

## **STD/HIV Quarterly Report**

## San Mateo County Health System, STD/HIV Program

www.smchealth.org/diseasereporting • STD Clinic: 650.573.2999 • Provider STD Reporting: 650.573.2346

650.573.2919 (fax) Issue No. 45 • Quarter 3: Jul 1 - Sep 30, 2017

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**Table 1** STD Cases Reported Among County of an Mateo Residents byQuarter (Jul 1 - Sep 30) and Year to Date for 2017 and 2016

|                                     | 0047    |       | 2016    |       |  |
|-------------------------------------|---------|-------|---------|-------|--|
|                                     |         | 2017  |         |       |  |
|                                     | 3rd Qtr | YTD   | 3rd Qtr | YTD   |  |
| Chlamydia trachomatis (CT)          | 709     | 2,139 | 628     | 1,899 |  |
| Male                                | 289     | 894   | 245     | 734   |  |
| Female                              | 420     | 1,243 | 381     | 1,161 |  |
| Unknown / Transgender               | 0       | 2     | 2       | 4     |  |
| Lymphogranuloma Venereum            | 0       | 1     | 0       | 1     |  |
| Gonorrhea (GC)                      | 188     | 563   | 142     | 440   |  |
| Male                                | 133     | 421   | 115     | 341   |  |
| Female                              | 54      | 139   | 27      | 98    |  |
| Unknown / Transgender               | 1       | 3     | 0       | 1     |  |
| Urine                               | 73      | 226   | 72      | 200   |  |
| Genitourinary                       | 27      | 101   | 14      | 54    |  |
| Rectal and/or Pharyngeal            | 62      | 196   | 38      | 126   |  |
| Unknown/Missing                     | 26      | 40    | 18      | 60    |  |
| Early Syphilis (total) <sup>1</sup> | 28      | 87    | 24      | 71    |  |
| Male                                | 25      | 84    | 23      | 68    |  |
| Female                              | 2       | 2     | 1       | 1     |  |
| Transgender/Unknown                 | 1       | 1     | 0       | 2     |  |
| Syphilis (total)                    | 48      | 134   | 34      | 109   |  |
| Primary                             | 9       | 21    | 6       | 14    |  |
| Secondary                           | 8       | 22    | 6       | 26    |  |
| Early Latent                        | 11      | 44    | 12      | 31    |  |
| Late Latent                         | 20      | 47    | 10      | 38    |  |
| Congenital                          | 0       | 0     | 0       | 0     |  |
| Neurosyphilis <sup>2</sup>          | 0       | 1     | 0       | 1     |  |

YTD: Year to Date. <sup>1</sup>Early Syphilis is defined as primary, secondary, and early latent <sup>2</sup>Cases not included in the total as neurosyphilis is a sequelae and not a stage; the neurosyphilis cases are captured under other syphilis stages.

- CT increased 22% in men and 7% in women compared to this time last year.
- GC cases increased 24% in men and 42% in females compared to this time last year, with largest female increase in women age 40-49.
- Early syphilis cases increased 23% (almost all cases in men) compared to this time last year. To date in 2017, there were 18 female (2 early syphilis and 16 late latent) syphilis cases.
- Health system HIV positive prevalence is 0.6% in 2017, an increase from 2016 (0.5%). HIV cases identified at county clinics increased this year (0.7%) compared to 0.5% in 2016.

**Table 2** HIV testing through the San Mateo County Health System by
 Quarter (Jul 1 - Sep 30) and Year to Date for 2017 and 2016<sup>1</sup>

|                                       | 2017    |       | 2016    |       |
|---------------------------------------|---------|-------|---------|-------|
|                                       | 3rd Qtr | YTD   | 3rd Qtr | YTD   |
| Total Specimens Tested for HIV        | 2,041   | 6,410 | 2,280   | 7,411 |
| SMC-STD Clinic                        | 170     | 710   | 162     | 607   |
| STD/HIV Program Outreach <sup>2</sup> | 225     | 624   | 245     | 791   |
| Other County Clinics <sup>3</sup>     | 1,646   | 5,076 | 1,873   | 6,013 |
| Total HIV Antibody Positive           | 10      | 40    | 9       | 34    |
| SMC-STD Clinic                        | 0       | 1     | 0       | 3     |
| STD/HIV Program Outreach <sup>2</sup> | 1       | 3     | 0       | 1     |
| Other County Clinics <sup>3</sup>     | 9       | 36    | 9       | 30    |

<sup>1</sup>The HIV antibody positives do not reflect the true burden of disease. Some patients may be repeat testers. <sup>2</sup>Includes data from Testing on Demand and other STD/HIV program outreach. <sup>3</sup>Includes all HIV testing (oral and blood) at San Mateo Medical Center (SMMC), SMMC Satellite Clinics, SMC Public

UNDETECTABLE = UNTRANSMITTABLE



## Undetectable = Untransmittable

HIV infected persons who take antiretroviral therapy (ART) daily as prescribed and achieve and maintain an undetectable viral load have effectively no risk of sexually transmitting the virus to an HIV negative partner (CDC, Dear Colleague Letter, Sept 2017).

Based on the PARTNER study and HPTN 052, the evidence is clear that a person who has sustained, undetectable levels of HIV virus in their blood does not pose an infection risk to sexual partners.

The San Mateo County Health System is committed to universal access to HIV testing, treatment and care. HIV infected persons who start and stay on treatment keep themselves and their partners healthy https://www.cdc.gov/hiv/library/dcl/dcl/092717.html

Sources: CalREDIE, San Mateo County Harvest Laboratory. Notes: STD data as of 10/3/17. Totals for past quarters may change due to delays in reporting from labs and providers. Data from the San Mateo County STD/HIV program.