Curriculum Based on:  
Strengthening Multi-Ethnic Families and Communities:  
A Violence Prevention Parent Training Program

For families living in San Mateo County with children between ages 0-5

Topics Include:

- Building positive parent-child relationship
- Learning importance of culture in the family
- Teaching positive discipline
- Involving family and community in raising children
- Creating a healthy family environment

Sign up for this exciting **FREE** 14-week parenting classes. For more information or would like to register, contact Maria Isabel Esacalon @ 573-2936.

Sponsored by: San Mateo Health Services Department, Prenatal to Three Program

Granted By: Bella Vista Foundation and First 5 of San Mateo