



<p>Commission on Aging - Resources, Access & Inclusion Committee Meeting Monday, October 16, 2023 Location: 455 County Center Room 101 Committee Members Present: Lee (Chair), Arnos, Barsi, Giannini, Porter Committee Members Excused: Vico Staff Present: Anna Sawamura, Cristina Ugaitafa, Suki Ho Public Present: none</p>	
1. Welcome and Introductions	Chair Lee welcomed committee members at 11:15 a.m.
2. Public Comment	none
3. Revise/Approve October 16, 2023 Agenda	Commissioner Barsi moved to accept; Commissioner Porter seconded. The Agenda was approved.
4. Revise/Approve September, 2023 Minutes	Commissioner Porter moved to accept; Commissioner Lee seconded. Commissioners Barsi, Giannini and Arnos abstained. The Minutes were approved.
5. Committee Work Plan Implementation	<p>a. Help at Home:</p> <ul style="list-style-type: none"> • Subcommittee Report: Commissioner Barsi reported that the only sections remaining to be finished are Transportation and the contribution by Aging and Adult Services. Anna Sawamura said her department's section would be available before the end of the month. Commissioners Lee and Barsi will meet to work on finalizing the revisions. A version showing all updates is expected to be available for circulation to all Commissioners for input in November. Completion of updates is expected by the end of November. An updated version of the guide should be available in early 2024. • Discussion of using the updated version to publicize the guide with a "blast." Announcements on Facebook page, possible article in Daily Journal, etc. Committee members to think about feasible methods, venues for publicity. • Discussion of making Help at Home guide available to discharge planners at hospitals, through Meals on Wheels, MELP, etc. <p>b. Tabling:</p> <ul style="list-style-type: none"> • Subcommittee Report: Commissioner Porter provided updates on tabling statistics. A total of 1162 Help at Home guides have been distributed through tabling events since we started keeping track. 18 events have been staffed in 2023, with 3 more scheduled before the end of the year. <p>c. Building Relationships Commissioner Lee noted that in 2022 and early 2023 there often were 40 or more members of the public on Zoom during the General Meeting. On October 16 there were only 14. Commissioner Lee will have the Buddy list (updated version is attached) circulated to all Commissioners for updates and suggest that Commissioners make contact with their city</p>

	<p>buddies before the holidays.</p> <p>Also discussed was reaching out to faith-based communities. Commissioner Arnos stated that most SMC Commissions have representatives at the San Mateo County Spirituality Initiative for Mental Health. www.smchealth.org/spirituality-initiative. CoA does not, but should investigate the possibility. Also discussed as worthy of further investigation were the Redwood City Spotlight and the Pacifica Age Friendly Community Coalition. It was noted that the MISO Committee also was discussing faith based communities and that coordination should be explored.</p>
6. Review of Work Plan	<p>a. Goals: Discussion that Goals I and II have been largely achieved except the “intergenerational event” portion. Goal III, relating to age friendly efforts, will need further work.</p> <p>b. Timelines and goals to be reviewed as part of upcoming Strategy session.</p>
7. Proposals for Presentation Topics	Mental Health, and particularly Spirituality Initiative, were discussed as possible topics.
8. Publicity, Facebook, Website Issues	<p>a. Composition: Commissioner Lee followed up with Anna Sawamura regarding the review by County Counsel of the CoA composition issue. Commissioners noted that representation by the Board of Supervisors at CoA meetings has apparently ended but should be resumed.</p> <p>b. Visibility: See Help at Home discussion</p>
9. Reports from Commissioners	Commissioner Arnos reported that PRIDE conducted an intergenerational story telling event.
10. Review Assignments from this Meeting	Assignments are bolded.
11. Adjournment	Meeting adjourned at 12:20p.m. The next meeting of the Committee will be held on November 13, 2023, at 11:15 a.m. at 455 County Center Room 101.

