



Be Prepared. Know the Signs.

Reducing the Risk of Suicide in Older Adults

Did you know that older adults are twice as likely to be at risk of suicide? Learn how you can help.

Anyone caring for an older adult plays an important role in reducing the risk of suicide. Learn the warning signs and what you can do in this free training. Walk away with tips on how to talk to someone you might be worried about and learn from experts in the field of older adult mental health.

Who should attend?

Anyone caring for an older adult professionally or personally.

Interperative services available with 3 days notice. CEUs offered for mental health providers.

COUNTY OF SAN MATEO
HEALTH SYSTEM
BEHAVIORAL HEALTH
& RECOVERY SERVICES

StarVista



Funded by the Mental Health Services Act and the College of San Mateo.

FREE TRAINING

Friday, September 29, 2017
9:30 to 11:30 a.m.

The Sobrato Center
Shoreway Conference Room
350 Twin Dolphin Drive
Redwood City, CA 94065

Register at:

www.smolderadultsuicideprevention.eventbrite.com

Questions? Contact Narges Dillon
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www.smchealth.org/suicideprevention