

COUNTY OF **SAN MATEO**



SAN MATEO COUNTY HEALTH
**AGING & ADULT
SERVICES**

**Area Plan Update
FY 2023-2024
Public Hearing
March 13, 2023**

Public Hearing Purpose

To provide the community
(older adults, adults with disabilities, and caregivers)
the opportunity to comment on the development
and content of the
Area Plan Update (APU) for Older Adults and
Adults with Disabilities in San Mateo County

Public Hearing Agenda

- APU- Description and Requirements
- APU Changes
- Comments/Questions
 - IIIB Adequate Proportions
 - Program Development & Coordination
 - Other comments/questions
- San Mateo County Demographics (handout or online)

Where to find the Area Plan Update

Draft

San Mateo County Health System website

<https://www.smchealth.org/general-information/area-plan>

Why do we have an Area Plan?

- To identify needs and address concerns consistent with the Older Americans Act (OAA) at the federal level and the Older Californians Act (OCA) at the state level to enable communities and Area Agencies on Aging (AAA) to plan at the local level
- AAA for San Mateo County- Aging and Adult Services (AAS)

Why do we have an Area Plan Update?

- Area Plan is required by the California Department of Aging (CDA) to receive funding for the OAA programs
- APU is required yearly
- A new Area Plan is required every four years

Required Yearly Updates in the APU

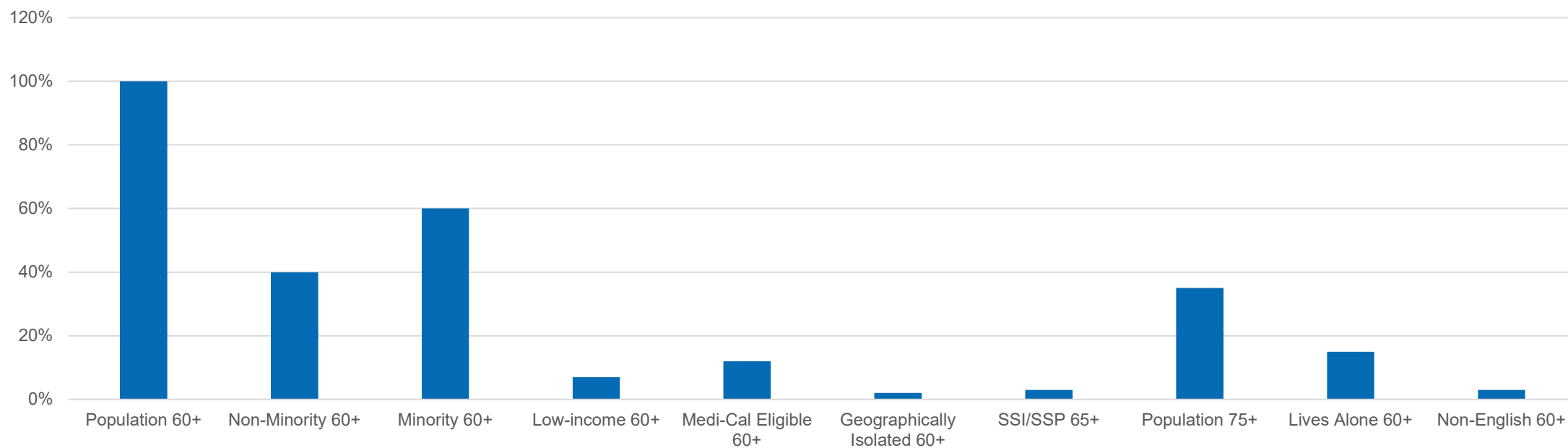
- Description of Planning Service Area (PSA 8)
 - Estimate of lower-income minority individuals
- Public Hearing Section
- Ombudsman Service Unit Plan Update
- Legal Assistance Update

AAS Updates for FY 23-24

- Governing Board- San Mateo County Board of Supervisors
- Advisory Board- San Mateo County Commission on Aging
- AAS/Commissions and Provider Services Unit Organizational Charts

2022 California Department of Aging Population Demographics by County & PSA for Intrastate Funding Formula

San Mateo County



Area Plan Update for Ombudsman Service Unit Plan

- **Added FY 2021-2022 baseline numbers and 2023-2024 targets**
- **Systems Advocacy**
 - Increase monitoring of open cases to close them in a timely manner
 - Identify and secure funding sources to cover RCFE and SNF costs for residents 85 and over that have spent down their resources and can no longer afford the housing and care they receive

Area Plan Update for Ombudsman Service Unit Plan

- **Measures & Targets (data reporting)**
 - Conduct weekly case reviews to improve closing case targets

Area Plan Update for Legal Assistance

Reaching targeted population:

