



SANA, SANA COLITA DE RANA!

**TAKE CARE OF YOURSELF TODAY FOR A
BETTER TOMORROW**

**Healthy Mind, Body and Soul,
Live Healthy!
4th Annual Latino Health Forum**

SAVE THE DATE

Saturday, October 8th 2016

**Martin Luther King Jr. Community Center
725 Monte Diablo Ave., San Mateo, CA 94401
10:30 am – 3:30 pm**

**Improve your families' physical and emotional health and
wellbeing by learning about the community resources
available to you.**

www.smchealth.org/sanasana

**If you would like to represent your agency by participating in this event, email
the San Mateo County Latino Collaborative at:**

LatinoCollaborative@smcgov.org

