



Admission begins with a phone call to determine eligibility

**We're here to help
7 days a week, 24-hours a day**

Call: (650) 204-9695

At Serenity House, our goal is to assist those in mental health crisis through collaboration. We believe listening is key to having meaningful conversations that contribute to an individual's journey to recovery. We believe in our clients' ability to partner in their care, and will work with individuals to create plans for change and better health.



In partnership with San Mateo County Behavioral Health & Recovery Services



SAN MATEO COUNTY HEALTH
**BEHAVIORAL HEALTH
& RECOVERY SERVICES**



SUPPORTED BY MEASURE K
**LOCAL FUNDS
LOCAL NEEDS**
WWW.SMCGOV.ORG

Serenity House



**3701 Hacienda Street
San Mateo, CA 94403**

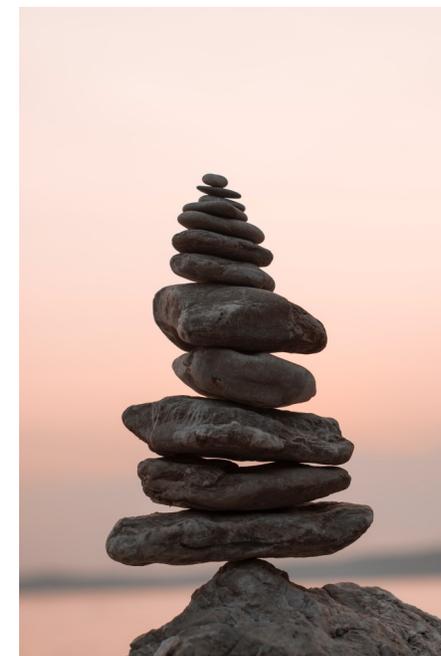


www.healthright360.org



A FAMILY OF PROGRAMS

Serenity House



Short Term Adult
Crisis Residential Program

GET BETTER. DO BETTER. BE BETTER.

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Serenity House offers short-term residential services for adults in a mental health crisis. We provide a safe place to stay and support individuals in their recovery.

Our program provides inclusive, trauma-informed, client-centered services in a calm and welcoming environment.

We take a whole person approach and our empathetic, experienced staff will support clients and offer respite to help stabilize their current crisis.



Mission Statement

Health**RIGHT** 360 gives hope, builds health, and changes lives for people in need. We do this by providing compassionate, integrated care that includes primary care, mental health, and substance use disorders treatment.



What We Do

- Engage natural supports
- Manage mental health symptoms and substance use urges
- Strengthen coping skill
- Establish or re-establish connections to services

Our Services

Services are designed to promote wellness and recovery and help support the individual to resolve their situation through compassion, partnership and acceptance. We offer respite, warmth, empathy and compassion together with access to a wide range of recovery-oriented services.

- Individual/group counseling
- Medication support
- Wellness and recovery action plans
- Seeking Safety
- Family related supports
- Expressive arts and movement
- Links to various community services

Who We Serve

We welcome San Mateo County residents who meet the following criteria:

- Age 18 and over, experiencing a mental health crisis and not in immediate danger to themselves or others

This is a voluntary program. Individuals are screened to determine if the program is the appropriate setting for care.

Family members, law enforcement, psychiatric emergency services, providers and community partners may refer someone, or an individual may refer him or herself to the program.

Serenity House is not a substitute for hospitalization or for individuals experiencing a mental health crisis who are in danger of harming themselves or others, or are gravely disabled (sec. 5150, W&I code). In an emergency, call 911 and ask for a crisis intervention trained (CIT) officer.