



SAN MATEO COUNTY HEALTH  
**AGING & ADULT SERVICES**

<p>Commission on Aging - Resources, Access &amp; Inclusion Committee Meeting Monday, January 9, 2023          Location: Zoom Virtual Meeting          Committee Members Present: Lee (Chair), Arnos, Querol-Moreno, Porter, Barsi, Giannini          Commissioners Present: Liana, Austin          Staff Present: Suki Ho, Anna Sawamura, Cristina Ugaitafa          Public Present: no members of the public were present</p>	
1. Welcome and Introductions	Chair Lee welcomed committee members at 11:03 a.m.
2. Public Comment	No members of the public were present.
3. Revise/Approve January 9, 2023 Agenda	Commissioner Porter moved to accept; Commissioner Querol-Moreno seconded. The Agenda was approved as presented.
4. Revise/Approve November 14, 2022 Minutes	Commissioner Querol-Moreno moved to accept; Commissioner Lee seconded. The Agenda was approved as presented.
5. Committee Assignments	Commissioner Barsi agreed to take meeting notes.
6. Committee Work Plan Implementation	<p><b>a. Review of January 9, 2023 event</b></p> <ul style="list-style-type: none"> <li>• Committee members discussed the presentations made by City Representatives and expressed gratification to hear that the “Help at Home Directory” is so appreciated. Commissioners also cited areas of concern, including the digital divide linked to the lack of internet access, and the diminishing return for lack of adoption. It was noted that Redwood City offers internet support, and that Daly City offers exceptional linguistically competent services for participants. Christina Ugaitafa reported that Peninsula Family Service is also offering classes, booklets, and notebooks.</li> <li>• Commissioner Querol-Moreno commented on the linguistic competency of Daly City staff.</li> <li>• Commissioners will receive copies of the power point presentations shared during today’s presentations.</li> <li>• Commissioner Arnos expressed appreciation for the information shared and the presentations made today, but noted that “inclusion” was not mentioned, and language is an issue. She also shared that because Pacifica is presently understaffed, they were unable to participate in today’s meeting. Commissioner Arnos also reported that every Senior Center has a Facebook presence and proposed that we consider a link on social websites, such as Facebook or Next Door, to share information more broadly.</li> <li>• Commissioner Austin shared that his experience has been to collaborate with the caregiver networks; and Commissioner Barsi suggested sharing information with the local faith communities. Chair Lee agreed that caregiver and the faith community are vehicles to share information.</li> <li>• Staff member Anna Sawamura briefly reviewed the “process” that would need to be undertaken, overseen, and maintained to have a relevant media presence through social media. It was suggested that we have an educational session in February or March to learn more what the process would entail. Anna Sawamura will make arrangements for this.</li> </ul>

	<p><b>b. February 2023 event – Information and Assistance Providers</b></p> <ul style="list-style-type: none"> <li>Chair Lee reported that we have confirmed three of the four contracted agencies and they are preparing to present at the February event.</li> </ul> <p><b>c. Tabling: Millbrae Senior Showcase</b></p> <ul style="list-style-type: none"> <li>Chair Lee advised that we have an opportunity to share a table with representatives of the Mid-Peninsula Villages on January 20, 2023, at the Millbrae Senior Showcase. Both Commissioner Porter and Commissioner Barsi volunteered to participate in the event. Chair Lee currently has booklets on hand from a previous event, so will pick up additional copies and set up the table.</li> </ul> <p><b>d. Building Relationships</b></p> <ul style="list-style-type: none"> <li>Chair Lee advised that all new Commissioners now have a buddy. The “buddy list” will be updated and shared. (A copy is attached to these Minutes)</li> </ul> <p><b>e. Coordination with other committees regarding information dissemination goals</b></p> <ul style="list-style-type: none"> <li>Commissioner Querol-Moreno suggested that we need more proposals for presentations about the efforts being undertaken. Christina asked if there are any upcoming events to let them know.</li> </ul> <p><b>f. Help at Home guide – statistics on distribution; when do we update?</b></p> <ul style="list-style-type: none"> <li>Commissioner Arnos advised that Lindsey Joyner is the contact for copies of the Help at Home directory in the County office. Anna Sawamura advised that the directories are available in English, Spanish and Chinese and the numbers distributed are carefully tracked. The current directory is dated 2022, so discussion regarding an update in 2023 followed. Cristina Ugaitafa advised that the suggested time to update is every two years. Chair Lee asked how many of the 2022 editions of the booklet are on hand, and how many changes have been made to the on-line version of the guide – this will help to determine next steps regarding review and publication.</li> </ul> <p><b>g. Commission Brochure</b></p> <ul style="list-style-type: none"> <li>Chair Lee advised that a photograph of the members of the Commission on Aging has been delayed and may be taken at the in-person meeting scheduled in March 2023.</li> </ul> <p><b>h. Collect information about intergenerational events.</b></p> <ul style="list-style-type: none"> <li>This topic was tabled.</li> </ul>
7. Reports from Commissioners	Commissioner Arnos offered to follow up with Commissioner Querol-Moreno about efforts to ensure “Equity, Inclusion, and Advocacy.” She also reminded the Commissioners that as a result of not addressing inclusion there are members of our communities who are not represented.
8. Review Assignments from this Meeting	Commissioners Porter and Barsi will table the Senior Showcase in Millbrae on January 20, from 10 a.m.-2 p.m. Anna Sawamura will make arrangements for a presentation regarding the County website and report on the number of changes made to the on-line version of the Help at Home guide.
9. Adjournment	Meeting adjourned at 12:04 p.m. The next meeting of the Committee will be held on February 13,2023, at 11:00 a.m. by Zoom.