



# Join the ODE Parent Project®



Find answers to your parenting questions

## Do you want to build a stronger relationship with your kids?

The Parent Project® is a 14-week class that gives parents, grandparents, and caregivers the tools to build strong and healthy families. *All classes are free!*

### Sign up for the Parent Project® and get:

- Resources to help you and your kids
- Tools to increase your child’s success and attendance at school
- Tips to improve communication with your child
- Strategies to prevent their use of alcohol or drugs
- Practical tools that work for your family

### DATES

**Classes start:**  
**Tuesday, September 15<sup>th</sup>, 2020**  
**6:00 pm – 8:30 pm**

#### Virtual Via Zoom

**Class dates:**  
9/15, 9/22, 9/29, 10/6, 10/13, 10/20, 10/27, 11/3, 11/10, 11/17, 11/24, 12/1, 12/8, 12/15

**Class language:**

#### Spanish

**Register in advance:**  
Eddy Caldera  
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(650) 554-0656



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[www.smchealth.org/ParentProject](http://www.smchealth.org/ParentProject)