**Cold/Flu Symptoms**

**History**
- Recent travel
- Duration of symptoms
- Severity of symptoms
- Current influenza/pneumonia vaccination?
- Past medical history
- Medications
- Immunocompromised (e.g., transplant, HIV, diabetes, cancer)
- Sick contact exposure
- Last acetaminophen or ibuprofen

**Signs and Symptoms**
- Warm
- Flushed
- Sweaty
- Chills/rigors

Associated Symptoms (helpful to localize source)
- Malaise, cough, chest pain, headache, dysuria, abdominal pain, mental status changes, rash, tachycardia

**Differential**
- Infection/sepsis
- Cancer/tumors/lymphomas
- Medication or drug reaction
- Connective tissue disease (e.g., arthritis or vasculitis)
- Carbon monoxide poisoning
- Meningitis

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![Diagram of treatment protocol]

**Temperature measurement**
- Blood glucose analysis
  - Consider, IV
- Cardiac monitor
  - Consider 12-Lead ECG

If systolic BP < 90
- Normal Saline bolus 500ml IV/IO
  - Maximum 2L

- Hypoglycemia
- Hyperglycemia
- Sepsis
- Altered Level of Consciousness
- Overdose/Poisoning/Ingestion
- Nausea/Vomiting

Notify receiving facility. Consider Base Hospital for medical direction

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For minor respiratory illness in a patient without shortness of breath or wheezing; must have normal respiratory rate and O₂ sat.