The Goals of PERT

- Reduce the risk of violent and tragic outcomes between law enforcement and those experiencing mental illness
- Promote the fusion of clinical care and law enforcement response
- Provide training in crisis intervention response techniques to law enforcement throughout the County
- Provide another avenue of care for consumers of mental health services and unlinked or underserved populations
- Divert clientele from hospitalization and incarceration to other services when appropriate
- Reduce recidivism among mentally ill offenders
- Promote inter-agency collaboration
- Connect those who are experiencing mental illness, addiction, and/or homelessness to community resources

PERT is NOT a substitute for 9-1-1. For all emergency service requests, dial 9-1-1.

Local Resource Guide

- <u>National Alliance on Mental Illness (NAMI)</u> San Mateo Office: (650) 638-0800 www.namisanmateo.org
- <u>Star Vista Crisis Lines</u>
 24 hour Hotline: (650) 579-0350
 24 hour Textline: Text "START" to 741741
- <u>Access Call Center: (800) 686-0101</u> Provides assistance in finding mental health and/or substance abuse services in San Mateo County
- Office of Consumer and Family Affairs (OCFA)
 (800) 388-5189

Mental Health Clinics

- <u>North County Mental Health Clinic</u> 375 89th St, Daly City (650) 301-8650
- <u>Central County Mental Health Clinic</u> 1950 Alameda De Las Pulgas, San Mateo (650) 573-2683
- <u>South County Mental Health Clinic</u> 802 Brewster Ave, Redwood City (650) 363-4111
- <u>Coastside Mental Health Clinic</u> 225 Cabrillo Hwy. S., Half Moon Bay (650) 573-3941

Psychiatric Emergency Hospitals

- <u>Psychiatric Emergency Services at San Mateo</u> <u>Medical Center</u> 222 West 39th Ave., San Mateo (650) 573-2662
- <u>Psychiatric Emergency Services at Mills</u> <u>Peninsula Hospital</u> 1501 Trousdale Dr., Burlingame (650) 696-5915





Psychiatric Emergency Response Team

A partnership between the San Mateo County Sheriff's Office and Behavioral Health and Recovery Services

Carlos G. Bolanos, Sheriff Scott Gilman, Director of BHRS



Purpose of PERT

The Psychiatric Emergency Response Team (PERT) consists of one Sheriff's Detective and one Licensed Mental Health Clinician from Behavioral Health and Recovery Services. PERT reviews all Sheriff's Office cases involving possible mental illness and conducts follow-up investigation when necessary, with the goal of connecting patients and families with services and resources that can help manage acute crisis, prevent tragic outcomes, and reduce hospitalizations and incarcerations. PERT also functions as the homeless liaison for the Sheriff's Office and conducts regular outreach to the homeless population of San Mateo County. PERT functions in a consultative capacity to the Sheriff's Office Crisis Negotiation Team, and provides consultation to the other law enforcement and behavioral health agencies in San Mateo County.

Service Availability

At this time, PERT handles cases only within Sheriff's Office jurisdictions and operates *Monday - Thursday, 7:00am to 5:00pm.*

Sheriff's Office Jurisdictions:

- -North Fair Oaks -Portola Valley -Woodside -San Carlos -Millbrae -Half Moon Bay -La Honda
- -El Granada -Moss Beach -Princeton -Montara -Sam Trans buses -CalTrain

What does a PERT response look like?

- PERT is mostly utilized as a secondary response. The majority of first response is still conducted by uniformed deputies. A CIT (Crisis Intervention Trained) deputy can be requested by those calling 9-1-1. If one is available, they will be assigned to respond.
- If the situation meets PERT criteria, PERT will often conduct a phone interview with the client and/or concerned family member to assess their immediate needs.
- PERT may also meet with the client, family, friends, or other concerned parties in person. PERT will assist the client by conducting a mental health screening, which may include information from family and other professionals who provide care to the client.
- PERT offers referrals to applicable services and resources within San Mateo County and, if needed, will assist the client in connecting with appropriate resources.

What services are not directly available from PERT?

Note: Referrals can be provided.

- PERT does not provide extended case management or individual treatment.
- PERT cannot be dispatched or assigned cases by the public.
- PERT does not prescribe, deliver, or administer medication.

PERT Community Partnerships

- PERT provides training during the guarterly 40-hour Crisis Intervention Training course to San Mateo County's law enforcement. This training is aimed to improve police interaction with those experiencing mental illness and crisis by improving the officer or deputy's ability to identify and effectively intervene with persons living with severe mental illness, intellectual disabilities, and/or substance abuse disorders. This course also provides law enforcement with additional skills to better assist family members. During this course, all attendees are provided with current lists of community resources they can utilize in the field when assisting someone who is living with mental illness.
- PERT attends community gatherings and collaborates with other organizations committed to supporting those experiencing mental health concerns, substance abuse concerns, and homelessness.
- PERT provides Crisis Intervention Training to newly hired Public Safety Dispatchers and to Paramedics assigned to the San Mateo County Mental Health Assessment and Referral Team (SMART).

