



SAN MATEO COUNTY HEALTH
**AGING & ADULT
SERVICES**

Commission on Aging – Resources, Access & Inclusion Committee (RAIC) Meeting Minutes

Date: Monday, February 13, 2023

Location: Zoom Virtual Meeting

Committee Members Present: Lee (Chair), Arnos, Barsi, Porter, Querol Moreno, Taylor

Commissioners Present: N/A

Staff Present: Anna Sawamura

Public Present: No members of the public were present.

Welcome and Introductions: Chair Lee welcomed committee members at 11:04 a.m.

Public Comment: No members of the public were present.

Revise/Approve February 13, 2023 Agenda - Commissioner Querol-Moreno moved to accept; Commissioner Porter seconded. The Agenda was approved as presented.

Revise/Approve January 9, 2023 Minutes - Commissioner Querol-Moreno moved to accept; Commissioner Porter seconded. The Agenda was approved as presented.

Committee Assignments: Commissioner Porter agreed to take the meeting notes.

Committee Work Plan Implementation

- a. Review of February 2023 I&A event – Commissioners discussed the degree to which requested I&A data was provided by presenters. Commissioners were concerned that data is not be tracked/recorded. A question arose on what data is being reported monthly.

Commissioner Arnos expressed a desire for follow up I&A information not included in the presentations. Commissioners Arnos and Barsi will reach out to the contracted providers from whom data was missing. The results of Commissioners Arnos and Barsi follow up will first be reviewed by RAIC, and shared with the Commission as appropriate.

Chair Lee will provide Commissioners Arnos and Barsi with the I&A questions sent to providers to facilitate their follow up. A thank you will be included in the follow up request for data to providers.

- b. List of Information – Chair Lee has developed a List of Information sources for review at the March 13 Committee meeting.
- c. Tabling – Commissioners Barsi and Porter will staff the Healthy Aging Response Team (HART) reopening in Daly City on February 16, 2023 from 11 a.m. to 2 p.m.

Commissioner Taylor will staff the Colma Community Fair on July 8, 2023.

Chair Lee requested volunteers to assume the Tabling Lead role. Commissioners Porter and Querol Moreno offered to act as the Events Subcommittee, with Commissioner Querol Moreno providing event updates and Commissioner Porter pursuing Commissioner staffing of events.

Commissioner Arnos questioned what information is being provided at tabling events. She expressed concern that the

CoA may not be visible, often people don't know who we are. Staff member Anna Sawamura responded that we have the Help at Home Guides, and Commission of Aging brochures. Commissioner Arnos questioned if table events are shared with Aging and Adult Services(AAS). Chair Lee advised that we've tabled with AAS and the Villages.

Commissioner Querol Moreno shared that upcoming events are scheduled for May 13 and June 17. She expects tabling events will be more frequent.

It was noted that staffing of tables will depend on the amount of advance notice. All Commission members, including RAIC, can be contacted for tabling availability.

- d. Coordination re dissemination of information with other committees in light of what we learned at I&A events – The committee expressed interest in leveraging the information learned, including opening up additional channels with both the public, and other committees. It was suggested that the buddy relationship might provide an opportunity to communicate and learn more about provider's services.

Long term, sharing this information could be incorporated as a RAIC goal. Commissioners Barsi and Porter expressed interest in coordinating a focused review in the future.

- e. Help at Home Guide – Chair Lee stated that she had been unaware that the [Network of Care](#) website uses source data from the Help at Home Guide. The Committee discussed the need to update the directory more frequently than every 2 years, given the reliance by Network of Care. There was also concern that the English Guides were dated 2022, while the Spanish and Chinese versions were 2022-2023. Stickers were discussed as an option to update the English directories, but the option was rejected.

Newly appointed Commissioners were encouraged to review the directory for style and content. Familiarity with the directory will lay a foundation to participate in future updates.

To date, 2842 directories have been used, including 2400 English, 176 Spanish, and 266 Chinese. We have a commitment to reprint 3-5k more, as needed.

- f. Commission Brochure -At the March in person meeting, an updated Commissioner picture will be taken to be used for brochure reprints. Staff member Anna Sawamura will remind Commissioners in the invite for the March meeting.
- g. Collect information about intergenerational events - Commissioners were encouraged to share any information on intergenerational events. Commissioner Barsi recently learned about Organized Chaos, a group that facilitates such events.

7. Reports from Commissioners – Commissioner Querol Moreno shared that Susan Houston is retiring as Director of Peninsula Family Services after 39 years.

Commissioner Arnos shared that Beth Phillips, Pacifica Sr. Service Supervisor is leaving in April. Commissioner Arnos met with Bob Palacio, who is the new Director, Pacifica Park, Beach & Recreation Dept.

8. Review Assignments from this Meeting – Commissioners Barsi and Porter will table the Healthy Aging Response Team (HART) reopening in Daly City on February 16 from 11 a.m. to 2 p.m.

Commissioners Arnos and Barsi will reach out to the contracted providers from whom data was missing.

Commissioners Porter and Querol Moreno will co-lead the Events Subcommittee.

Chair Lee will provide Commissioners Arnos and Barsi with the I&A questions sent to contracted providers to facilitate their follow up.

9. Adjournment -Meeting adjourned at 12:04 p.m. The next meeting of the Committee will be held on March 13, 2023 at 11:00 a.m. at San Mateo County Planning and Building Department, 455 County Center, Room 10, Redwood City, California 94063