SEQUOIA TEEN WELLNESS CENTER

Our goal is to treat you with respect and provide support, while maintaining your privacy.

CALL US
(650) 366-2927
Call us to make an appointment. Walk-in visits are subject to availability.

MONDAY THRU FRIDAY
08:30am - 4:30pm

CONTACT US
Sequoia Teen Wellness Center
200 James Avenue
Redwood City, CA 94062
T: (650) 366-2927
F: (650) 366-0183
smchealth.org/smmc

Serving teens & young adults
FREE CONFIDENTIAL SERVICES

Regardless of insurance, we can offer these services at no charge:

- Crisis intervention
- Emergency contraception
- Birth control counseling
- Birth control, including condoms
- Pregnancy testing
- Reproductive health care
- Testing for sexually transmitted infections (STIs)
- Treatment for sexually transmitted infections (STIs)

FREE CONFIDENTIAL SERVICES

MEDICAL SERVICES*

If you do not have insurance, or you are a Health Plan of San Mateo member, we offer:

- Complete physical or sports physical exam
- Immunizations
- TB screening
- Vision and hearing screening
- Care for acute illness
- Management of chronic conditions
- Referrals to eye and dental services
- Alcohol, tobacco, and drug counseling
- Mental health services
- Social work services
- PrEP

NO HEALTH INSURANCE?

We can help you enroll! We can also refer you to the program(s) that are right for you:

- ACE Program
- Medi-Cal
- Healthy Kids

*These services require parental consent if patient is under 18 years old. There may be a fee for patients 19 and older.

WE LOOK FORWARD TO MEETING YOU!