



SAN MATEO COUNTY HEALTH  
**AGING & ADULT SERVICES**

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Aging & Adult Services  
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| <p>Commission on Aging Resources, Access &amp; Inclusion Committee Meeting<br/>         Thursday, May 19, 2022<br/>         Location: Zoom Virtual Meeting<br/>         Commissioners Present: Lee (Chair), Arnos, Querol-Moreno, Giannini, Taylor; Absent: Batara, Clement<br/>         Public Present: no members of the public were present<br/>         Staff Present: Anna Sawamura, Suki Ho, Cristina Ugaitafa</p> |  |
| 1. Welcome and Introductions   | Chair Lee welcomed committee members at 12:00 a.m.   |
| 2. Public Comment  | No public comments   |
| 3. Revise/Approve April 21, 2022, Agenda   | Commissioner Taylor moved to accept; Commissioner Arnos seconded. Minutes approved as submitted. The agenda was approved.  |
| 4. Review/Approve April, 2022 Minutes  | Commissioner Querol Moreno moved to accept; Commissioner Taylor seconded. Minutes approved as submitted.   |
| 5. Committee Assignments   | <b>Commissioner Lee agreed to take minutes.</b>  |
| 6. Help at Home Guide Update   | <ul style="list-style-type: none"> <li>❖ Ms. Sawamura provided an update on the status of the guide.             <ul style="list-style-type: none"> <li>• hard copies in English are expected to be available by the end of the month. At that point they can be picked up at the new offices at 2000 Alameda de las Pulgas in San Mateo.</li> <li>• Lindsey Joyner will contact libraries and other organizations to let them know the new version is available. Commissioners are encouraged to make recommendations as to who should receive copies. The cover colors will be yellow and black.</li> <li>• The Spanish and Chinese language versions have not yet been translated. They are expected to be ready by the end of June.</li> <li>• Work is under way on the online versions, which will be in two languages.</li> </ul> </li> <li>❖ A draft version of a flyer, to be distributed with the hard copies as well as in other ways, was prepared. <b>Commissioners Querol-Moreno and Lee will finalize the flyer.</b></li> <li>❖ At the April meeting the Committee had discussed inviting AAS's Preston Merchant (sp?) and/or the county communications person, Cristine Bigue, to the May RAIC meeting to find out to what extent county resources exist that could be used to help spread the work about the Help at Home guide. <b>Ms. Sawamura has been asked to see whether this can be arranged for the June meeting.</b></li> </ul> |
| 7. Building Relationships  | <ul style="list-style-type: none"> <li>❖ Information about the Commission and Commissioners             <ul style="list-style-type: none"> <li>• Commissioner Arnos reported that there used to be a pamphlet about CoA. Commissioner Giannini reported that the County website used to have names and pictures of commissioners. Anna Sawamura confirmed that there was a tri-fold brochure.</li> </ul> </li> </ul>   |



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|                                    | <ul style="list-style-type: none"> <li>• The Committee decided to work on an update of the CoA brochure and the preparation of a flyer that lists CoA presentations and contains information about the Commissioners. The Zoom screenshot could be used in lieu of individual pictures of Commissioner.</li> <li>• <b>Commissioners Querol-Moreno and Arnos agreed to work on the tri-fold update.</b></li> <li>• <b>Anna Sawamura will explore how Commissioners’ names can be listed on the website</b></li> <li>• It was decided that the Committee would make a recommendation to the Executive Committee that the RAIC would work with AAS on the content for the CoA web page. <b>Commissioner Lee will take this to the Executive Committee.</b></li> <li>• The question was raised whether Commissioners could be given County email addresses. <b>Anna Sawamura will take this issue to the group that is currently working on a study of all commissions.</b></li> <li>❖ Information for Tabling       <ul style="list-style-type: none"> <li>• The Committee discussed the June 5 Family Pride Day and the June 8 Senior Day at the County Fair, noting that it is too late to invite all members of the Commission to table at these events.</li> <li>• It is still undecided how a list of upcoming events can be made available to the RAIC early enough to allow reservations of tables and publication to the whole Commission so that all Commissioners can participate in tabling. <b>Anna Sawamura is looking into who at AAS can collect that information and make it available to RAIC. It was decided to invite Cassie (replacement for Nicole) to the next RAIC meeting.</b></li> <li>• In the interim, Cristina Ugaifata volunteered to share information about events that she receives with RAIC.</li> <li>• After the meeting, Commissioner Querol-Moreno distributed information about the Colma Community Fair on July 9, and <b>Commissioner Taylor reported that she had reserved a spot at a table to be shared with Colma Age Friendly and will attend on behalf of both.</b> Other Commissioners are invited to join her.</li> </ul> </li> </ul> |
| <p>8. Retreat - Implementation</p> | <ul style="list-style-type: none"> <li>❖ The Committee discussed a draft Workplan for the newly named Resources, Access &amp; Inclusion Committee shared by Chair Lee, with the primary goal of identifying the three main goals of the Committee. The Committee preliminarily agreed to the following three goals:       <ul style="list-style-type: none"> <li>• <i>Goal I: Be informed about resources available to older adults and keep older adults updated about CoA and available resources</i></li> <li>• <i>Goal II: Be informed about ways to reduce social isolation of older adults</i></li> <li>• <i>Goal III: Build connections to support age friendly efforts throughout the County</i></li> </ul> </li> </ul>  |



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|   | <ul style="list-style-type: none"><li>The Committee will be working on specific action items to implement these goals at the next few meetings.</li></ul> |
| 9. Review Assignments from this Meeting | See <b>bolded entries</b> above.  |
| 10. Next Meeting Date                   | The next meeting of the Committee will be on June 13, 2022, at 11:00 a.m. by Zoom   |
| 11. Adjournment                         | Meeting adjourned at 1:20 p.m.  |