

Table 1 STI Cases Reported Among County of San Mateo Residents by Quarter (Jan 1 - Mar 31) and Year to Date for 2026 and 2025

		2026	2025
		1 st Qtr/YTD ¹	1 st Qtr/YTD
Chlamydia trachomatis (CT)	Total	572	583
	Male	234	233
	Female	334	346
	Transgender/Other ²	0	3
	Unknown	4	1
Gonorrhea (GC)	Total	192	209
	Male	163	165
	Female	25	42
	Transgender/Other	4	2
	Unknown	0	0
GC Clinical Site³	Urine	71	85
	Genitourinary	12	10
	Rectal	58	62
	Pharyngeal	95	78
	Unknown/Missing	2	8
	DGI ⁴	0	1
Early Syphilis⁵	Total	14	18
	Male	11	16
	Female	3	2
	Transgender/Other ²	0	0
	Unknown	0	0
Late Syphilis	Total	40	25
	Male	22	15
	Female	18	10
	Transgender/Other ²	0	0
	Unknown	0	0
Syphilis by Stage	Primary	1	5
	Secondary	2	7
	Early Latent	11	6
	Late Latent	40	25
	Congenital	0	0
	Neurosyphilis ⁶	0	1
Mpox	Clade I	0	0
	Clade II	4	0

¹YTD: Year to Date. ²Due to data limitations and confidentiality concerns, transgender women, transgender men, and gender diverse persons are combined. ³Clinical sites for gonorrhea are non-exclusive (individual patient may have multiple sites tested). ⁴Disseminated Gonococcal Infection. ⁵Early Syphilis is defined as primary, secondary, and early latent. ⁶Cases not included in the total as neurosyphilis is a sequelae and not a stage; the neurosyphilis cases are captured under other syphilis stages.

- Early syphilis decreased by 22% and late syphilis increased by 60% compared to this time last year. Three early syphilis cases were female (21%) compared to two in 2025 (11%). 18 late latent syphilis cases were female (45%) compared to 10 in 2025 (40%).
- CT increased 0.5% in men and decreased 3% in women compared to this time last year. GC decreased 1% in men and 40% in women compared to last year.
- There was a 21.6% increase in number of specimens tested for HIV in 2026 compared to 2025. HIV positive prevalence was about the same at 0.7% compared to 0.8%.

Table 2 HIV testing through the San Mateo County Health System by Quarter (Jan 1 - Mar 31) and Year to Date for 2026 and 2025¹

		2026	2025
		1 st Qtr/YTD	1 st Qtr/YTD
Total Specimens Tested for HIV			
	SMC Clinics ²	2,941	2,418
	STI/HIV Program Outreach ³	127	147
Total HIV Antibody Positive		22	20
	SMC Clinics	22	20
	STI/HIV Program Outreach ³	0	0
Total New HIV Cases		3	6

¹The HIV antibody positives do not reflect the true burden of disease. Some patients may be repeat testers. ²Numbers for SMC Edison STI clinic and other county clinics are combined. ³Testing-on-Demand and STI/HIV Program HIV Rapid Tests. ³Includes all HIV testing (oral and blood) at San Mateo Medical Center (SMMC), SMCC Satellite Clinics, SMC Public Health (PH) Clinics, and PH Subcontractors. Beginning Aug 2015, a 4th generation HIV screening test was implemented. HIV positive cases may not yet be confirmed by HIV-1/HIV-2 differentiation immunoassay.

HIV PrEP SMC Provider Detailing to Further Reduce HIV Late Testing; Take Our 3-5 Minute Provider Survey



One of SMC's programmatic goals is to decrease HIV late testing, defined as an AIDS diagnosis within one year of an HIV diagnosis. Late HIV testing leads to a higher risk of morbidity, mortality and transmission. Late HIV testing is a result of missed opportunities for STI/HIV testing and HIV PrEP (pre-exposure prophylaxis). HIV PrEP is highly effective in reducing the likelihood of getting HIV and by extension, decreases late testing. Help us build PrEP capacity in the county by taking our [HIV PrEP Provider Survey!](#)

- HIV PrEP is highly effective at preventing HIV. Among participants with drug levels consistent with daily use, [protection approached 92–100%](#).
- Learn more about how PrEP can prevent HIV on the [CDC website](#).
- 25% of SMC late testers from 2020-2024 reported non-high-risk heterosexual contact (persons with no other identified risk who reported engaging in heterosexual intercourse with a person of the opposite sex) as a transmission category.
- Between 2020-2024, 15% of late testers identified as female and 30% of late testers were 50 years or older.
- In 2024, 52% of newly diagnosed HIV cases and 54% of late testers were Latino.