



San Mateo  
County  
Libraries

**ATHERTON**

2 Dinkelspiel Station Lane, Atherton CA 94027



## Promoting Social Interactions in Older Adults: Preventing Isolation and Loneliness

### **Atherton Library**

Tuesday, September 24th at 6 - 7:30 pm.

Presented by: Ellyn Bloomfield, RCFE, LGBTQ+ Senior Peer Counseling Coordinator.

Join us to find out how to combat isolation and loneliness with social interactions through programs such as Peninsula Family Services' Senior Peer Counseling Program.

If you or someone you know is having thoughts of suicide, call 1-800-273-8255 (National Suicide Prevention Lifeline) or 650-579-0350 (StarVista Crisis Hotline).

**To register please call 650-328-2422 or come to the front desk. Thank you.**



SAN MATEO COUNTY HEALTH  
**BEHAVIORAL HEALTH  
& RECOVERY SERVICES**



#BeTheOneSMC #ImHereForYou  
[smchealth.org/SuicidePrevention](http://smchealth.org/SuicidePrevention)

[smcl.org](http://smcl.org)



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