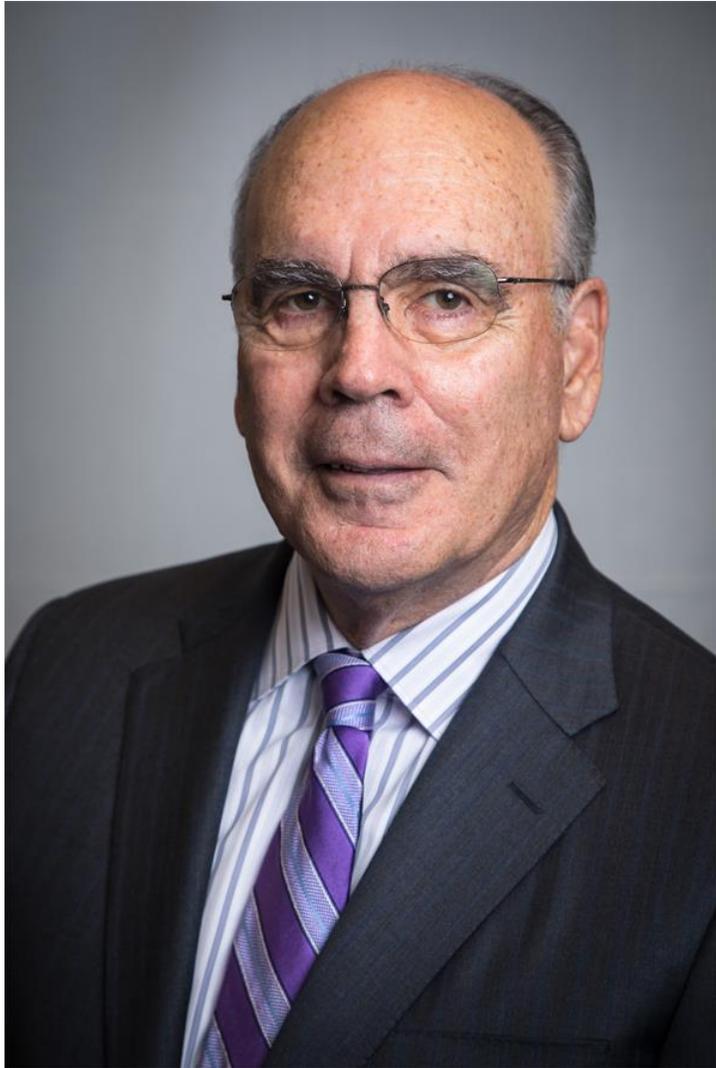
STR  **NG**

The San Mateo County Strong
Fund:

We Are in This Together

**Donate today: you can choose to help
individuals/families, small businesses,
non-profits or wherever the need is
greatest.**

**SAN MATEO
COUNTY EFFORTS
UNDERWAY**



Supervisor
Don Horsley,
District 3
SMC Board of
Supervisors



Louise F. Rogers,
Chief of San Mateo
County Health



Peggy Jensen,
Deputy County
Manager



COUNTY OF SAN MATEO
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Coordinator
Melissa Vergara,
Community Outreach
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SAMCEDA
San Mateo County Economic Development Association

Don Cecil, Consultant



SAN MATEO COUNTY HEALTH
BEHAVIORAL HEALTH
& RECOVERY SERVICES

San Mateo County Health Equity Initiatives

Culture and community affect our health.



<https://www.smchealth.org/health-equity-initiatives>

Presenters Q & A

Please use Q & A feature to ask questions or make a comment. Moderator will read the questions to the group.

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COMMUNITY DISCUSSION ON PRIORITIES & SOLUTIONS

Are there any priorities missing from the list that are vital for us to add?

What are the most vital priorities for your community right now?

What kind of supports do you need right now to address your key priorities?

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*Please use raise hand button *Moderator will unmute you to share

*Please state your name & comment *Speakers will have 2 minutes maximum to share



NEXT STEPS

Continued Communication and Planning:

1. Some examples of how to get involved:
 - DEC & HEI's Monthly Meeting
 - BACHAC Meetings (www.bachac.org)
2. We will share your thoughts and experiences with our Health Leadership, Board of Supervisors, Partnering Agencies and relevant Board & Commissions
3. Email us ode@smcgov.org
4. We will send updates to all that registered. If you would like materials mailed to you please provide your address via private chat to Kristie Lui or call Annette Pakhchian at 650-381-4636

Presented by:
Gloria Gutierrez,
She/Her
Native American
& Indigenous
Peoples
Initiative
Co-Chair



**Native American/Indigenous
Ministries of the Episcopal
Church**

2 hrs · 

"Here is my patented one-minute spiritual vacation. Please take it as often as you need: wherever you are find a place out of the flow of people passing by. Stop and stand still for just 60 seconds. Take a deep breath. Let all of the noise around you blur into a background sound. Visualize yourself in a place you would describe as serenely beautiful. Then think of a moment in your life when you were completely relaxed and very happy. Let that memory wrap around you like a pair of arms. That is how the Spirit loves you each and every day. That is the peace you carry within you even in the most hectic of times."

The Rt. Rev. Steven Charleston

Closing thought.....

- “Being concerned about other people is especially relevant in today's world. If we consider the complex inter-connected ness of our modern lives, how we depend on others and others depend on us, our outlook will change. We’ll begin to see 'others' not as somehow distant from us, but as people we are in touch with, people close to us; we will no longer feel indifferent to them.”
- - Dalai Lama

Thank you for joining us today!!

Additional Comments or Feedback

Contact the Office of Diversity & Equity (ODE):

Email: ode@smcgov.org

Phone: Annette Pakhchian at 650-381-4636

Join our email list: <https://www.smchealth.org/office-diversity-equity>