



One New Heartbeat Presents

SUICIDE AWARENESS MONTH

Aging Adults & the Mental Health Crisis



Join us for an important community discussion.

Speakers will share examples of what is occurring in this County with seniors and mental health, including high suicide rates and the underlying desperation many are facing.



Short panel + Q&A



Thursday, Sept. 17th



6:00–8:00 PM



Zoom Meeting ID:

881 6208 0580

Passcode: 102808

*Connection
can
save lives.*



You are not alone.

Together, we can build a community of hope and support.



Help is here.

Call or text **988**
or visit **988lifeline.org**