Hire and train staff from ethnic minority communities who have the experience & skill to serve clients with the greatest economic & social needs

- Spanish-speaking Administrative Assistant
- Attorney who can effectively serve the African American community

Area Plan Update for Service Unit Plan

FY 2023-2024 Proposed Units

- Home-Delivered Meal program ↑ 209,009
- Adult Day Care/Adult Day Health Care ↓ 3170
- Congregate ↑ 110,992
- Nutrition Counseling (same) 12
- Transportation ↓ 24,434

Area Plan Update for Service Unit Plan

FY 2023-2024 Proposed Units

- Legal Assistance ↓ 3,766
- Nutrition Education ↑ 6,420
- Information and Assistance ↑ 5,400
- Health Promotion (same) 50

Area Plan Update for Service Unit Plan

FY 2023-2024 Proposed Units

- Elder Abuse (Elder and Dependent Adult Protection Team)
 - Public Education Sessions ↑ 48
 - Training Sessions for Professionals ↑ 48
 - Hours spent on a coordinated system of care ↑ 50
 - Distribution of material ↑ 4,000
 - Total number of individuals served ↑ 4,000

Area Plan Update for Service Unit Plan

FY 2023-2024 Proposed Units

- Family Caregiver Support Program
 - Information Services ↓ 144
 - Access Assistance ↓ 1097
 - Support ↑ 830
 - Respite ↑ 2356

Area Plan Update for Service Unit Plan

FY 2023-2024 Name Change & Proposed Units

- Changed Family Caregiver Support Grandparent Program name to Older Relative Caregivers (CDA change)
 - Information Services (same) 36
 - Access Assistance ↓ 445
 - Support ↑ 500

Area Plan Update for Governing Board

San Mateo County Board of Supervisors

- President- Supervisor Pine
- Vice-president- Supervisor Slocum
- Addition of new Supervisors
 - Supervisor Corzo
 - Supervisor Mueller
- Commission on Aging Appointment- Supervisor Canepa continuing

Area Plan Update for Advisory Council

San Mateo County Commission on Aging

- Demographics (total number of Commissioners, number of those over 60, and race/ethnic composition)
- Executive Committee- Karen Coppock continues as Chair
 - 1st Vice Chair- Monika Lee
 - 2nd Vice Chair- Joyce Porter
- Addition of new Commissioners
- Deletion of former Commissioners
- Commission terms updated

Area Plan Update

AAA Organizational Chart

Updated org chart for AAA staffing

- **Addition of Program Coordinator**
 - Suki Ho
- **Update of fiscal staff**
 - Senior Accountant – Jason Lee
 - Accountant – Yayu Li

Title IIIB Supportive Services

Provides a variety of services to address functional limitations, maintain health and independence, and promote access to services.

Title IIIB Adequate Proportions Designations

- Minimum allocation determined by the AAA through the planning process
- Percentages based on needs assessment findings and resources available within the PSA

Title IIIB: Adequate Proportions Percentages

AAS establishes a minimum percentage of Title IIIB federal funds for annual expenditures in:

- Access
- In-Home Services
- Legal Assistance

IIIB Supportive Services Programs

SMC AAS Funded Community-based Programs

- Adult Day Care/Adult Day Health Care
- Information and Assistance
- Transportation
- Legal Services

Proposed Adequate Proportions

- **Access-** 43% (Transportation and Information and Assistance)
- **In-Home Services** 45% (Adult Day Care/Adult Day Health Care)
- **Legal Assistance-** 12%

AAS IIB Supportive Services

OAA funded programs

- III B Community-based programs

Collaborative work (non-OAA program activities)

- Commissions & Providers Service Unit Staff
 - Program Development & Coordination (PDAC)

Program Development & Coordination

AAAs are allowed to use a designated portion of program funding to support PDAC activities that are not administrative duties related to OAA programs

Proposed: 2% (III B)

Program Development Description

Activities:

- Establish a new service
- Expand or integrate existing services

Coordination Description

**Involve active participation of AAA staff &
May include collaboration with non-OAA funded
agencies & organizations to:**

- Avoid duplication in services
- Improve services
- Resolve problems related to service delivery
- Address the service needs of the eligible service population

SMC AAA Coordination Objectives

- San Mateo County Behavioral Health and Recovery Services
- San Mateo County Oral Health Coalition
- SCAN Foundation
- Measure K grantees
- Age-Friendly Initiative

Receiving Public Comment

- Program Development & Coordination
- Adequate Proportions
- Other comments

Area Plan Discussions

New Beginning Coalition Meeting

March 21, 2023

9:00 am- 10:30 am

Scams/Elder Abuse & Legal Services

EDAPT & Legal Aid Society of San Mateo County

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CONTACT US

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