SAN MATEO COUNTY
SOCIAL SERVICES & SUPPORT

1. FOOD & GROCERIES
   - Second Harvest of Silicon Valley, Bing Center in San Carlos: (650) 610-0800
   - CalFresh/EBT Online (800) 223-8383
   - WIC San Mateo (650) 573-2168
   - Great Plates Delivered: Home Meal for Seniors (800) 675-8437
   - Ecumenical Hunger Project (650) 323-7781
   - Mom’s Meals for disabled and older adults covered under Medicare and Medi-Cal. (650) 616-2060.

2. HEALTH SERVICES & INSURANCE
   - If you need insurance/food stamps: Human Services Agency (800) 223-8383
   - If you have a job & don’t have insurance: SMC Health Coverage Unit (650) 616-2002
   - If you don’t have a job & don’t have insurance: Access and Care for Everyone (ACE) (650) 616-2002
   - If you need to talk to a nurse urgently: Health Plan of San Mateo (833) 846-8773
   - If you have general concerns about your health: New Patient Connection Center (650) 372-3200
   - San Mateo County accessible health clinics
     - Ravenswood, East Palo Alto (650) 330-7400
     - North East Medical Services, Daly City (415) 391-9686
     - Mobile Clinic (650) 573-2786
     - South San Francisco Clinic (650) 877-7070
   - For immigrants: Immigrant Families Fund funds $500 to families who were left out of the federal government’s relief effort/coronavirus stimulus check.

3. FINANCIAL SUPPORT
   - Eviction & immigrant support: The Legal Aid Society San Mateo County (650) 558-0915
   - Homeless services: Samaritan House: (650) 347-3648
   - Domestic violence:
     - To find a shelter: W.O.M.A.N., Inc (877) 384-3578
     - Community Overcoming Relationship Abuse (CORA): (800) 300-1080
     - Victim Services Division: (650) 599-7479
     - North American Islamic Shelter for the Abused: (888) 275-6472
   - Mental health & substance use disorder:
     - SMC Substance Use Treatment Services: (800) 686-0101
     - National Suicide Prevention Lifeline: (800) 273-8255

4. HOUSING SUPPORT

*** Resources that are accessible and available in short turn around time. Please expect an average of 1-3 days but can also take longer to access.***
**SAN MATEO COUNTY**

**COMMUNITY ORGANIZATIONS**

Please find your city below and contact the organization if you need support in the following: food, emergency housing assistance, emergency utility assistance, shelter, rent assistance applications, and other basic needs. Organizations that can deliver food are highlighted in blue.

<table>
<thead>
<tr>
<th>Organization</th>
<th>Phone Number</th>
<th>Address</th>
<th>Hours</th>
<th>Cities Served</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>COATSID HOPE</strong></td>
<td>(650) 726-9071</td>
<td>99 Ave Alhambra, El Granada</td>
<td>M – TH 9 AM – 12 PM, 1 PM – 5 PM</td>
<td>El Granada, Half Moon Bay, Moss Beach, Montara</td>
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<tr>
<td><strong>DALY CITY COMMUNITY SERVICE CENTER</strong></td>
<td>(650) 991-8007</td>
<td>350 90th St, Daly City</td>
<td>M – T 9 AM – 12 PM, 1 PM – 4 PM, W 9 AM – 12 PM, F 1 PM – 4 PM</td>
<td>Colma, Broadmoor in Daly City</td>
</tr>
<tr>
<td><strong>FAIR OAKS COMMUNITY CENTER</strong></td>
<td>(650) 780-7500</td>
<td>2600 Middlefield Rd, Redwood City</td>
<td>M, W, F 3 PM – 5 PM</td>
<td>City Served: Redwood City</td>
</tr>
<tr>
<td><strong>IN-HOME SUPPORT SERVICES PROGRAM</strong></td>
<td>(800) 675-8437</td>
<td>225 37th Ave, San Mateo</td>
<td>M – F 8 AM – 5 PM</td>
<td>Cities Served: San Mateo County (IHSS is for 65 years of age, disabled, or blind)</td>
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<tr>
<td><strong>PACIFICA RESOURCE CENTER</strong></td>
<td>(650) 738-7470</td>
<td>1809 Palmetto Ave, Pacifica</td>
<td>M – T 8:30 AM – 5 PM, W 8:30 AM – 7 PM, Th 8:30 AM – 5 PM, F 9 AM – 2 PM</td>
<td>City Served: Pacifica</td>
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<tr>
<td><strong>PUENTE DE LA COSTA SUR</strong></td>
<td>(650) 879-1691</td>
<td>620 North St, Pescadero</td>
<td>M – F 9 AM – 1 PM, 1:30 PM – 6 PM</td>
<td>Cities Served: La Honda, Loma Mar and San Gregorio</td>
</tr>
<tr>
<td><strong>SAMARITAN HOUSE</strong></td>
<td>(650) 347-3648</td>
<td>4031 Pacific Blvd, San Mateo</td>
<td>9 AM – 12 PM, 1 PM – 5 PM</td>
<td>Cities Served: Belmont Mill Area, Burlingame, San Carlos, San Mateo, Foster City. Deliver only to seniors.</td>
</tr>
<tr>
<td><strong>SAMARTIAN HOUSE SOUTH</strong></td>
<td>(650) 294-4312</td>
<td>1852 Bay Rd, East Palo Alto</td>
<td>Call &amp; leave a voice message</td>
<td>Cities Served: East Palo Alto Menlo Park</td>
</tr>
<tr>
<td><strong>ST. VINCENT DE PAUL HOMELESS HELP CENTERS</strong></td>
<td>(650) 343-4403</td>
<td>50 N B St, San Mateo</td>
<td>W – Su 9:30 AM – 12 PM, 1 PM – 4PM</td>
<td>Cities Served: San Mateo County</td>
</tr>
<tr>
<td><strong>YMCA, COMMUNITY RESOURCE CENTER</strong></td>
<td>(650) 276-4101</td>
<td>1486 Huntington Ave, South San Francisco</td>
<td>M – F 8 AM – 4 PM</td>
<td>Cities Served: Brisbane, San Bruno, South San Francisco</td>
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</tbody>
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