Pediatric Cold/Flu Symptoms

For minor respiratory illness in a patient without shortness of breath or wheezing; must have normal respiratory rate and O₂ sat

Effective November 2018

Effective April 2024

Treatment Protocol PR08

History
• Recent travel
• Duration of symptoms
• Severity of symptoms
• Current influenza/pneumonia vaccination?
• Past medical history
• Medications
• Immunocompromised (e.g., transplant, HIV, diabetes, cancer)
• Sick contact exposure
• Last acetaminophen or ibuprofen

Signs and Symptoms
• Warm
• Flushed
• Sweaty
• Chills/rigors

Associated Symptoms (helpful to localize source)
• Malaise, cough, chest pain, headache, dysuria, abdominal pain, mental status changes, rash, tachycardia

Differential
• Infection/sepsis
• Cancer/tumors/lymphomas
• Medication or drug reaction
• Connective tissue disease (e.g., arthritis or vasculitis)
• Carbon monoxide poisoning
• Meningitis

Temperature measurement
Consider, blood glucose analysis
Consider, IV
Consider, Cardiac monitor
Consider, Normal Saline bolus
Use length-based tape; refer to dosing guide
May repeat x2

Notify receiving facility.
Consider Base Hospital for medical direction

Pearls
• Nasal suctioning and supplemental oxygen are appropriate treatments.