

# Suicide Prevention Awareness Month

## Safe-Tea

Crafts and Snacks  
September 19, 5:00-7:00



## NEED HELP?

Suicide Prevention Lifeline  
1-800-273-8255

The Trevor Project  
1-866-488-7386

Trans Lifeline  
1-877-565-8860

## Suicide Survivors Group

September 20, 6:00-8:00



## Bringing Suicide Into the Light



Stigma, Self-Care, and Safety Planning  
September 26, 6:00-8:00



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