Cold/Flu Symptoms

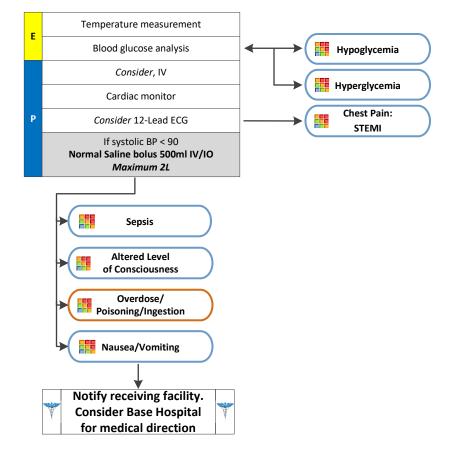
For minor respiratory illness in a patient without shortness of breath or wheezing; must have normal respiratory rate and O2 sat

History

- Recent travel
- Duration of symptomsSeverity of symptoms
- Current influenza/pneumonia vaccination?
- Past medical history
- Medications
- Immunocompromised (e.g., transplant, HIV, diabetes, cancer)
- Sick contact exposure
- Last acetaminophen or ibuprofen

Signs and Symptoms

- Warm
- Flushed
- SweatyChills/rigors
- Associated Symptoms (helpful to localize source)
- Malaise, cough, chest pain, headache, dysuria, abdominal pain, mental status changes, rash, tachycardia
- Differential
- Infection/sepsis
- Cancer/tumors/lymphomas
- Medication or drug reaction
- Connective tissue disease (e.g., arthritis or vasculitis)
- Carbon monoxide poisoning
- Meningitis



Treatment Protocol

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