SEQUOIA TEEN WELLNESS CENTER

is committed to providing health care service with

YOU IN MIND

Our goal is to treat you with respect and provide support, while maintaining your privacy.

CONTACT US

Sequoia Teen Wellness Center
200 James Avenue
Redwood City, CA 94062
T: (650) 366-2927
F: (650) 366-0183
smchealth.org/smmc

MONDAY THRU FRIDAY
08:30am - 4:30pm

Call us to make an appointment.
Walk-in visits are subject to availability.
FREE CONFIDENTIAL SERVICES

Regardless of insurance, we can offer these services at no charge:

- Crisis intervention
- Emergency contraception
- Birth control counseling
- Birth control, including condoms
- Pregnancy testing
- Reproductive health care
- Testing for sexually transmitted infections (STIs)
- Treatment for sexually transmitted infections (STIs)

MEDICAL SERVICES*

If you do not have insurance, or you are a Health Plan of San Mateo member, we offer:

- Complete physical or sports physical exam
- Immunizations
- TB screening
- Vision and hearing screening
- Care for acute illness
- Management of chronic conditions
- Referrals to eye and dental services
- Alcohol, tobacco, and drug counseling
- Mental health services
- Social work services
- PrEP

NO HEALTH INSURANCE?

We can help you enroll! We can also refer you to the program(s) that are right for you:

- ACE Program
- Family PACT
- Medi-Cal

Our services are available for teens and young adults.

WE LOOK FORWARD TO MEETING YOU!

*These services require parental consent if patient is under 18 years old. There may be a fee for patients 19 and older.