



# What's your story?

## Spirituality in Recovery

### Find and share your story with *Photovoice*

The Spirituality Initiative is hosting a 2 day Photovoice workshop. This workshop will help raise community awareness and identify the benefit of spirituality in recovery.

By taking and sharing photos about your experience with spirituality and recovery, we will work together to break down stigma and identify ways to improve the community's health and well-being.

No photography experience is necessary.

#### Sign up for the Photovoice Workshop to:

- Raise awareness about spirituality and recovery
- Find new ways to improve your health and create change in the behavioral health community
- Your story will be showcased in community spaces, such as different mental health clinics

*Applications must be submitted by February 16, 2018.*

*Participants must be available to attend both sessions.*

#### DATES

##### Classes start:

**Wednesday, February 28, 2018**

1:00 pm – 5:00 pm

Central County Clinic

1950 Alameda de Las Pulgas

San Mateo, CA 94403

##### Class dates:

2/28 and 3/7

1:00 pm - 5:00 pm

##### Register:

Jamie Griffin

JPadilla-Griffin@smcgov.org

office: (650)573-2435

fax: (650)522-9830



**Behavioral Health & Recovery Services**  
SAN MATEO COUNTY  
Office of Diversity and Equity





# Gender & Name Change Clinic

**Saturday**

**10:00AM to 2:00PM \*Free**

**February 10th, 2018 \*Spanish interpretation available**

**1021 S El Camino Real, San Mateo, CA**

Are you looking for support around a gender marker & name changes?

The San Mateo County Pride Center is working with Bay Area Legal Aid to host a legal clinic to help you in this process!

Volunteers and attorneys with Bay Area Legal Aid will be available to assist our community with these vital document changes for Social Security, Passports, Driver's Licenses and filing to receiving a Court Order. We will also be aiding folks in filling out the fee waiver.

Please call Bay Area Legal Aid 650-358-0745, ext 6374 to RSVP

## Questions?

info@sanmateopride.org  
650-591-0133



/sanmateocountypridecenter



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# GETTING DOWN...SAFELY

## A Workshop on LGBTQ+ Safer Sex For Teens

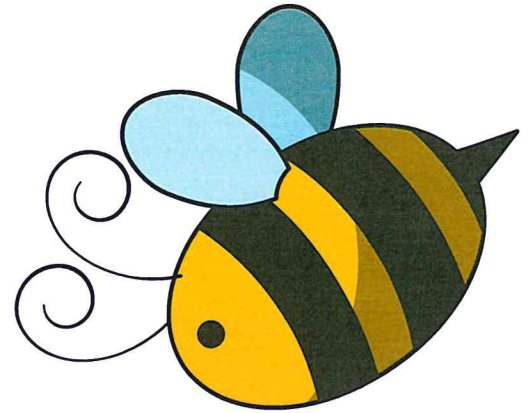
February 13th, 2018 4 to 5:30PM

Community Room

San Mateo Public Library

55 W 3rd Ave, San Mateo, CA 94402

Need an **LGBTQ+** space to talk about safer sex, consent and relationships?



The San Mateo County Pride Center, Planned Parenthood Mar Monte, and the San Mateo Public Library are hosting a workshop for LGBTQ+ teens to talk about safer sex, communication, consent and healthy relationships.

\*Snacks will be provided

### Questions or Concerns?

Contact [info@sanmateopride.org](mailto:info@sanmateopride.org) or call 650-591-0133







Find answers to your parenting questions

## Do you want to build a stronger relationship with your kids?

The Parent Project® is a 12-week class that gives parents, grandparents, and caregivers the tools to build strong and healthy families. Contact the facilitator to register at least 3 weeks before class starts. *All classes are free!*

Start Date	Time	Language	Location	Contact/Registration
Wednesday, January 31 <sup>st</sup>	5:30pm-9:00pm	Spanish	Catholic Charities 36 37th Avenue, 2nd Floor San Mateo, CA 94403	Dulce Guzman (650) 285-6450 DGuzman@catholiccharitiessf.org
Tuesday, February 6 <sup>th</sup>	5:30pm-9:00pm	Spanish	Westmoor High School 131 Westmoor Ave, Daly City, CA 94015	Gabriela Moraga (650) 550-7437 gmoraga@juhsd.net
Tuesday, February 20 <sup>th</sup>	5:30pm-9:00pm	English	Parkside Middle School 1801 Niles Avenue, San Bruno, CA 94066	Katalina Tameilau (650)513-0330 ext.333 ktameilau@pcrcweb.org
Wednesday, February 28 <sup>th</sup>	5:00pm-8:30pm	Spanish	Woodrow Wilson Elementary School 43 Miriam St, Daly City, CA 94014	Mercedes Gutierrez 650-465-7041 mercedes.gutierrez@star-vista.org
Thursday, March 1 <sup>st</sup>	5:30pm-9:00pm	Spanish	Siena Youth Center 2625 Marlborough Ave, Redwood City, CA 94063	Katalina Tameilau (650)513-0330 ext.333 ktameilau@pcrcweb.org

[www.smchealth.org/ParentProject](http://www.smchealth.org/ParentProject)



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