City	Organization (Age Friendly rep as of 220916)	email/website	Phone	People	Buddy
Atherton	no senior service organization				
Belmont	Senior Citizen Advisory Committee	rjbortoli@hotmail.com	650 5923249; 650 2072982	Rich Bortoli, Belmont Senior Advisory Committee	Karen Coppock
Belmont	Parks and Recreation Department	cuhrman@belmont.gov	650 595-7445	Corrie Fuhrman, Recreation Supervisor	Karen Coppock
Belmont	Recreation Department; also Age Friendly rep	cgeorge@belmont.gov	(650) 595-7424	Cody George, Recreation Manager	Karen Coppock
Brisbane	Parks & Recreation	nhoughton@brisbaneca.org	415-508-2144	Nicole Houghton, Supervisor	
Brisbane	Senior Sunrise Room	snahass@brisbaneca.org;	(415) 508-2135	Sara Nahass López, Recreation Coordinator	
Brisbane	Office of City Manager	ccheung@ci.brisbane.ca.us	650-991-8005; (415) 508-2157	Caroline Cheung, Communications Director	
Burlingame	City Librarian; Age Friendly rep	mcculley@plsinfo.org <mcculley@plsinfo.org>;	650-558-7401	Brad McCulley	Kathy Uhl
Burlingame	Parks and Recreation	mcrossfield@burlingame.org	650.558.7317	Molly Crossfield, Recreation Supervisor Parks and Recreation	Kathy Uhl
Colma	CoA; Age Friendly rep	erzebettaylor@gmail.com	415 505 6451	Liz Taylor	Liz Taylor
Colma	Recreation Department	Angelika.abellana@colma.ca.gov; aabellana@colma.ca.gov	650-985-5682	Angelika Abellana	Liz Taylor
Colma	City Council	John.goodwin@colma.ca.gov	650-270-0509	John Goodwin	Liz Taylor

Daly City	Recreation Department - Active Adults	acooney@dalcycity.org; Jder@dalcycity.org; kparque@dalcycity.org	650-991-8058; 650-991-8005; 650 991-8013; Anne's cell 6506190506	Anne Cooney, Senior Services Supervisor; Jennifer Der, Sr. Recreation Services Supervisor; Karen Parque, Active Adult/Senior Services Specialist	Eileen Barsi
Daly City	Daly City Partnership	marya@dcpartnership.org; mariao@dcpartnership.org; janet@dcpartnership.org; mike@dcpartnership.org		Marya Ouro-Gbeleou, Senior Director of Client Services; Maria Orleman; Janet Bronson; Mike Stancil	Eileen Barsi
Daly City	Age Friendly rep	p-nrizzi@msn.com	(415) 468-1664	Phillis Rizzi, Advocate for Bayshore Community older population	Eileen Barsi
East Palo Alto	Senior Advisory Committee	dixschulz@hotmail.com; saferuth@mac.com	650 387 3007	Dixie-Lee Specht-Schulz, Chair; Ruth Cossey	Jeffrey Austin is on the committee
East Palo Alto	City Manager's Office	arenfield@cityofepa.org	(650) 853-3149 (Azalea)	Azalea Renfield, Community Programs Manager	Jeffrey Austin
East Palo Alto	Senior Center, 560 Bell Street East Palo Alto, CA	no email	(650) 329-5900	Millicent Grant Director; Bridget Grant	Jeffrey Austin
Foster City	Parks and Recreation	cgotthardt@fostercity.org	650-286-3378	Colleen Gotthardt, Recreation Coordinator	Monika Lee
Foster City	Parks and Recreation	dschweigart@fostercity.org	650-286-3390	Derek Schweigart, Parks and Recreation Director	Monika Lee
Half Moon Bay	Senior Coastsiders; also Age Friendly rep	swinter@seniorcoastsiders.org; tgould@seniorcoastsiders.org	650 726 9056	Sandy Winter, Executive Director; Tracey Gould, I&A	Marita Leth
Hillsborough	Communication Advisory Committee	ARitzma@hillsborough.net	650-375-7407	Ann Ritzma, City Manager, liaison to committee	Kath Uhl

