Pediatric Respiratory Distress Treatment Protocols

Pediatric Cold/Flu Symptoms

For minor respiratory illness in a patient without shortness of breath or wheezing; must have normal respiratory rate and O2 sat

History

- · Recent travel
- Duration of symptoms
- Severity of symptoms
- Current influenza/pneumonia vaccination?
- · Past medical history
- Medications
- Immunocompromised (e.g., transplant, HIV, diabetes, cancer)
- Sick contact exposure
- Last acetaminophen or ibuprofen

Signs and Symptoms

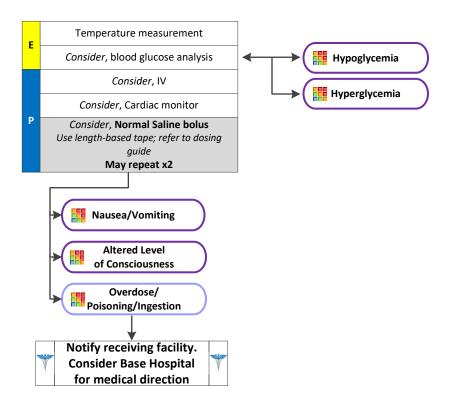
- Warm
- Flushed
- Sweaty
- Chills/rigors

Associated Symptoms (helpful to localize source)

 Malaise, cough, chest pain, headache, dysuria, abdominal pain, mental status changes, rash, tachycardia

Differential

- Infection/sepsis
- Cancer/tumors/lymphomas
- Medication or drug reaction
- Connective tissue disease (e.g., arthritis or vasculitis)
- · Carbon monoxide poisoning
- Meningitis



Pearls

Nasal suctioning and supplemental oxygen are appropriate treatments.

