



Join the ODE Parent Project®



Find answers to your parenting questions

Do you want to build a stronger relationship with your kids?

The Parent Project® is a 12-week class that gives parents, grandparents, and caregivers the tools to build strong and healthy families. *All classes are free!*

Sign up for the Parent Project® and get:

- Resources to help you and your kids
- Tools to increase your child’s success and attendance at school
- Tips to improve communication with your child
- Strategies to prevent their use of alcohol or drugs
- Practical tools that work for your family

Dinner and childcare provided!
Childcare limited to first 20 children who sign up, ages 3-15, potty trained.

DATES

Classes start:
Tuesday, September 10th
5:30 pm – 9:00 pm
San Mateo High School
506 North Delaware Street
San Mateo, 94401

Class dates:
9/10, 9/17, 9/24, 10/1, 10/8, 10/15, 10/22, 10/29, 11/5, 11/12, 11/19, 11/26

Class language:
Spanish

Register in advance:

Alma Parades
Parent Engagement Coordinator
P: 650-558-2399



www.smchealth.org/ParentProject