



# 8<sup>th</sup> Annual Latino Health Forum

## SANA, SANA COLITA DE RANA EVENT

*Care for Yourself Today, For a Better Tomorrow!*

# *Family & Healing During Covid*

Saturday, October 16, 2021

12:00 PM to 2:30 PM

*Presented in Spanish with English Translation*

### **Learn about & experience:**

- *county & community resources*
- *covid-19 and the Latinx family*
- *Latinx cooking*
- *Latinx poetry and dance*
- *and more...*

For more information,  
write to [LatinoCollaborative@smcgov.org](mailto:LatinoCollaborative@smcgov.org)

Join us by registering at: <https://bit.ly/sanasana2021>



SAN MATEO COUNTY HEALTH  
**BEHAVIORAL HEALTH  
& RECOVERY SERVICES**



STAR VISTA

