



8th Annual Latino Health Forum

SANA, SANA COLITA DE RANA EVENT

Care for Yourself Today, For a Better Tomorrow!

Family & Healing During Covid

Saturday, October 16, 2021

12:00 PM to 2:30 PM

Presented in Spanish with English Translation

Learn about & experience:

- *county & community resources*
- *covid-19 and the Latinx family*
- *Latinx cooking*
- *Latinx poetry and dance*
- *and more...*

For more information,
write to LatinoCollaborative@smcgov.org

Join us by registering at: <https://bit.ly/sanasana2021>



SAN MATEO COUNTY HEALTH
**BEHAVIORAL HEALTH
& RECOVERY SERVICES**



STAR VISTA

