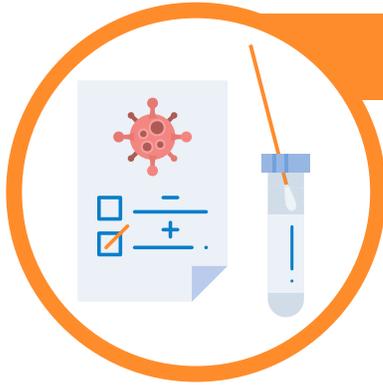


# SAN MATEO COUNTY CONTACT TRACING



## If you test positive

We know that this is a difficult time and want to make sure you have the guidance and support to protect yourself, your family, and your community.

If you test positive for COVID-19, a contact tracer from San Mateo County Health will contact you within 72 hours to ask some questions.

Your responses, which are confidential, will help determine if anyone near you, including your family and friends, is at risk of exposure to COVID-19.

We will not ask for your social security number, immigration status, or financial information.

Your close contacts may be offered testing and asked to quarantine themselves to help prevent the spread of the disease, even if they are not showing symptoms.

The contact tracer can connect you to resources to help you isolate, including temporary housing, food, and support for lost wages. You may need to stay at home and away from others for about 10 days.

Please answer the call or text message – your response could save lives.



## If you receive a call from a contact tracer

When someone you know who has tested positive for COVID-19 identifies you as a close contact, we will call you to provide guidance and support.

We will not ask for your social security number, immigration status, or financial information.

We are calling to inform you that you may have been exposed to COVID-19 and to ask if you have had any symptoms.

We will provide guidance on testing, information on how to self-quarantine, and what to do if you get sick.

You may need to stay at home and away from others for about 14 days. If needed, the contact tracer can connect you to resources to help you quarantine, including temporary housing, food, and support for lost wages.

Please answer the call or text message – your response could save lives.



**SAN MATEO**  
**COUNTY HEALTH**

**Dial 2-1-1** for non-emergency, non-medical calls  
[smchealth.org/coronavirus](https://smchealth.org/coronavirus)