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| Commission on Aging Resources Access Committee Meeting Monday, April 21, 2022Location: Zoom Virtual MeetingCommissioners Present: Lee (Chair), Arnos, Querol-Moreno, Taylor; Absent: Batara, Clement, Giannini Public Present: no members of the public were presentStaff Present: Anna Sawamura |
| 1. Welcome and Introductions
 | Chair Lee welcomed committee members at 12:05 a.m. |
| 1. Public Comment
 | No public comments |
| 1. Revise/Approve April 21, 2022, Agenda
 | The agenda was approved with the following changes: date changed from April 11 to April 21; add item no. 10 “next meeting date,” change item 10 “adjournment” to item no. 11.  |
| 1. Review/Approve March, 2022 Minutes
 | Commissioner Querol Moreno moved to accept; Commissioner Taylor seconded. Minutes approved as submitted. |
| 1. Committee Assignments
 | **Commissioner Lee agreed to take minutes.**  |
| 1. Help at Home Guide Update
 | * Ms. Sawamura provided an update on the status of the guide.
* 3,000 hard copies are going to print in April and should be available for distribution in May; future prints will be based on requests received from senior centers, libraries, and other distribution points.
* Work is under way on the Spanish and Chinese language versions and they are expected to be ready for print in early May.
* The Committee discussed how to distribute the new guide. Initial distributions will be to senior and recreations centers and libraries. Exactly how the copies will be delivered has not yet been decided.
* The Committee hopes that all Commissioners will participate in the distribution and use the occasion to have a person to person interaction with their “building relationship buddies” and other providers of services in their communities**. Chair Lee will bring that request to the Executive Committee.**
* The Committee decided that it would create a flyer, to be distributed with the hard copies as well as in other ways, that informs the public of the availability of the updated Help at Home guide and where it can be found on the internet**. Commissioners Querol-Moreno and Lee will work on creating the flyer** which can be posted by senior centers, libraries, etc..
* The Committee also discussed more far-reaching publicity measures.
* It was decided to invite AAS’s Preston Merchant (sp?) and/or the county communications person, Cristine Bigue, to the next RAC meeting to find out to what extent county resources exist that could be used to help spread the work about the Help at Home guide. **Ms. Sawamura will be making the arrangements.**
* Commissioners Taylor and Arnos urged the need to try to reach communities that receive much of their information from Spanish, Chinese and other foreign language or other “special interest” media. Commissioner **Querol-Moreno noted that she may have a list of some of such “micro media,” which she plans to provide to the Committee**. The Committee will continue to pursue obtaining more information about such distribution channels.
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| 1. Building Relationships
 | * Commissioner Querol-Moreno reported that Laura Swartzel of the Fair Oaks Senior Center has left. Her replacement is Francis Wong, previously of Sutter Health’s Senior Focus.
* The “anniversary event” will now take place in January 2023.
* **Commissioner Lee will work on getting Commissioners that are not on the Committee to update their “buddy” relationships**.
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| 1. Retreat -Implementation
 | * The Committee discussed how to incorporate the “Top 10 Needs” from the 2020 Needs Assessment and the “5 Bold Goals” from the Master Plan on Aging into the Committee’s goals.

It was decided that the following Needs should be a focus of the Committee:* Learning about services/benefits for older adults
* Accessing & enrolling for benefits/services
* Finding friends/social activities,

and the Bold Goal of* “Inclusion & Equity, Not Isolation.”
* The Committee discussed whether to change its name and chose a slightly expanded version of its current name. The Committee will request that it be known as the “Resources, Access & Inclusion Committee”
* Commissioners expressed the desire to learn more about the Master Plan on Aging. Ms. Sawamura advised that the California Legislature is in the process of identifying funding priorities for the Master Plan. She suggested that, at the general meetings, she and Ms. Mancini include information about the funding allocations in relation to AAS’s implementation of Master Plan goals as that information becomes available. **Ms. Sawamura will discuss this proposal with Ms. Mancini.**
* The Committee discussed that monitoring the Age Friendly Efforts of the various cities may fall within the Committee’s goals. It was suggested that all commissioners should be encouraged to follow their respective cities’ Age Friendly efforts closely and that they report on status at the general meetings. **Commissioner Lee will take this proposal to the Executive Committee.**
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| 1. Review Assignments from this Meeting
 | See **bolded entries** above. |
| 1. Next Meeting Date
 | The next meeting of the Committee will be on May 19, 2022, at 12:00 noon by Zoom |
| 1. Adjournment
 | Meeting adjourned at 1:06 p.m. |