Hillsborough	Recreation department	tgiacomazzi@hcsdk8.org	650 3425439	Tony Giacomazzi	Kathy Uhl
Menlo Park	Recreation Department, senior center	aitinajero@menlopark.org	650-330-2287	Airel Tinajero, Social Services Coordinator	Christina Dimas Kahn
Menlo Park	Peninsula Volunteers, Inc.	knwachob@penvol.org;	650-326-0665	Kamilah Najieb-Wachob	Christina Dimas Kahn
Millbrae	Senior Advisory Committee Chair			Marlene McBride	Kathy Uhl
Millbrae	Recreation Department	ggabriel@ci.millbrae.ca.us	650 259 2365	Geoffrey Gabriel, Recreation Coordinator and Senior Advisory Committee Liaison	Kathy Uhl
Milbrae	Library	lumanlan@smcl.org	650 697 7607	Andrea Lumanlan, Circulation Supervisor	Kathy Uhl
Millbrae	Age Friendly rep	Gina@ginapapan.com; gpapan@ci.millbrae.ca	(650) 952-2272	Gina Papan, Vice Mayor	Kathy Uhl
Pacifica	Parks and Recreation	ashong@pacifica.gov	650 420 3973	Amber Shong, Recreation Supervisor, Senior Services Coordinator; Michael Costakis, Transportation Specialist	JoAnne Arnos
Pacifica	Parks and Recreation	ddieterle@pacifica.gov, mcostakis@ pacifica.gov	650 738 7384; 650 738 7353	Christie Yeung, - Community Services Coordinator (Meals on Wheels); Mona Urbina, Food Service Coordinator	JoAnne Arnos
Pacifica	Parks and Recreation	cyeung@pacifica.gov, murbina@pacifica.gov	650 738 7351; 650 738 7351	Mary Bier, mayor	Eileen Barsi
Pacifica	Mayor; Age Friendly rep	mary@marybier.com	(650) 516-6034		

Portola Valley	Portola Valley Town Council	swernikoff@portolavalley.net		Sarah Wernikoff, Vice Mayor	Monika Lee
Redwood City	Senior Affairs Commission	hdraeger@redwoodcity.org; hdraeger@gmail.com ; valley.barbara@comcast.net	650-740-3508 (cell)	Harold Draeger; Barbara Valley	Joyce Porter
Redwood City	Peninsula Family Services	susan@peninsulafamilyservice.org;	650.403.4300 Ext. 4369	Susan Houston, V.P. Older Adult Services;	Joyce Porter
Redwood City	Fair Oakes Center	jtercero@psfo.org; chansen@peninsulafamilyservice.org		Jiselle Tercero, Director; Charles Hanson, Chief Program Officer	Joyce Porter
Redwood City	Parks and Recreation	butecht@redwoodcity.org	650 780 7306	Bruce Utecht, Community Services Manager and City staff liaison to Committee	Joyce Porter
San Bruno	Senior Advisory Committee	dbrewer@sanbruno.ca.gov	(650) 616-7182	Community Services Superintendent, staff liaison to committee	Irene Liana
San Bruno	Recreation Department	mtessier@sanbruno.ca.gov	650-616-7152	Mary Tessier, Recreation Services Supervisor	Irene Liana
San Carlos	Parks and Recreation, Age Friendly rep	cmatoso@cityofsancarlos.org	(650) 802-4114	Caitlin Matoso; Parks & Rec Active Adults Supervisor	Angela Giannini
San Carlos	Parks and Recreation - Active Adults	lscannell@cityofsancarlos.org	(650) 802-4113	Linda Scanell, Coordinator	Angela Giannini
San Mateo	Senior Citizen Commission; also Age Friendly rep	monikalee@cityofsanmateo.org	650 7039061	Monika Lee, Commissioner	Monika Lee
San Mateo	Parks & Recreation Dept.	sdouglas@cityofsanmateo.org; DHibson@cityofsanmateo.org	(650) 522-7400; (650) 522-7473	Stephanie Douglas, Community Services Section Manager; Dan Hibson, Community Services Supervisor	Monika Lee

San Mateo	Self Help for the Elderly	Phillixf@selfhelpelderly.org; winniey@selfhelpelderly.org	(650) 375-8626	Phllix Wong, Program coordinator, SM; Winnie Yu	Monika Lee
South San Francisco	Parks and Recreation Department	kaseyjo.cullinan@ssf.net	650-829-3822; (650) 802-4113	Kasey Jo Cullinan, Senior Supervisor	Cherie Querol-Moreno
Woodside		cindysafe@sbcglobal.net	650-851-6790	Cindy Safe - Town Administrative Services Manager	Monika Lee