

# PARENTING

## *the Positive Discipline Way*



For parents or caregivers of children  
0 – 5 year olds who are looking  
for long-term parenting skills  
that build on child's  
strengths and enforce  
the message of love.

FREE 8 -week English Parenting Class

To register, please contact  
*Maria Isabel Escalon @ 573-2936*

Sponsored by San Mateo County Health System, Prenatal to Three Program  
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