HIV infected persons who take antiretroviral therapy (ART) daily as prescribed and achieve and maintain an undetectable viral load have effectively no risk of sexually transmitting the virus to an HIV negative partner (CDC, Dear Colleague Letter, Sept 2017).

Based on the PARTNER study and HPTN 052, the evidence is clear that a person who has sustained, undetectable levels of HIV virus in their blood does not pose an infection risk to sexual partners.

The San Mateo County Health System is committed to universal access to HIV testing, treatment and care. HIV infected persons who start and stay on treatment keep themselves and their partners healthy https://www.cdc.gov/hiv/library/dcl/dcl/092717.html