

# Prenatal To Three Initiative Parenting Program

*presents*

# Successful Parenting

*Curriculum Based on:*

Strengthening Multi-Ethnic Families and Communities:  
A Violence Prevention Parent Training Program



For families living in San Mateo County with  
children between ages 0-5

## Topics Include:

- ❖ Building positive parent-child relationship
- ❖ Learning importance of culture in the family
- ❖ Teaching positive discipline
- ❖ Involving family and community in raising children
- ❖ Creating a healthy family environment

Sign up for this exciting **FREE** 14-week parenting classes.  
For more information or would like to register, contact  
Maria Isabel Esacalon @ 573-2936.



Sponsored by: San Mateo Health Services Department,  
Prenatal to Three Program

Granted By: Bella Vista Foundation and First 5 of San Mateo